LEARNING FROM THE RESEARCH

What have we learned about "navigation"?



BACKGROUND

There is significant confusion around the terminology used to describe the work of connecting families to supports and services.

We undertook two research activities to begin addressing this issue.

LITERATURE REVIEW

What <u>terminology</u> is used in the research?

Across 33 papers, 20 unique terms were used, reflecting 5 main groupings:



Coordination



Navigation



Key Working



Coaching



Family Support

What <u>descriptions</u> are used in the research?

Providing information, advice, education, emotional support, advocacy

Facilitating integration and coordination within and across agencies and systems; identifying needs and reducing barriers

Being client-directed, family-centred, and collaborative

Aiming to improve health, capacity, and satisfaction with services

NAVIGATION PROVIDER SURVEY

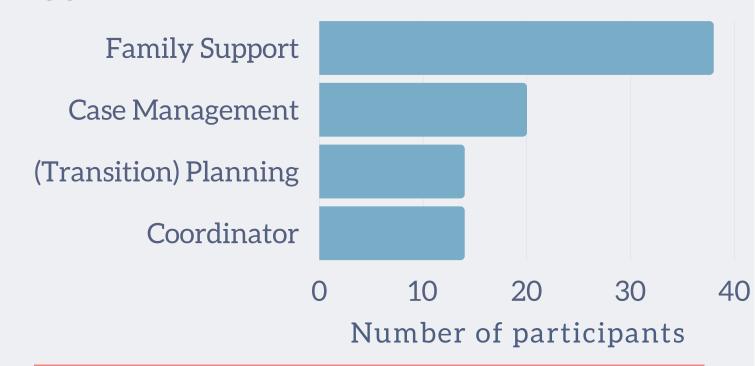
Participants reflected on their work connecting families to service, and what they call it



46 participants said they use the term "navigation"

128 said they use a different term

Suggested alternatives:



Participants shared that the term "navigation" may be:

- Unfamiliar to families
- Interpreted as technical / directive

Regardless of alternative term, participants felt it should:

- Be readily understood by families
- Place families at the centre
- Reflect the role's scope and breadth

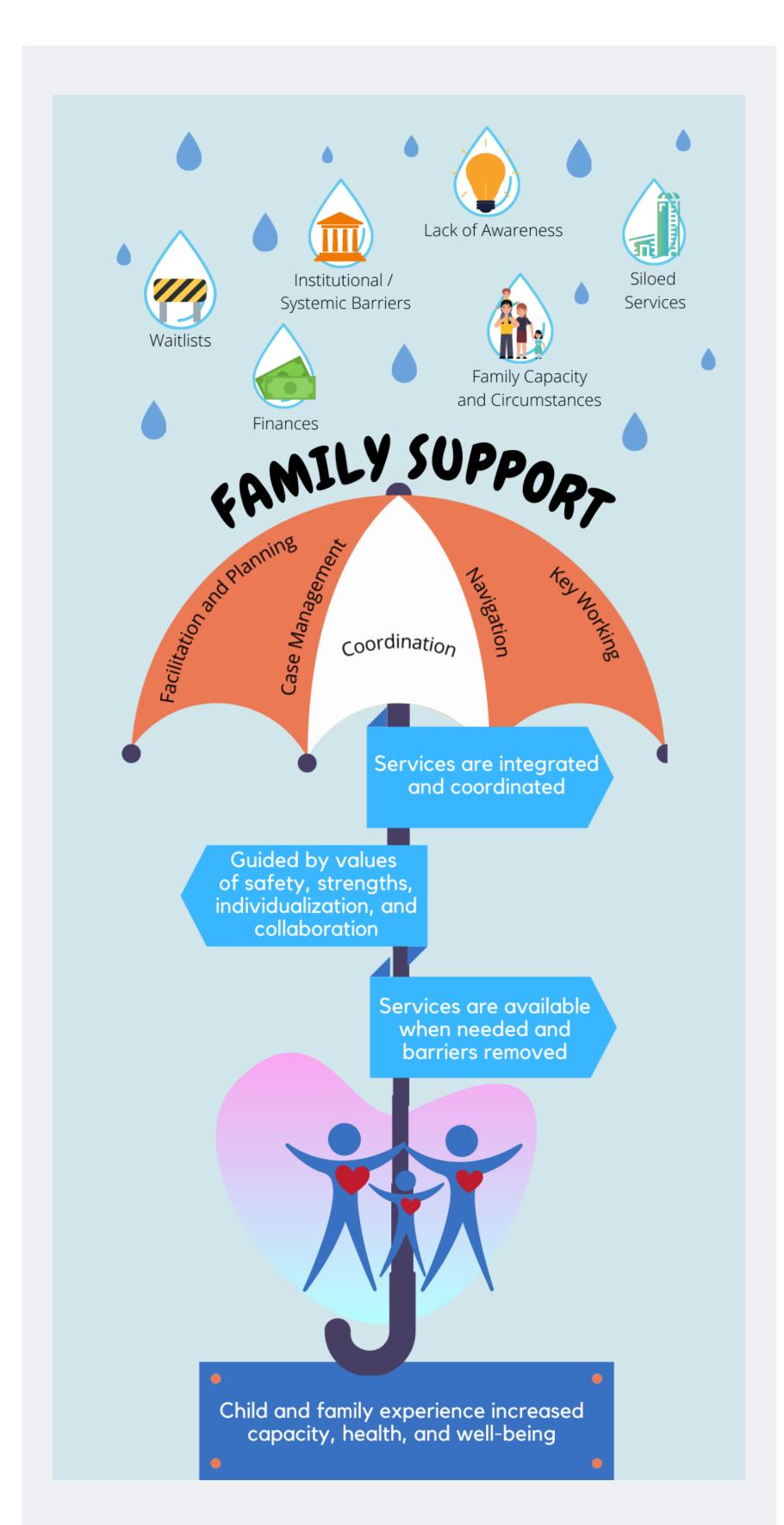
Participants emphasized the importance of guiding values of safety, strengths, and person-centredness

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BRINGING IT ALL TOGETHER



This visual integrates our learnings from the research.

It presents "Family Support" as the umbrella term within which the specific ways of connecting families to services take place.

It also outlines the guiding values and practices that help families to experience beneficial outcomes.

QUESTIONS FOR DISCUSSION

- 1. How do these research findings align with what we have heard about and talked about regarding families' experiences?
- 2. What are the gaps?
- 3. How do these research findings fit or align with your practice? How do the terms and descriptions fit with your work?
- 4. How can we go about devising an inclusive terminology that all stakeholders feel gets to the essence of this kind of family support work, and are comfortable to use and support?
- 5. What are directions for future research?