

MONITORING TOOL

Date completed: _____ Completed by: _____

OUTDOOR TIME

Occasion 1 (if provided)	Start time:	End time:	Total minutes out:
	Educators facilitated an active play activity		Yes/No
	Children engaged in the facilitated active play activity		None ¼ ½ ¾ all
	Educators modelled active play?		Yes/No
Occasion 2 (if provided)	Start time:	End time:	Total minutes out:
	Educators facilitated active play activity		Yes/No
	Children engaged in the facilitated active play activity		None ¼ ½ ¾ all
	Educators modelled active lay		Yes/No

Was the outdoor time goal met? Yes/No *Select Yes if children spent 90 min outside from 8:30 am until 4:30 pm or when most children are present at the facility.*

Was the outdoor active play goal met? Yes/No *Select Yes if answered yes to the facilitated question and ¾ of children were active on both occasions.*

Did educator model active play while children were outside? Yes/No *Select Yes if educators modelled at both occasions*

FUNDAMENTAL MOVEMENT SKILLS (FMS)

Was 1 coordination FMS provided? Yes/No

Was the activity led indoors or outdoors (circle)?

Was 1 locomotor FMS provided? Yes/No

Was the activity led indoor or outdoor (circle)

Was the FMS goal met? Yes/No *Select Yes if children had 1 coordination & 1 locomotor FMS*

CREATING INSTALLATIONS FOR PLAY

When was the outdoor installation for active play last changed? Date:

When was the indoor installation for active play last changed? Date:

Was the installation goal met? Yes/ No *Select yes if installation was changed in the past week.*

TAKING CHILDREN ON AN ACTIVE PLAY EXCURSION

When were children last taken out on an active play excursion/trip? Date:

Was the excursion/trip goal met? Yes/No *Select yes if last excursion/trip was in the past week.*

SITTING & SCREEN TIME

The educator scheduled 1–2 min of movement after 1 hour of sitting? Yes/sometimes/No

Children 2 yrs and younger had no screen time and 2+ yr old children had less than 30 mins of screen time? Yes /No

Was the sitting and screen time goals met? Yes/No *Select yes if the answer to both questions above are Yes*

After you complete the monitoring tool, you should plan to provide feedback to your educators. To guide these discussions, you may consider asking these questions:

- What are some things that make it hard to meet the Active Play Standards?
- What are some possible solutions?
- Does the weekly plan help educators include active play according to the Standards?
- Are we on track to meet the best practices for the Active Play Standards?
- Do educators need any help or support to implement the best practices?
- Are the ways we communicate (email, messages, postings, etc.) working well?
- Is there anything else the manager can do to support educators and/or the champion(s)?
- Is there anything else the champion can do to help support educators?
- Is our weekly schedule working right now?
- How can we get ready for the next new season (seasonal question)?