

CLOTHING ADAPTATIONS

(shared by a Grandma)

Sleeping Nighty



1. Using a sleeper/nighty that fits (or from a pattern), place a zipper down the front - full length zipper works best (pink sample), but you can also use a half zipper.
2. Place a zipper in the side seam on the splint side (blue sample).
3. Shorten the arm on the splint side.

Jacket



1. Use a system of snaps on the side of the splint or cast.
2. A fabric with some stretch works best - fleece is very easy to work with.
3. Use a pattern that roughly fits the child, then add enough ease through the body to accommodate the cast or splint.
 - Also add extra fabric through the side and sleeve to allow overlap for the snaps.
4. The sleeve and shoulder on the unaffected side can be made per the pattern size.
5. You can leave side unsnapped when splint strapped to side.