

# Poster Hospital

## PRACTICAL DESIGN GUIDELINES FOR CONCEPT AND DATA GRAPHICS ON A LARGE CANVAS

Martin Krzywinski

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# Best titles are short conclusions, not long introductions.

Martin Krzywinski [mkweb.bcgsc.ca/poster.design](http://mkweb.bcgsc.ca/poster.design)  
 Canada's Michael Smith Genome Sciences Center [bcgsc.ca](http://bcgsc.ca)

Your work is a "study" and explores a "relationship" to look for an "effect". Treat that as a given and say what is important.  
 Don't try to be evasive, cheeky or witty—most attempts do not succeed. Don't trigger the jokers, cynics, stalks and contrabandists.

Balance visual weight and use the topic wisely. If acknowledging institutional support, place it next to the logo.  
 Don't say everything you know—make room for empty space. Your most valuable resource is the reader's time.  
 Regimes of unbalanced negative space are good conditions for annotations, credits, quotes, and other garnish that adds value to the poster. Don't overdo it—most posters refresh old logos. If you must, find something that is passionate and slightly irrelevant (http://mkweb.bcgsc.ca/poster).



**POSTER CHILD OF SCIENCE**  
 A poster is your first opportunity to organize and communicate your research to members outside of your lab. It will help you to practise telling and "drawing" your science story and its design should be based on its concepts, themes and transitions.  
 Most posters are bad not because they are ugly (they are) but because they fail to present concisely what was done and, more importantly, why it was done. Most posters have too much on them. Less is more: get to the point, then stop.

Map relevance to performance. When used in moderation, colors like orange or purple help "look here". We cannot look everywhere.



Good explanations are often conversationally planned. Embed simple diagrams next to relevant text. Some graphics don't need a legend—make room for explanations within. Callout lines should be well-thin or at 45° if the graphic already has such elements.

## ALL SCIENCE DESERVES EXCELLENT EXPLANATIONS

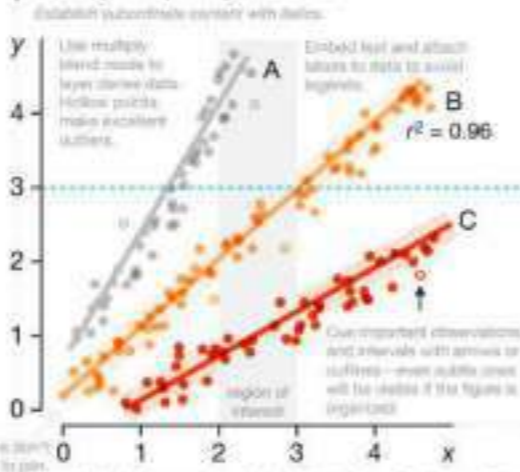
Explain quickly and clearly. Motivate why the work was done—what is the cost of not doing it?  
 The poster is your prop. In most settings, you will be there to present it. Match its content to the story you will tell.

## ONLY YOU CAN STOP POSTER DUMPSTER FIRES

Clip art, pie charts, bullet points, boxes around text, background fills and gradients. Only you can stop it.  
 Maintain good Gestalt—similar shapes and colors will form groups. Use them to encode real-world relationships and be on the lookout for unintended accidental groupings.

**EVERYTHING IS IMPORTANT, BUT SOME THINGS ARE MORE IMPORTANT THAN OTHERS.** Establish a visual hierarchy by emphasizing your hypothesis, conclusion and the key points that connect them. Relegate protocols, technical methods, and other minutiae to the bottom of the poster. Always be mindful of what the reader needs to know to understand enough to ask insightful questions and frontload this information.

### 1 Use figure titles to explain trends, not merely to specify the axes.



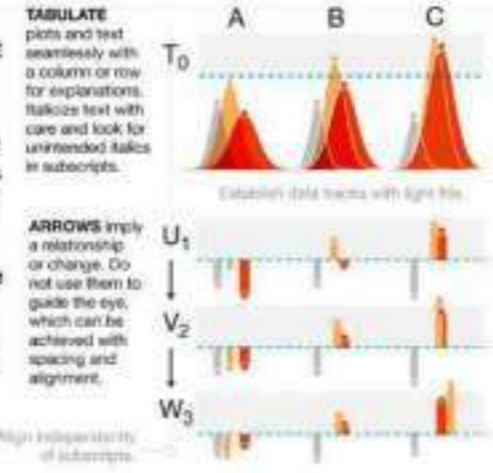
▲ Don't tell the reader what is obvious: "a linear fit to a scatter plot" is redundant. Don't tell me what I'm seeing—interpret the figure instead. Italicize variables in fit diagnostics and use shaded bands for confidence intervals. Highlight regions of interests with a solid color (or grey), not outlines.

Allow content to establish layout proportions and do not emphasize gutters with lines. One or two scan divisions can be effective, but too many will turn the poster into a grid.

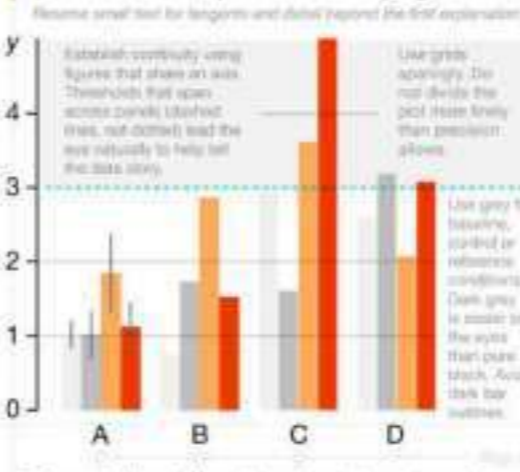
### USE SMALL MULTIPLES

Use ink sparingly to make compact figures legible—dense is not necessarily crowded. Explain an encoding once and reuse it. Create a visual key for complex encodings and choose graphical explanations over text.

Avoid visual complications that are not relevant—for example, color blending can create distracting intersections of color. Superimpose white outlines to emphasize shapes with an opaque fill.

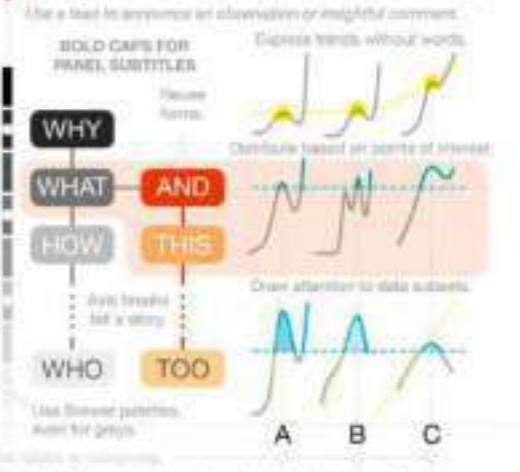


### 2 Share axes or align panels to clarify variables or emphasize changing scale.



▲ Categorical variables in bar charts do not need an explicit axis. Specify sample sizes and what error bars represent (e.g. standard error of mean,  $n = 5$ ). Report  $P$ -values with effect sizes or confidence intervals. A statistically significant observation isn't necessarily of biological interest.

### 3 Reveal qualitative trends in small multiples with order, cutoffs and cues.

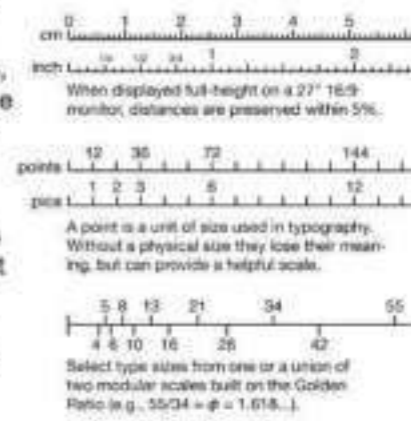


▲ Look for opportunities to include key observations (●) and explanations in the figure—don't leave it to the main text, where it may be far from the graphic. Emphasize what quantities are important—anticipate the reader's questions and answer them.

Use topographical garnish sparingly—be creative, but in small steps. A well placed symbol or label can connect themes or indicate the purpose of text (e.g. triangles suggest a legend).

### MAINTAIN AND CONTROL PROPORTIONS

This poster is 16" x 12" (1152 x 864 pt), uses Helvetica Neue with a 5, 8, 13, 21, 34, 55 pt scale ladder and is legible on most screens.



Sans-serif is clearer than serif at small sizes and suitable for modest amounts of copy.  
 Keep line length short and hyphenate instead of fully justifying.

**AVOID OBVIOUS HEADINGS** such as "references". Citations can be set in a block of text, with bold numbers like this 1. R. Bingham, Elements of Typographical Style, 4th ed (2012) and 2. W. Strunk Jr., Elements of Style (1918). Unless a specific citation style is required, use a compact style that also includes the title.

# you are the steward of your science

Show your passion for the subject.

Be a good explainer.

Resist visual tropes, fluff and garnish.

# design is a process

Thank you for your submissions!

My redesigns are not the “best and only” options. They’re merely better options.

When I first look at a figure, I typically know what needs fixing  
but I don’t always know how to fix it.

# design is a set of choices

When you speak, you generally know

what / why / why now

you're saying something.

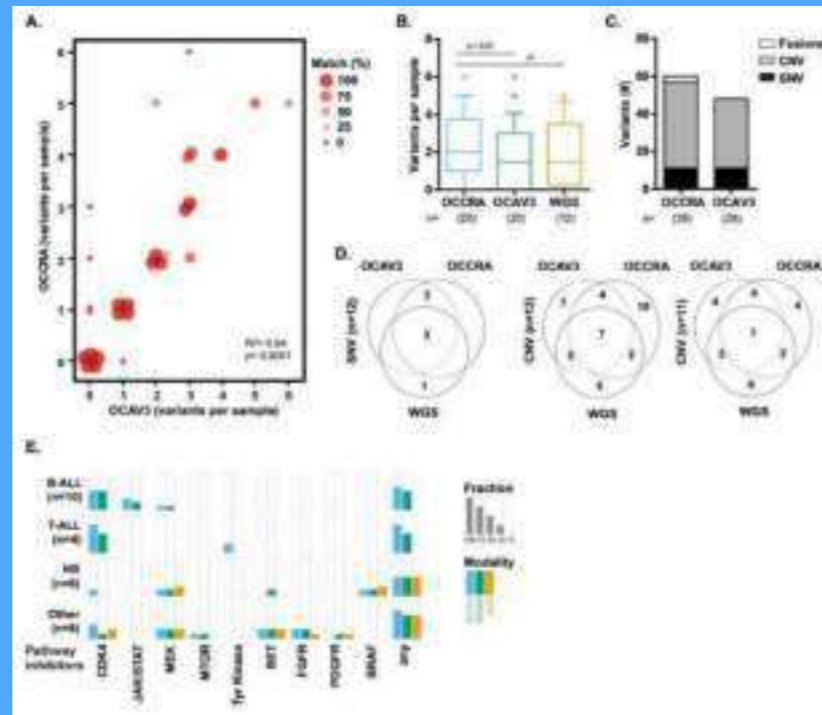
It's the same with design except time  
is replaced by space.

# you're 90% of the tool

Good design is never due to software expertise.

Know your software enough to make your ideas possible.

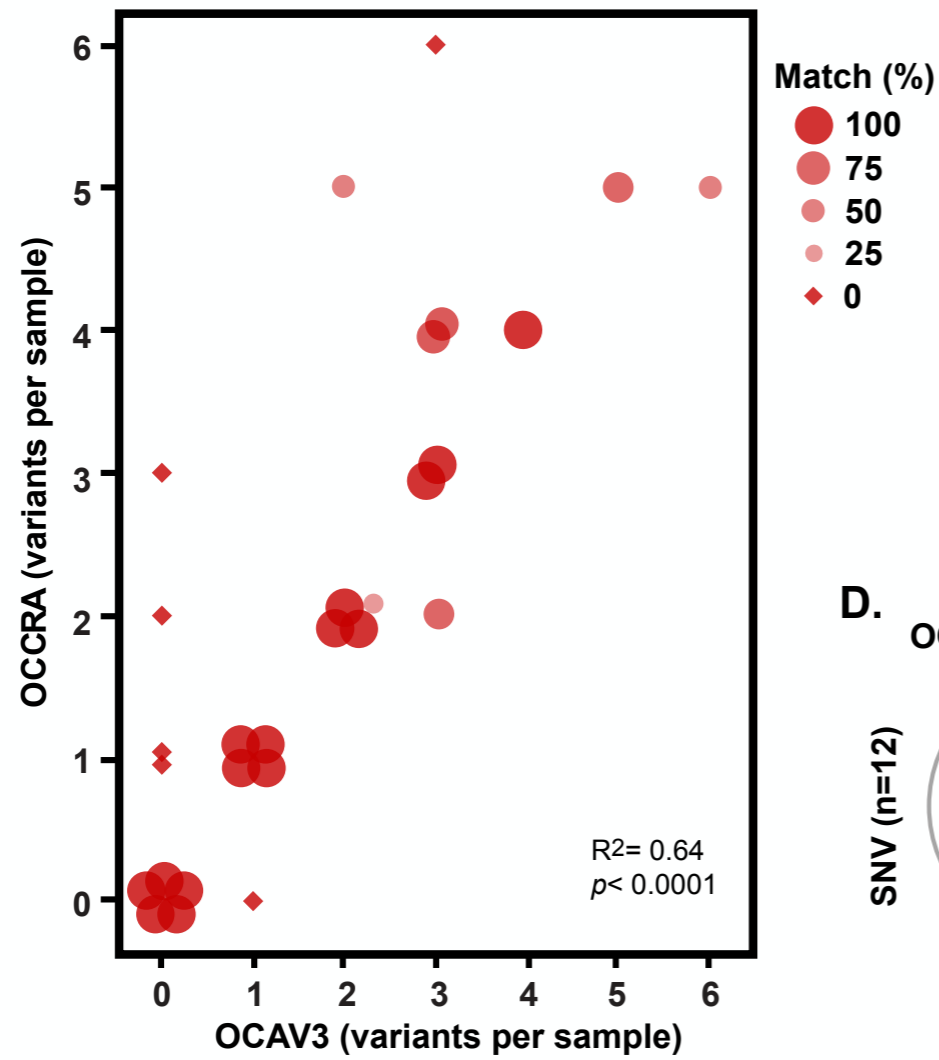
Learning tool XYZ will not make you a better communicator.



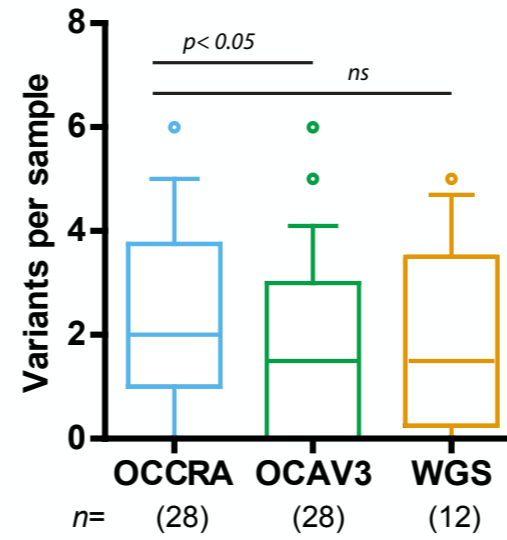
# emphasize data

make other elements visually subordinate

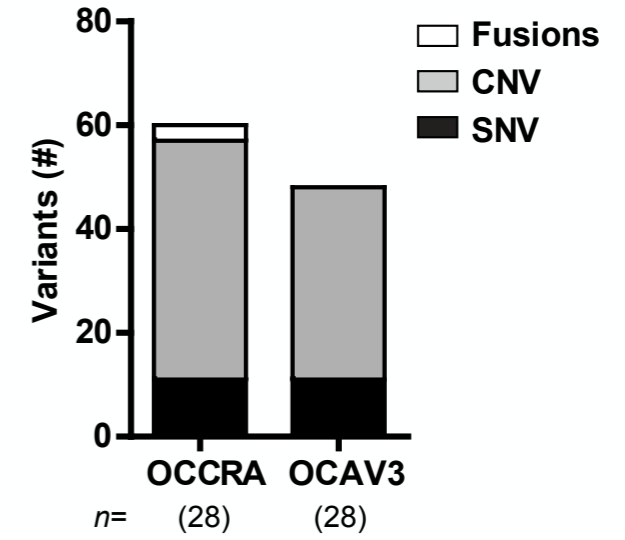
**A.**



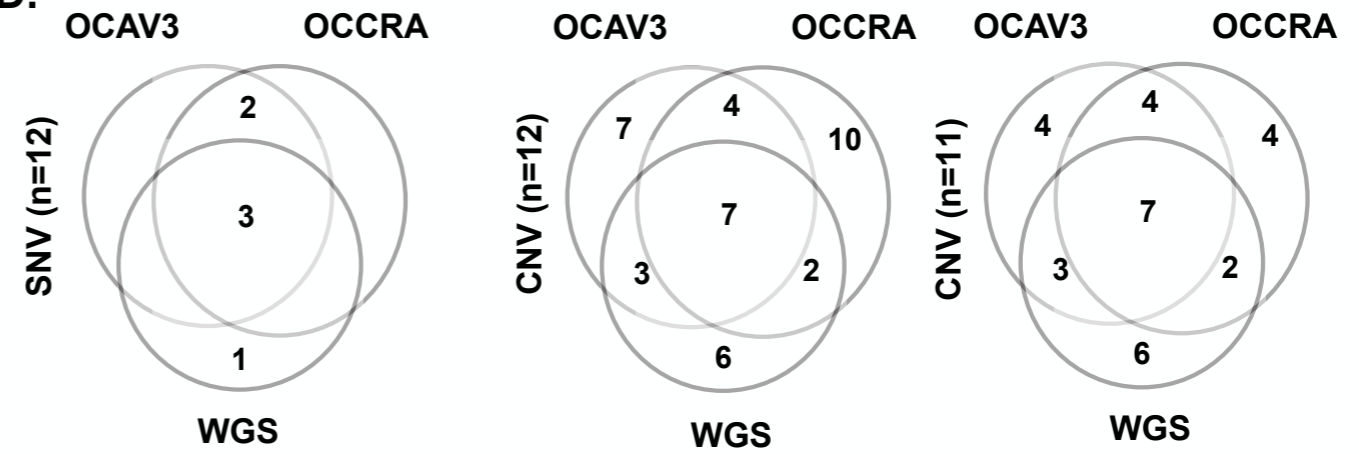
**B.**



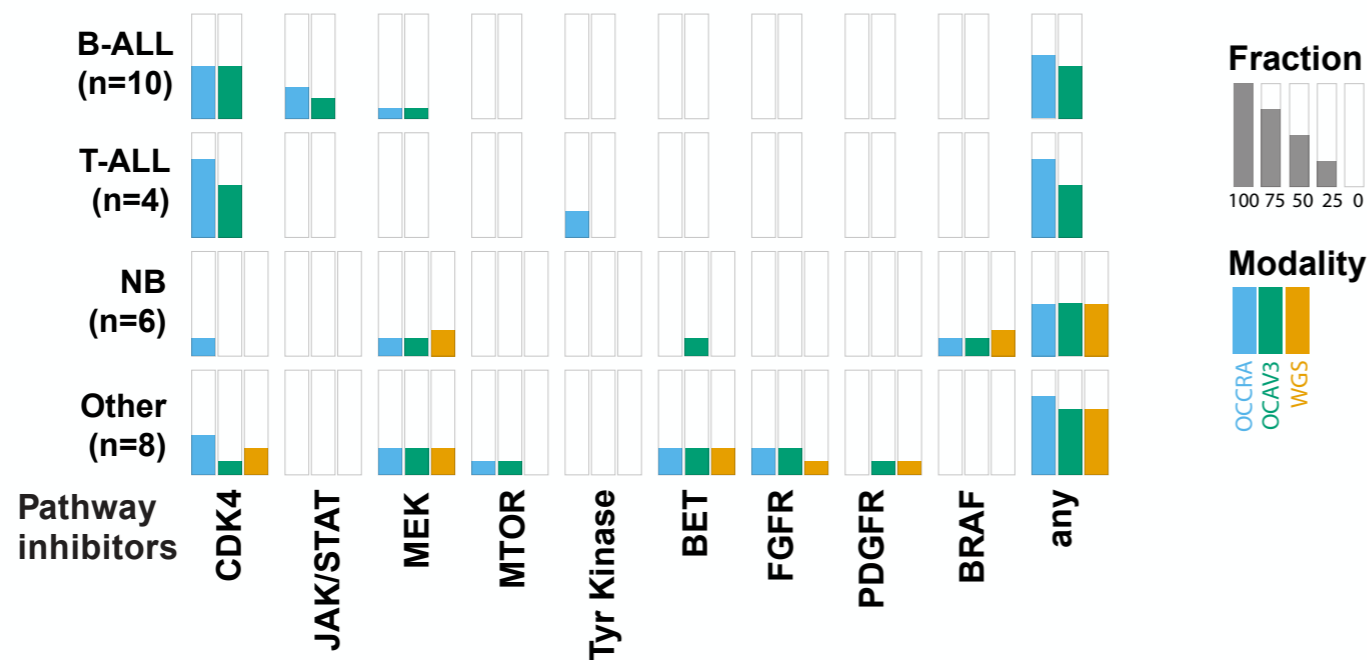
**C.**



**D.**

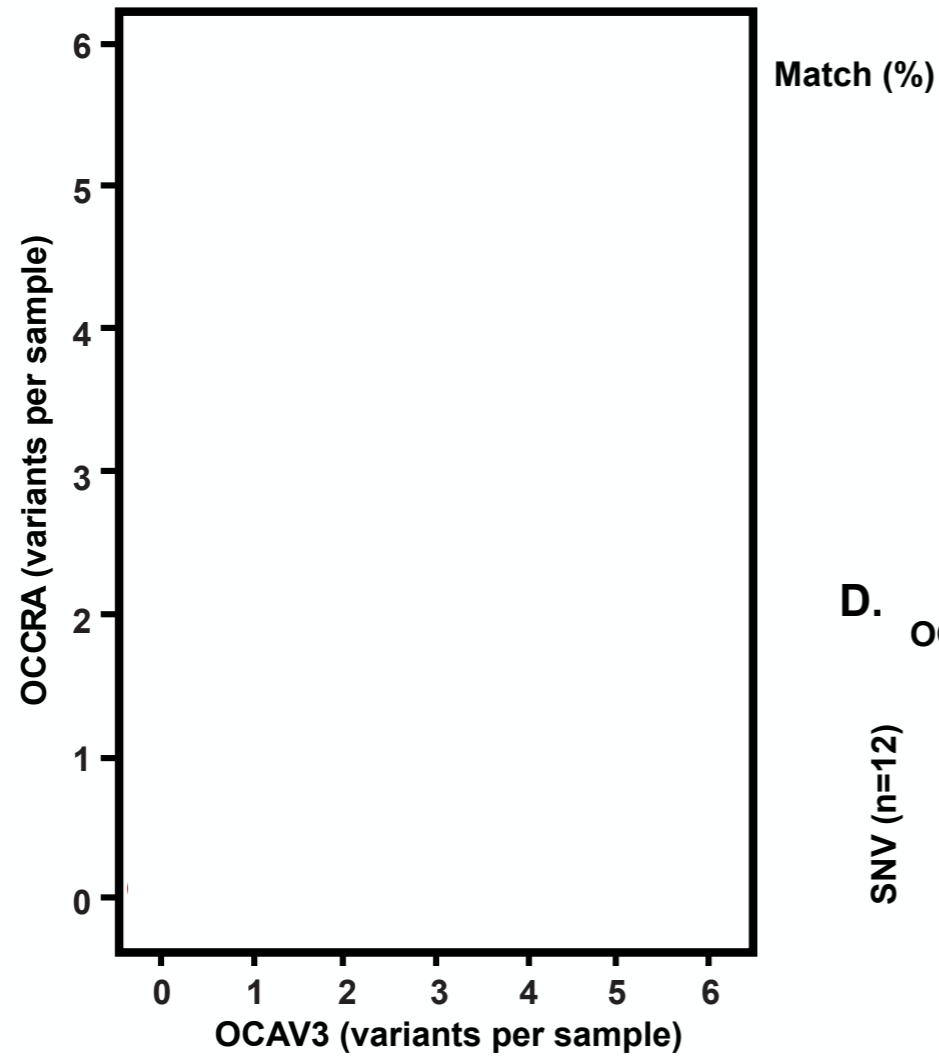


**E.**

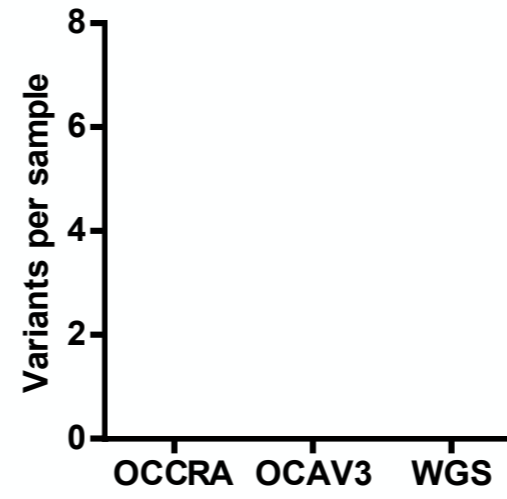




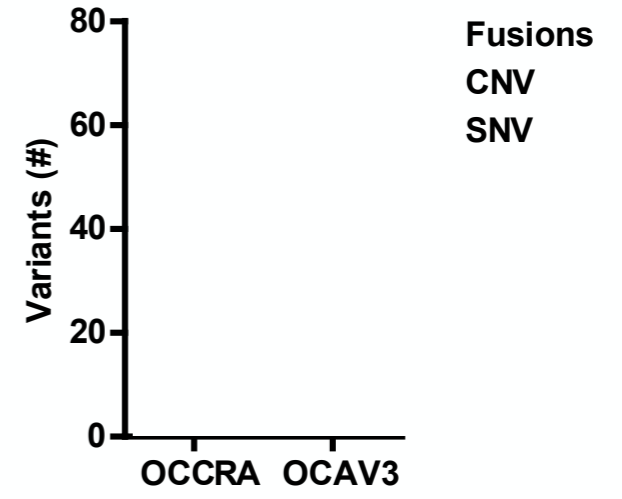
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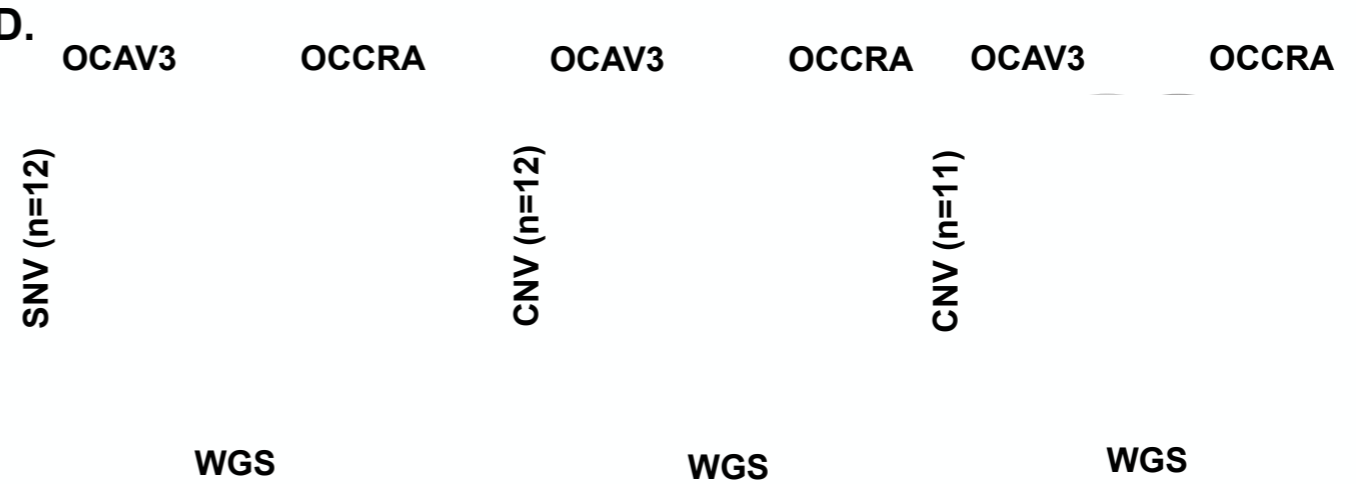
**B.**



**C.**

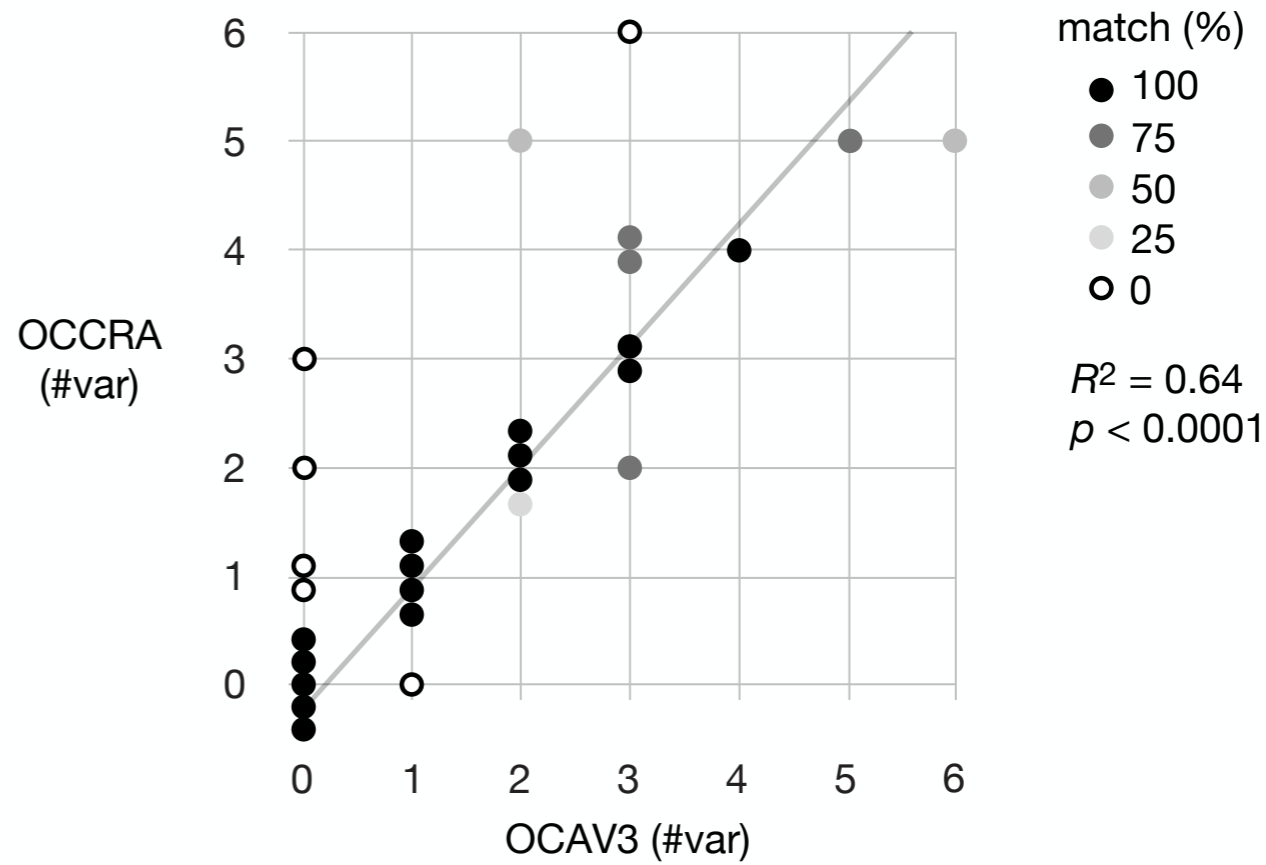
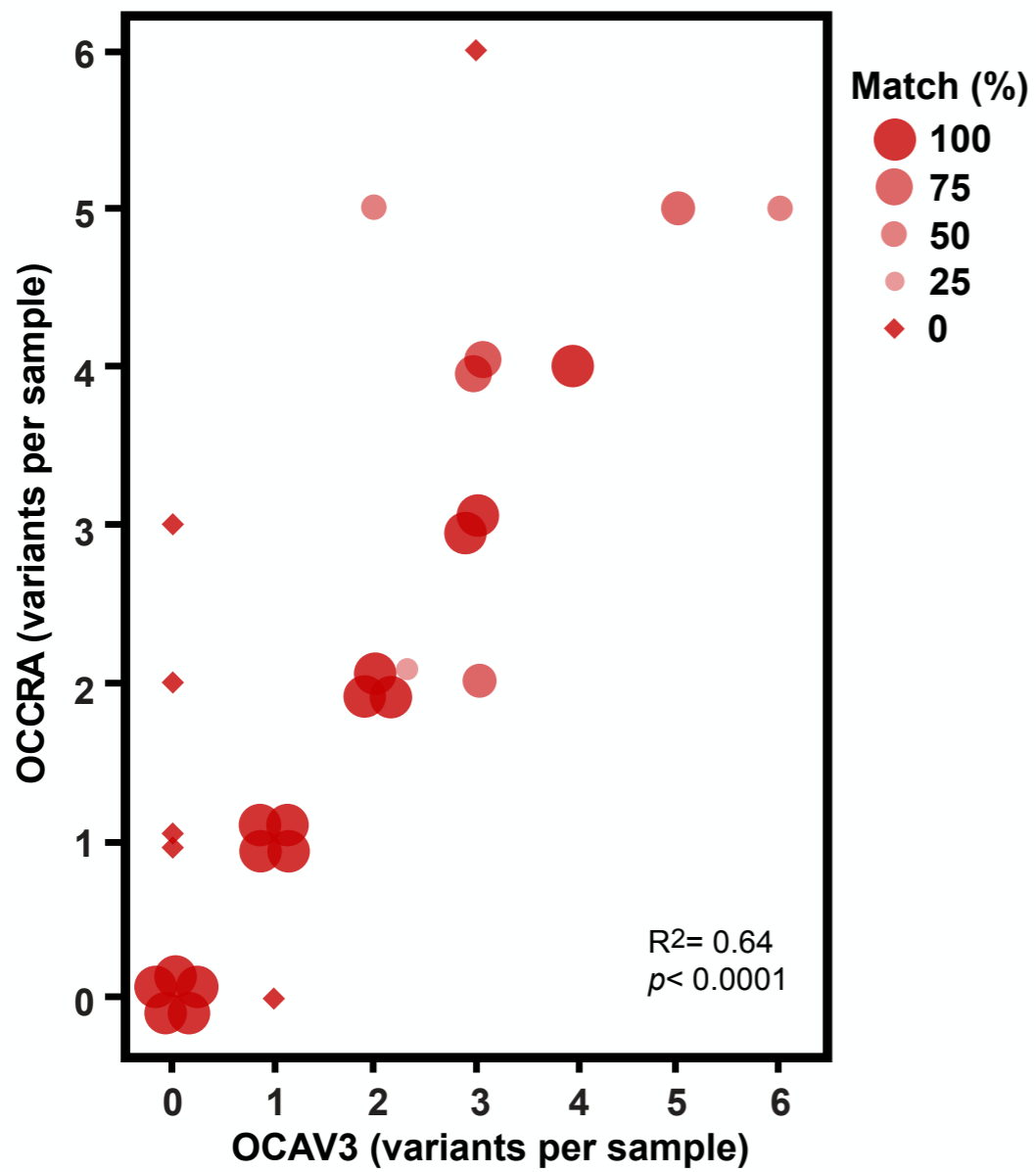


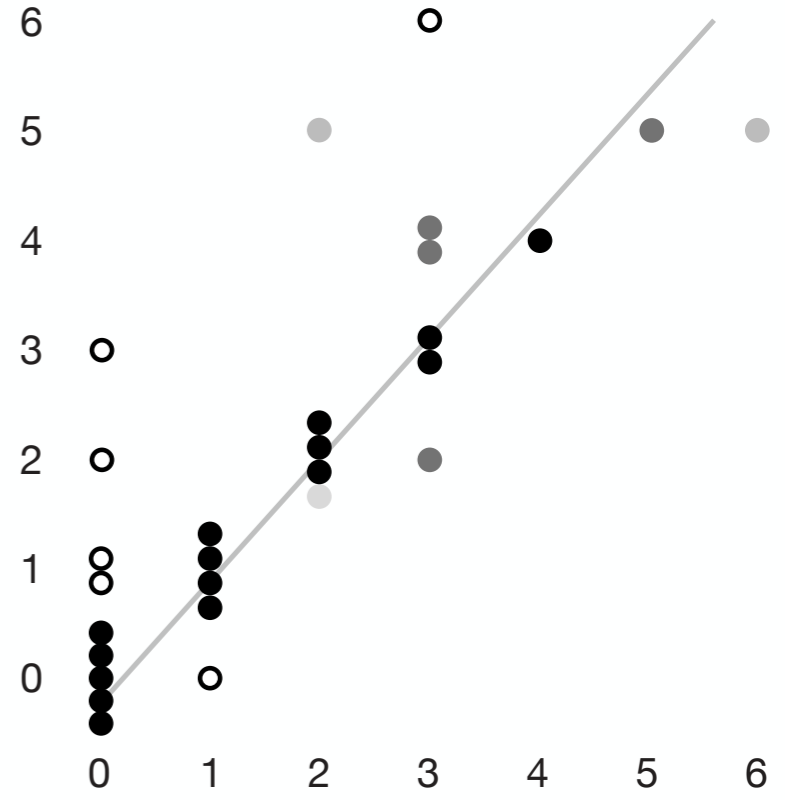
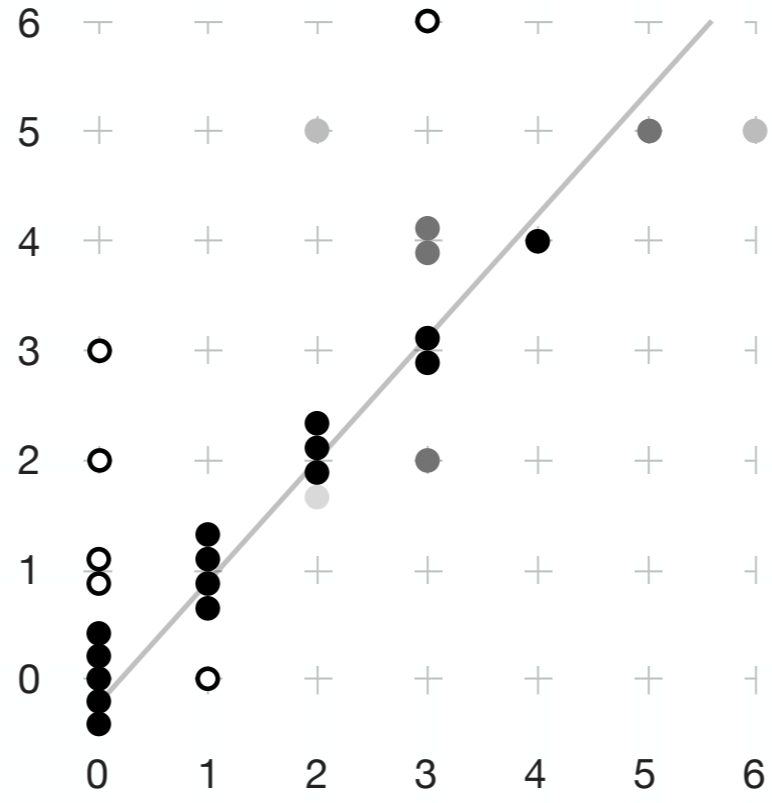
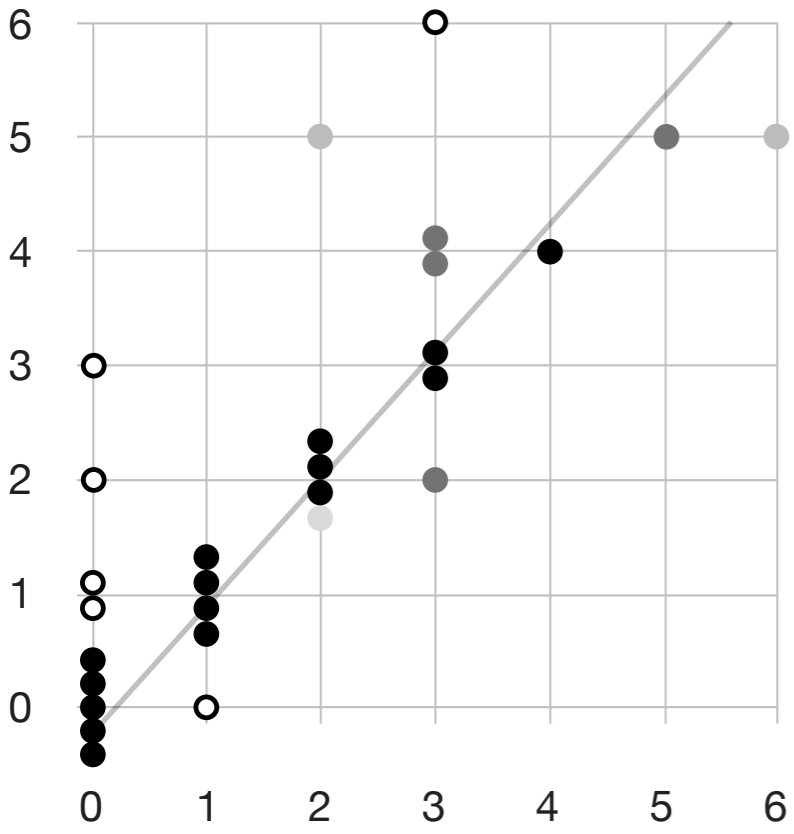
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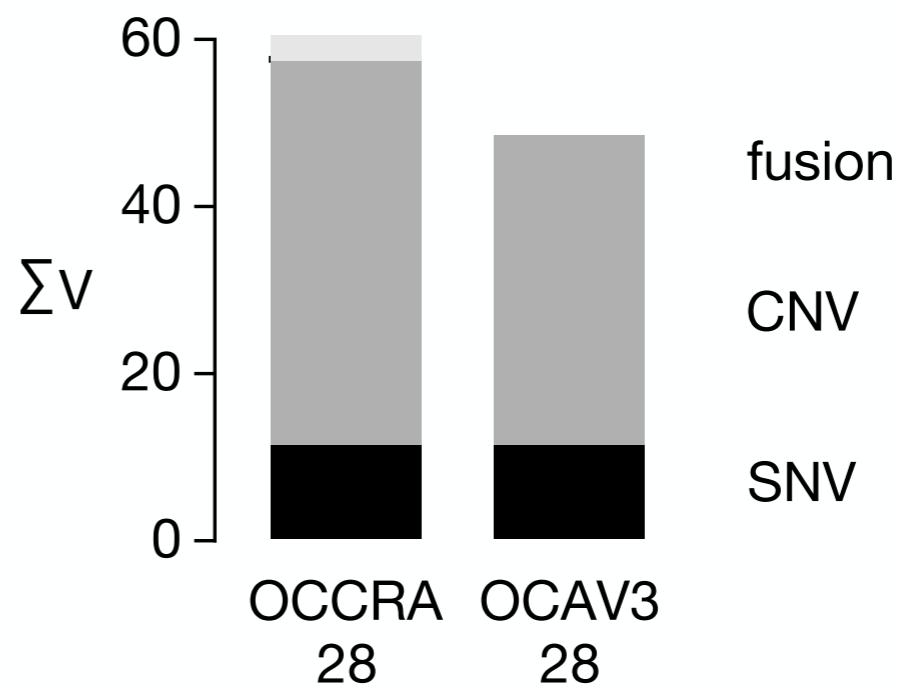
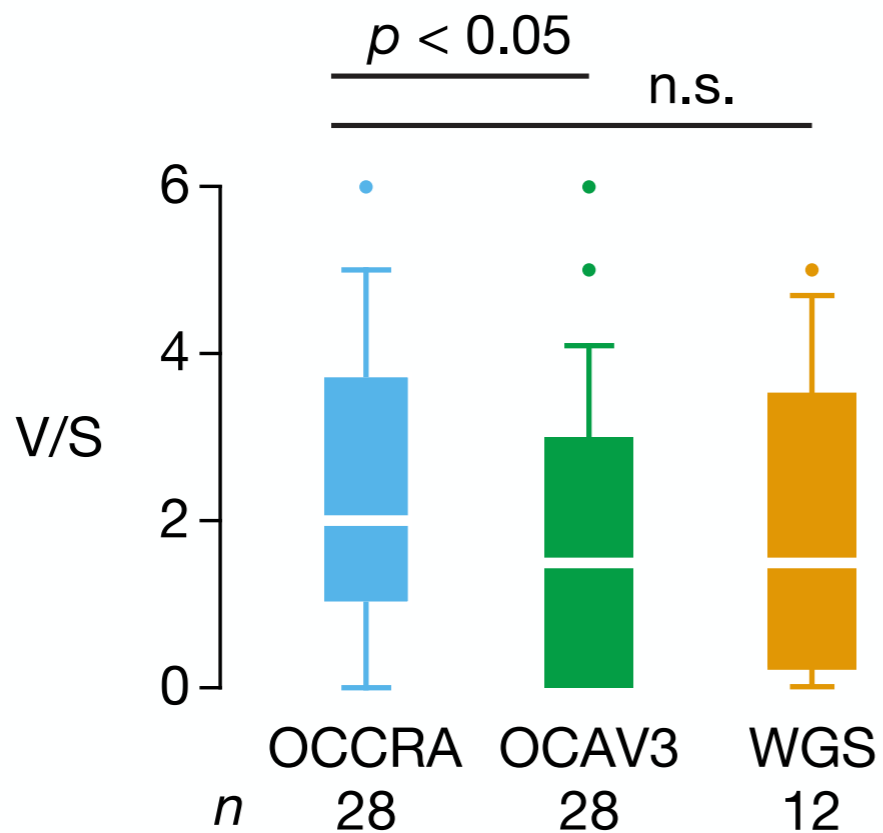
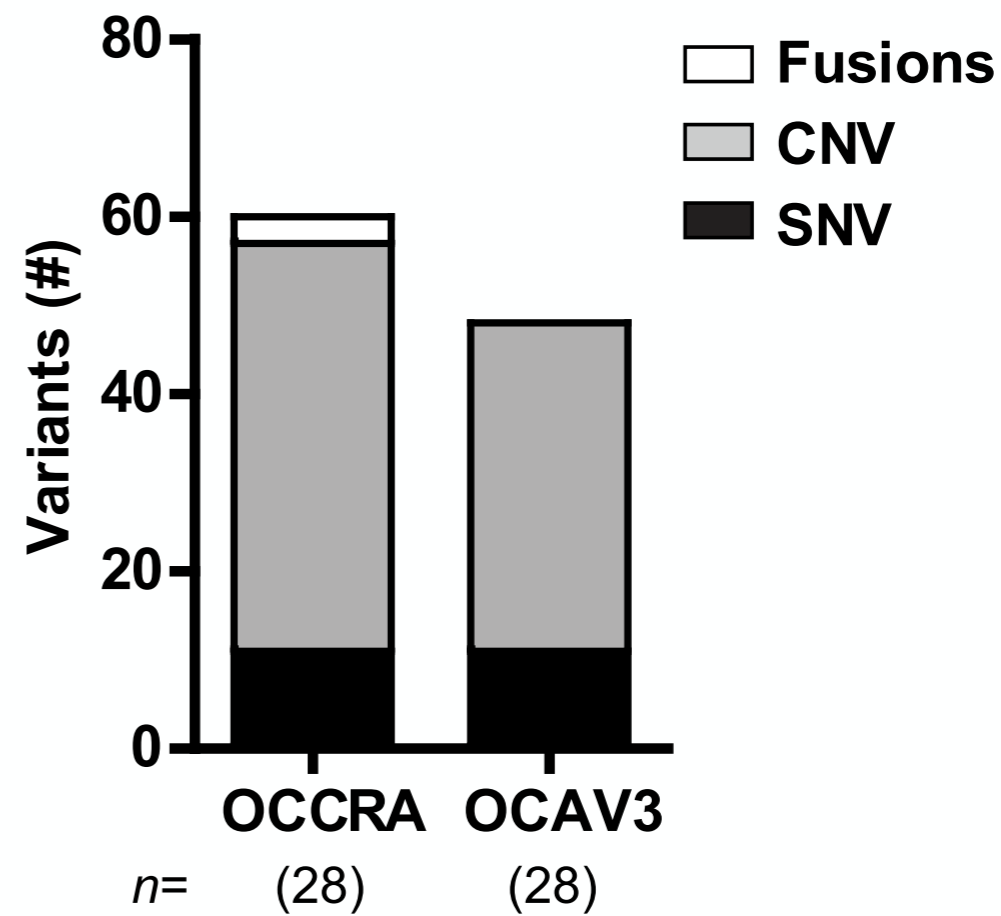
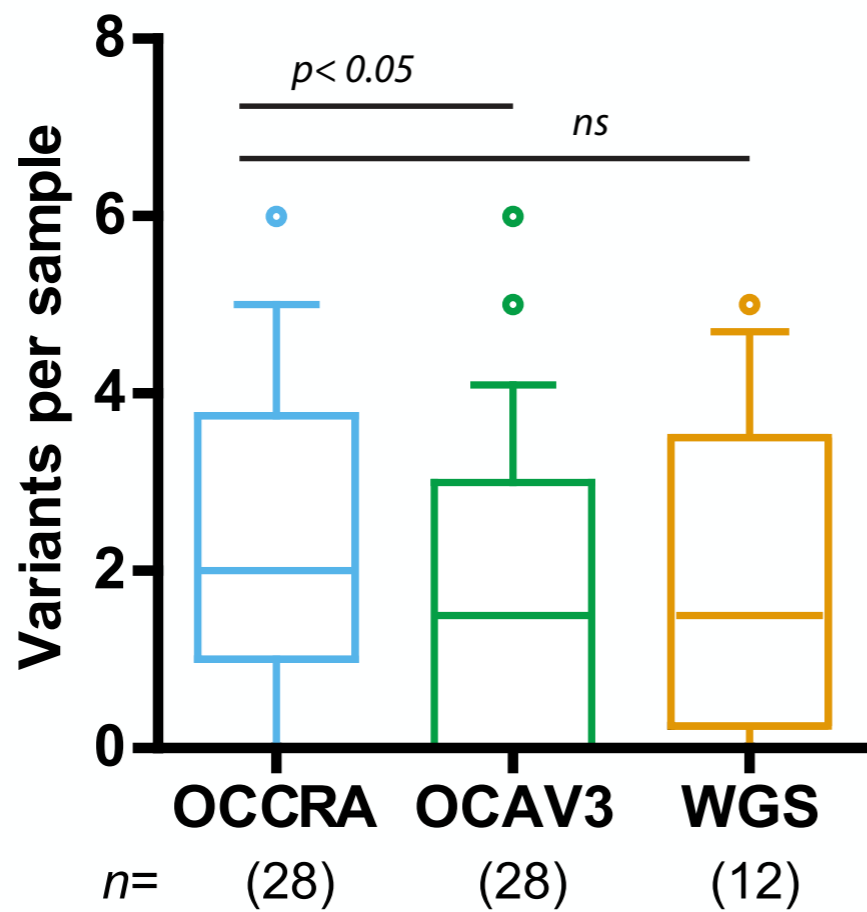


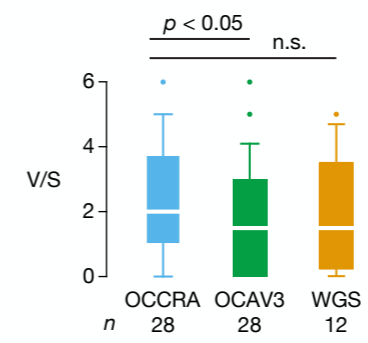
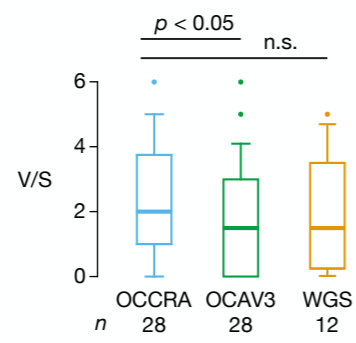
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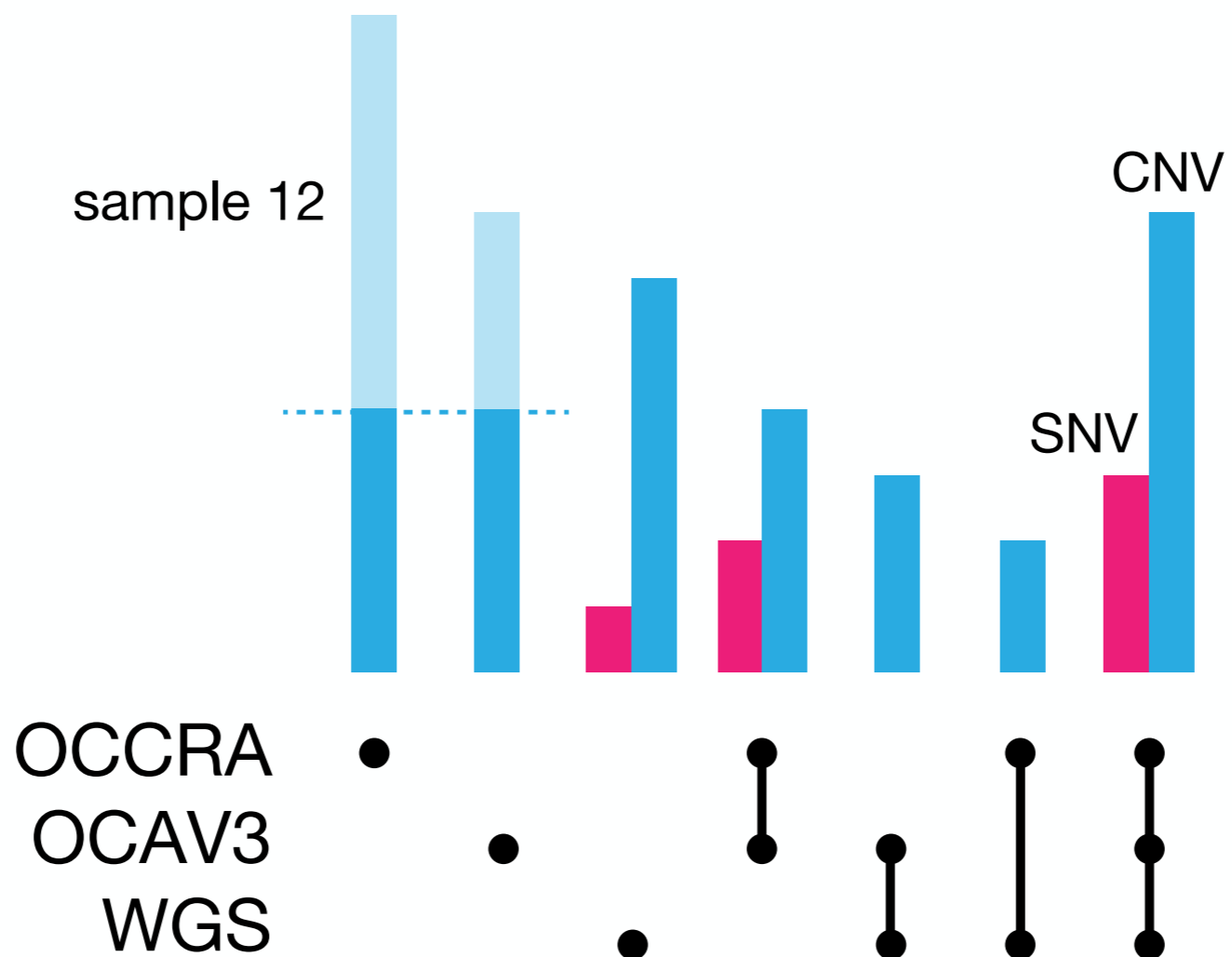
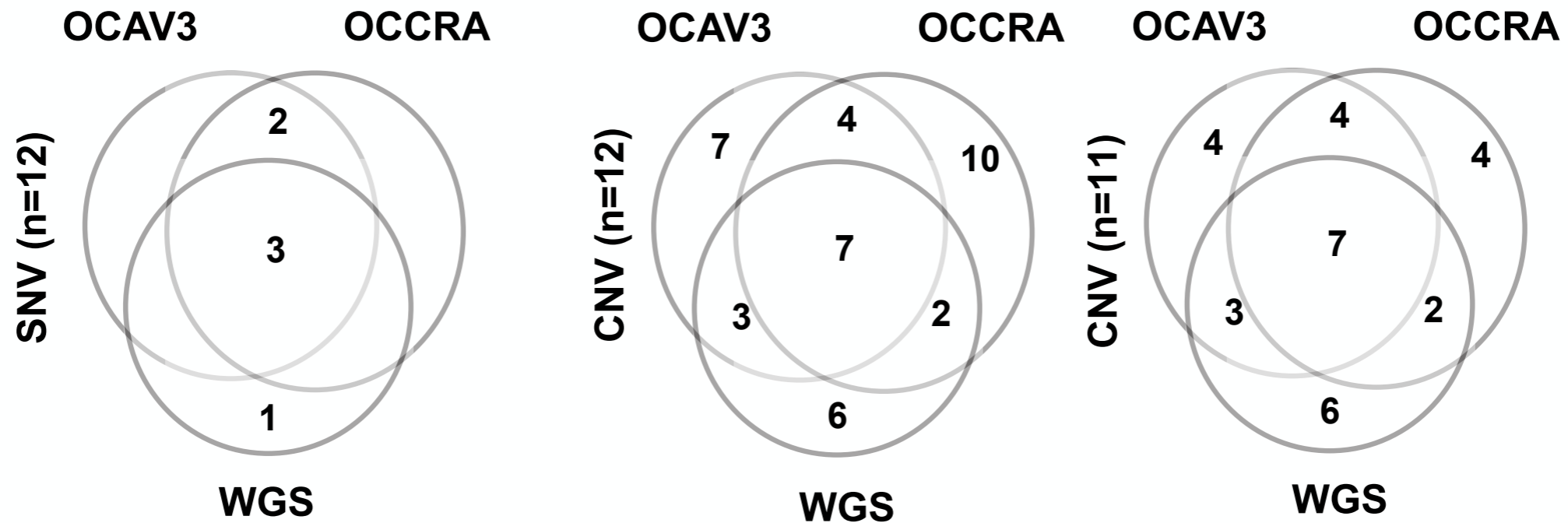


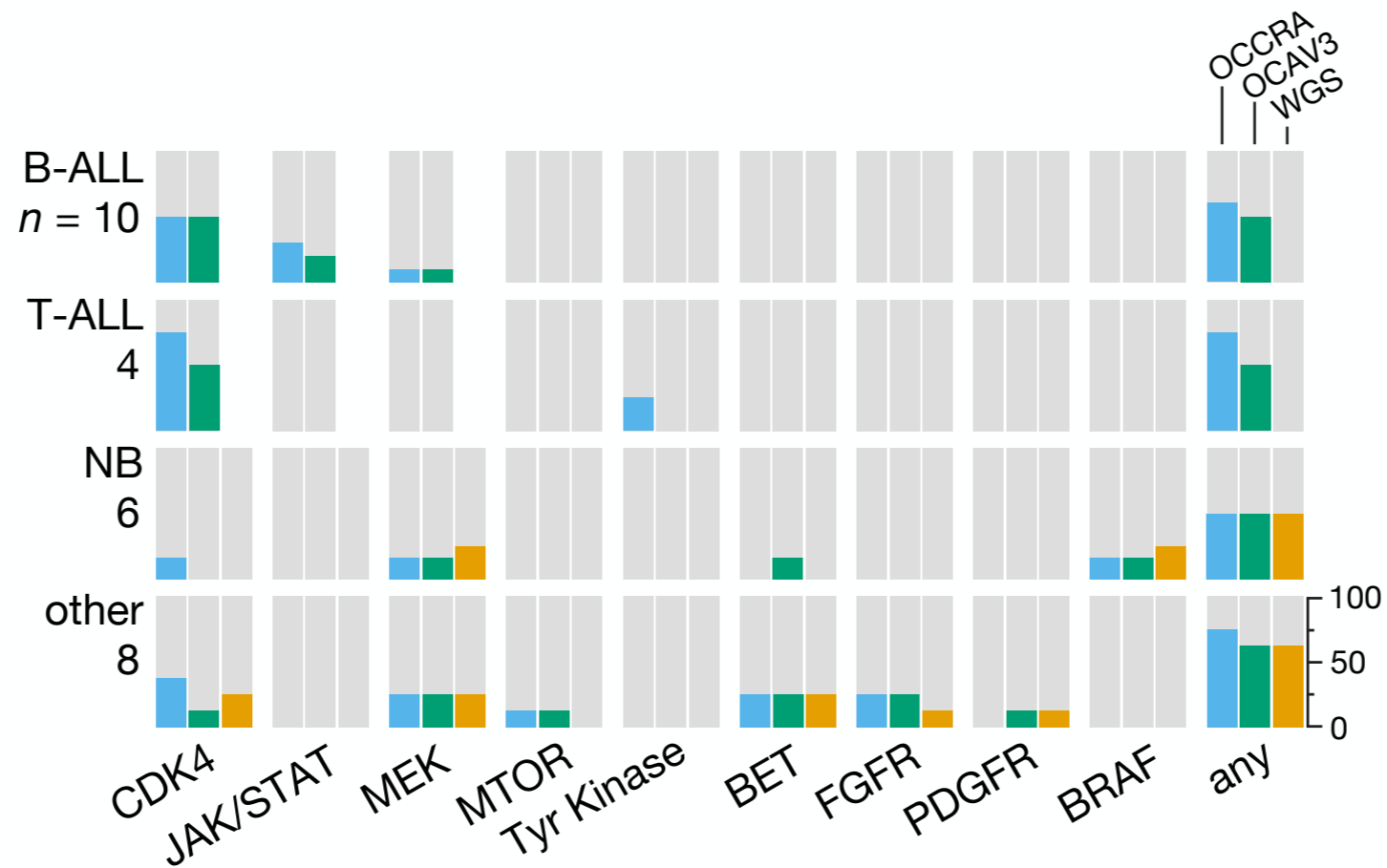
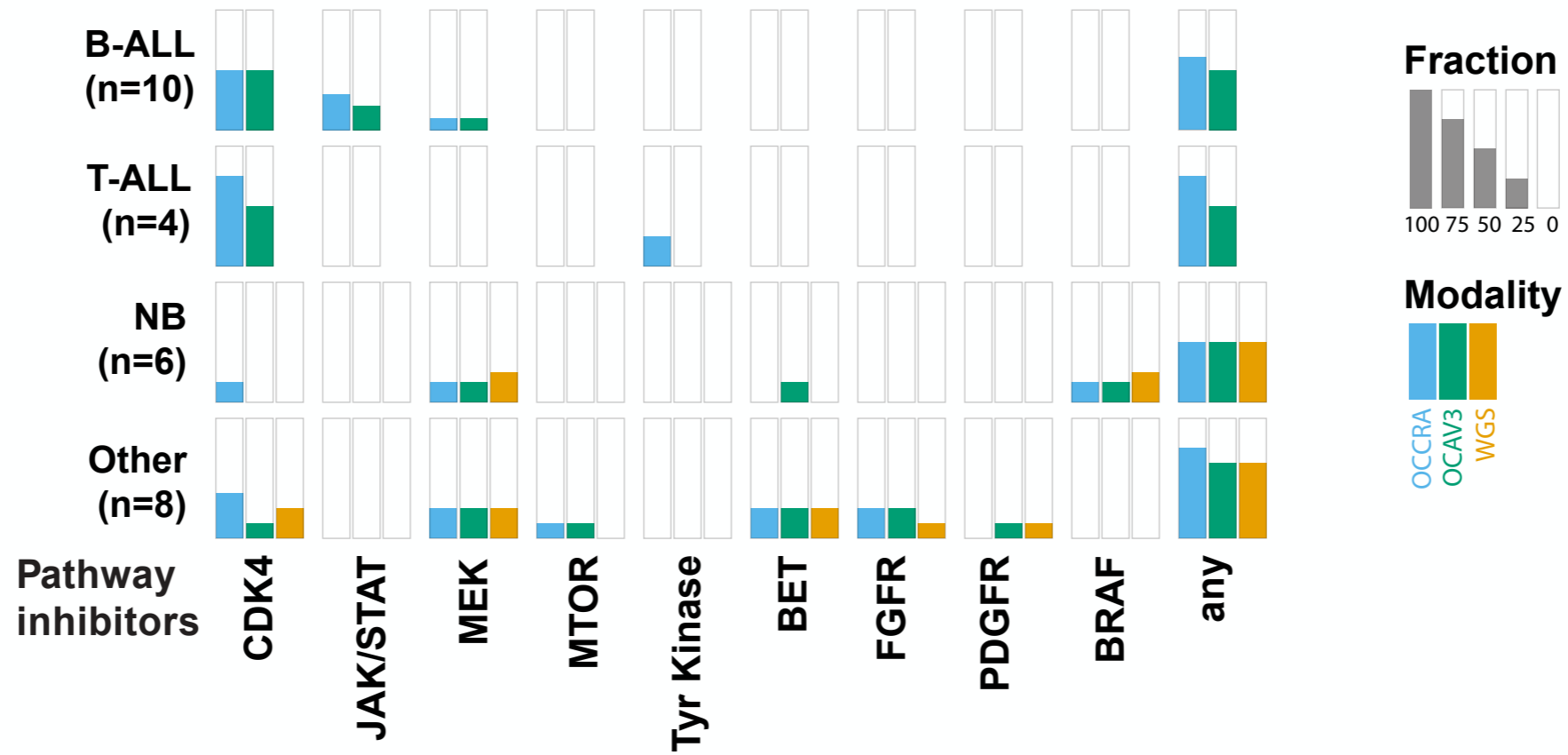


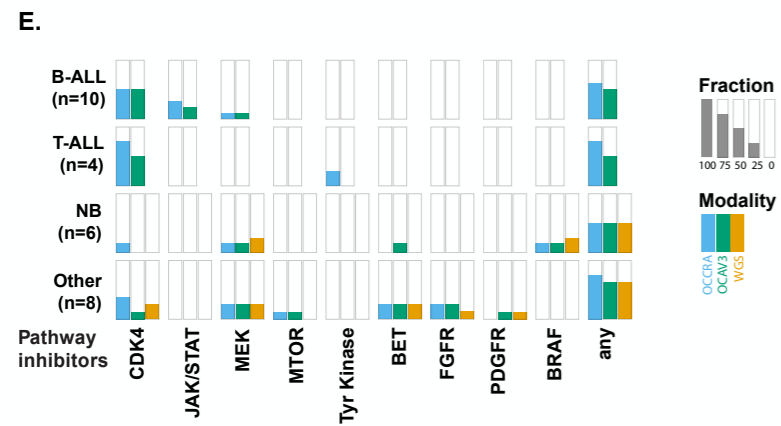
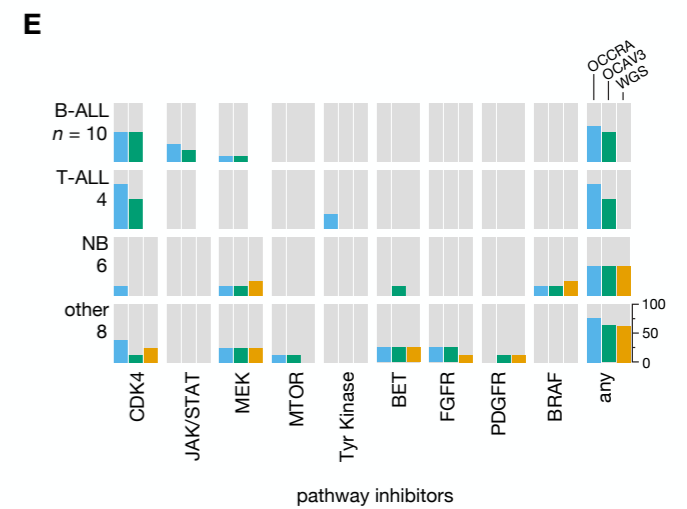
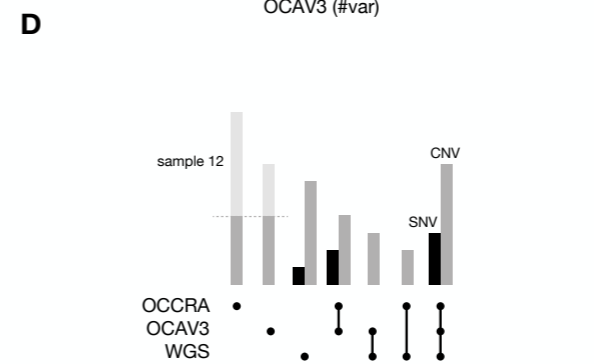
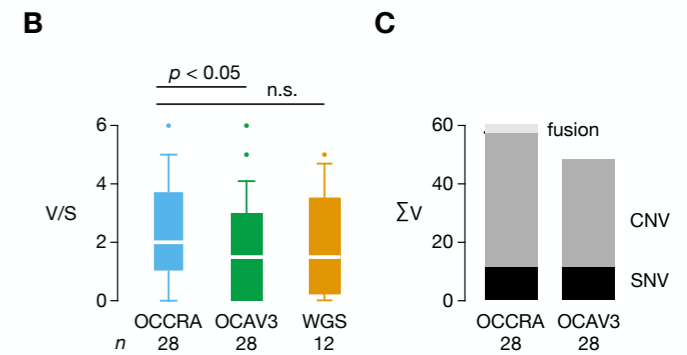
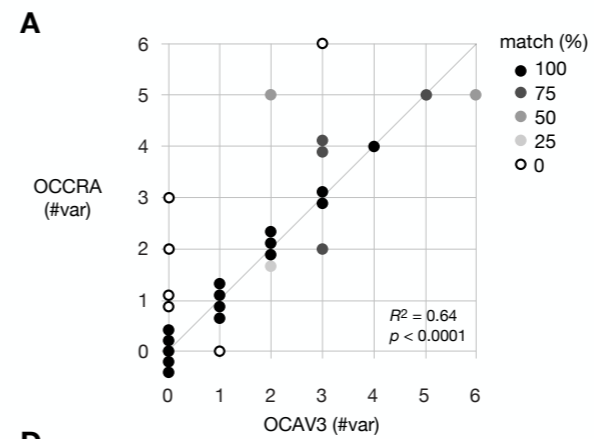
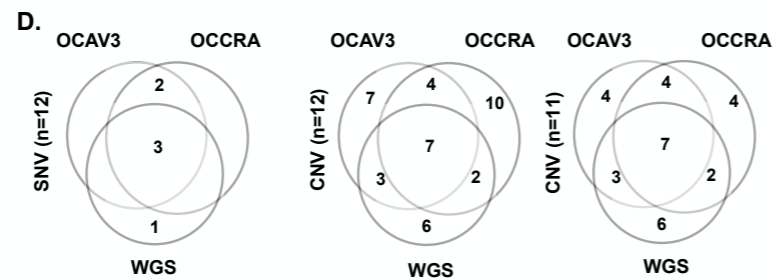
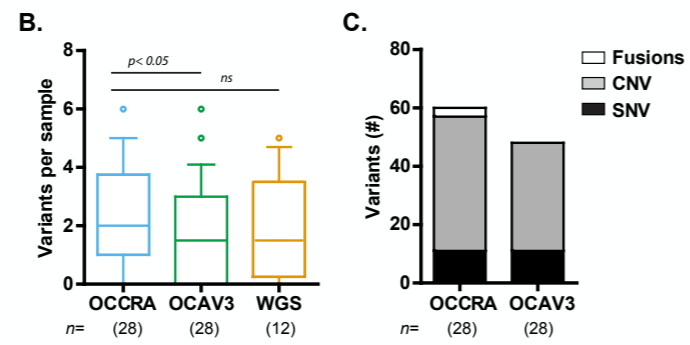
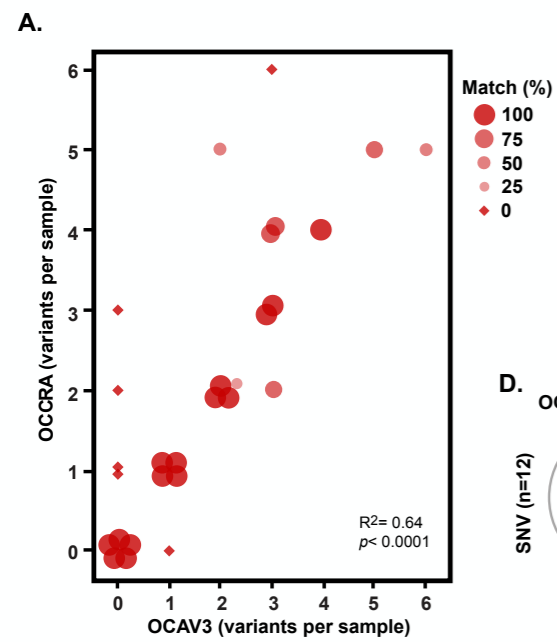




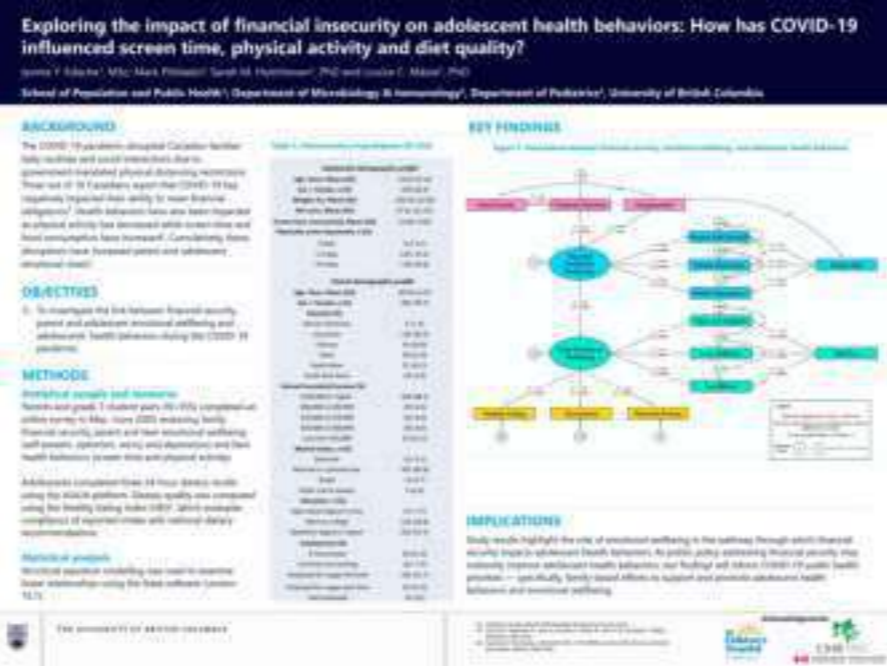












conclude first  
and explain early

don't squirrel important information  
into the least accessible part of the poster

# Exploring the impact of financial insecurity on adolescent health behaviors: How has COVID-19 influenced screen time, physical activity and diet quality?

Iyoma Y. Edache<sup>1</sup>, MSc; Mark Pitblado<sup>2</sup>; Sarah M. Hutchinson<sup>3</sup>, PhD and Louise C. Mâsse<sup>1</sup>, PhD

School of Population and Public Health<sup>1</sup>; Department of Microbiology & Immunology<sup>2</sup>, Department of Pediatrics<sup>3</sup>, University of British Columbia

## BACKGROUND

The COVID-19 pandemic disrupted Canadian families' daily routines and social interactions due to government-mandated physical distancing restrictions. Three out of 10 Canadians report that COVID-19 has negatively impacted their ability to meet financial obligations<sup>1</sup>. Health behaviors have also been impacted as physical activity has decreased while screen time and food consumption have increased<sup>2</sup>. Cumulatively, these disruptions have increased parent and adolescent emotional strain<sup>2</sup>.

## OBJECTIVES

- To investigate the link between financial security, parent and adolescent emotional wellbeing and adolescents' health behaviors during the COVID-19 pandemic.

## METHODS

### Analytical sample and measures

Parents and grade 7 student pairs (N=355) completed an online survey in May–June 2020, assessing family financial security, parent and teen emotional wellbeing (self-esteem, optimism, worry and depression) and teen health behaviors (screen time and physical activity).

Adolescents completed three 24-hour dietary recalls using the ASA24 platform. Dietary quality was computed using the Healthy Eating Index (HEI)<sup>3</sup>, which evaluates compliance of reported intake with national dietary recommendations.

### Statistical analysis

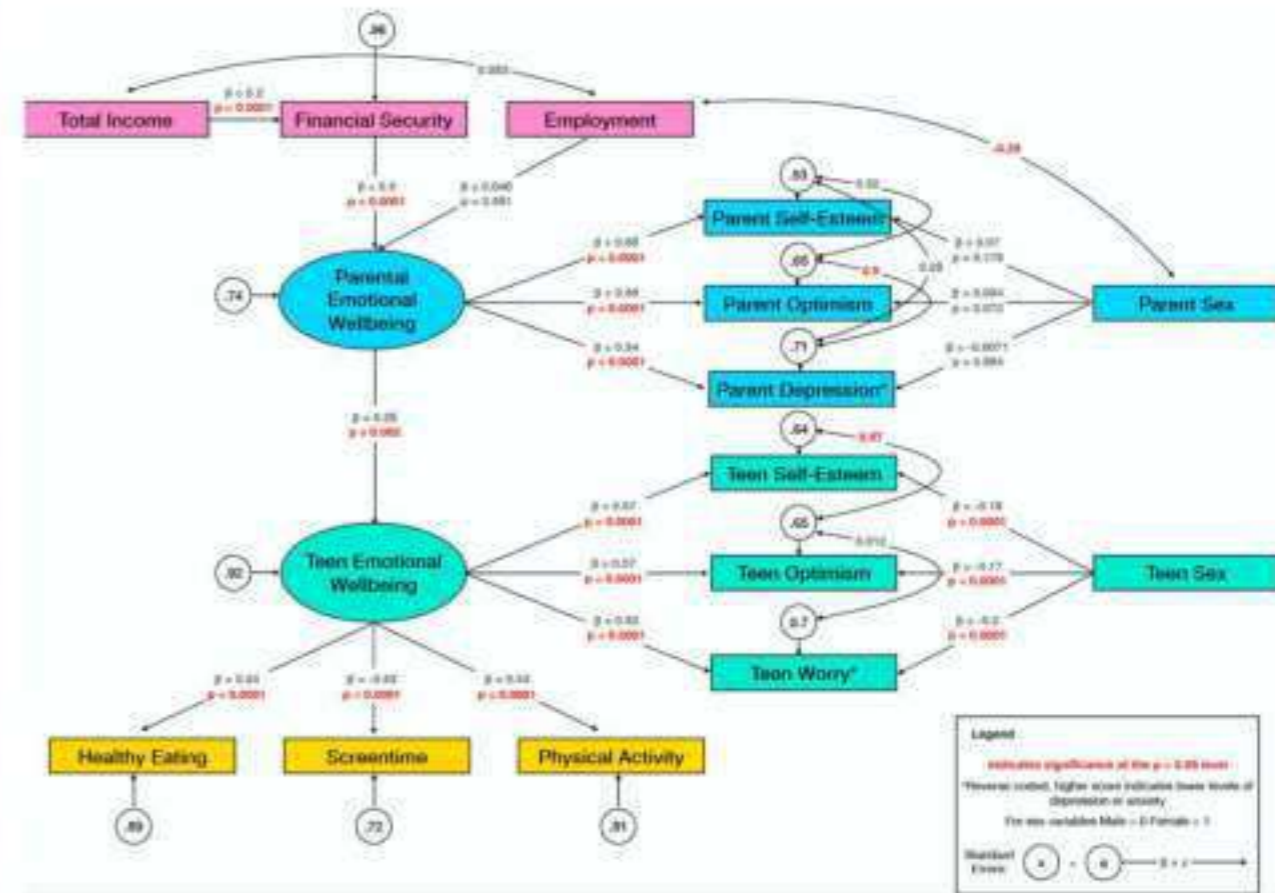
Structural equation modelling was used to examine linear relationships using the Stata software (version 15.1).

Table 1. Characteristics of participants (N=355)

Adolescent demographic profile	
Age, Years, Mean (SD)	13.01 (0.12)
Sex = Female, n (%)	199 (54.0)
Weight, lbs, Mean (SD)	106.56 (22.90)
HEI score, Mean (SD)	57.61 (11.20)
Screen time, hours/week, Mean (SD)	11.84 (7.60)
Physically active days/week, n (%)	
0 days	31 (9.1)
1-3 days	120 (35.3)
4-6 days	118 (34.8)
Parent demographic profile	
Age, Years, Mean (SD)	45.95 (5.42)
Sex = Female, n (%)	285 (79.7)
Ethnicity (%)	
African American	5 (1.4)
Caucasian	126 (36.3)
Chinese	93 (26.8)
Other	48 (13.9)
South Asian	51 (14.7)
South East Asian	24 (6.9)
Annual household income (%)	
\$100,000 or higher	169 (48.2)
\$80,000 to \$99,999	29 (8.3)
\$70,000 to \$79,999	16 (4.6)
\$50,000 to \$69,999	28 (8.0)
Less than \$50,000	53 (15.1)
Marital status, n (%)	
Divorced	32 (9.1)
Married or common-law	301 (85.8)
Single	13 (3.7)
Prefer not to answer	5 (1.4)
Education, n (%)	
High school degree or less	27 (7.7)
Went to college	122 (34.8)
Bachelors degree or above	202 (57.5)
Employment (%)	
A homemaker	40 (11.4)
Currently not working	26 (7.4)
Employed for wages-full time	181 (51.7)
Employed for wages-part time	43 (12.3)
Self-employed	42 (12)

## KEY FINDINGS

Figure 1. Associations between financial security, emotional wellbeing and adolescent health behaviors.



## IMPLICATIONS

Study results highlight the role of emotional wellbeing in the pathway through which financial security impacts adolescent health behaviors. As public policy addressing financial security may indirectly improve adolescent health behaviors, our findings will inform COVID-19 public health priorities — specifically, family-based efforts to support and promote adolescent health behaviors and emotional wellbeing.

(1) Statistics Canada's March 2020 Canadian Perspectives Survey Series  
 (2) Carroll, N., Sedovick, A., Lala, A., Hruska, V., Niemi, M., Ma, D. W., & Heines, J. (2020). *Nutrients*, 12(8), 2352.  
 (3) Guenther, P. M., Reedy, J., & Krebs-Smith, S. M. (2008). *Journal of the American Dietetic Association*, 108(11), 1896-1902.

## Acknowledgements



Canadian Institutes of Health Research / Institut de recherches en santé de Canada



THE UNIVERSITY OF BRITISH COLUMBIA

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## BACKGROUND

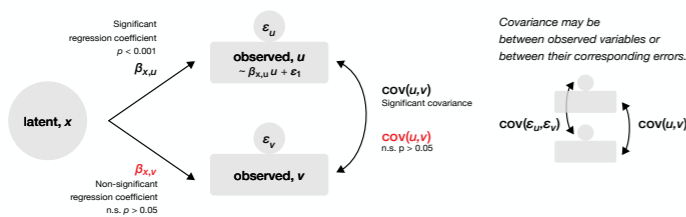
The COVID-19 pandemic disrupted Canadian families' daily routines and social interactions due to government-mandated physical distancing restrictions. Three out of 10 Canadians report that COVID-19 has negatively impacted their ability to meet financial obligations<sup>1</sup>. Health behaviors have also been impacted as physical activity has decreased while screen time and food consumption have increased<sup>2</sup>. Cumulatively, these disruptions have increased parent and adolescent emotional strain<sup>2</sup>.

## ANALYTICAL SAMPLE AND MEASURES

Parents and grade 7 student pairs ( $n = 355$ ) completed an online survey in May –June 2020, assessing family financial security, parent and teen emotional wellbeing (self-esteem, optimism, worry and depression) and teen health behaviors (screen time and physical activity). Adolescents completed three 24-hour dietary recalls using the ASA24 platform. Dietary quality was computed using the Healthy Eating Index (HEI)<sup>3</sup>, which evaluates compliance of reported intake with national dietary recommendations.

## STATISTICAL ANALYSIS

Structural equation modelling was used to examine linear relationships using the Stata software (version 15.1).



- 1 Statistics Canada's March 2020 Canadian Perspectives Survey Series
- 2 Carroll, N., Sadowski, A., Laila, A., Hruska, V., Nixon, M., Ma, D. W., & Haines, J. (2020). *Nutrients*, 12(8), 2352.
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## Characteristics of participants (n = 355).

ADOLESCENT PROFILE			
age (years)	13.01	0.12	$\mu, \sigma$
sex (female)	199	54	$n, \%$
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HEI score	57.6	11.2	$\mu, \sigma$
screen time, hours/week	11.8	7.6	$\mu, \sigma$
physically active days/week			$n, \%$
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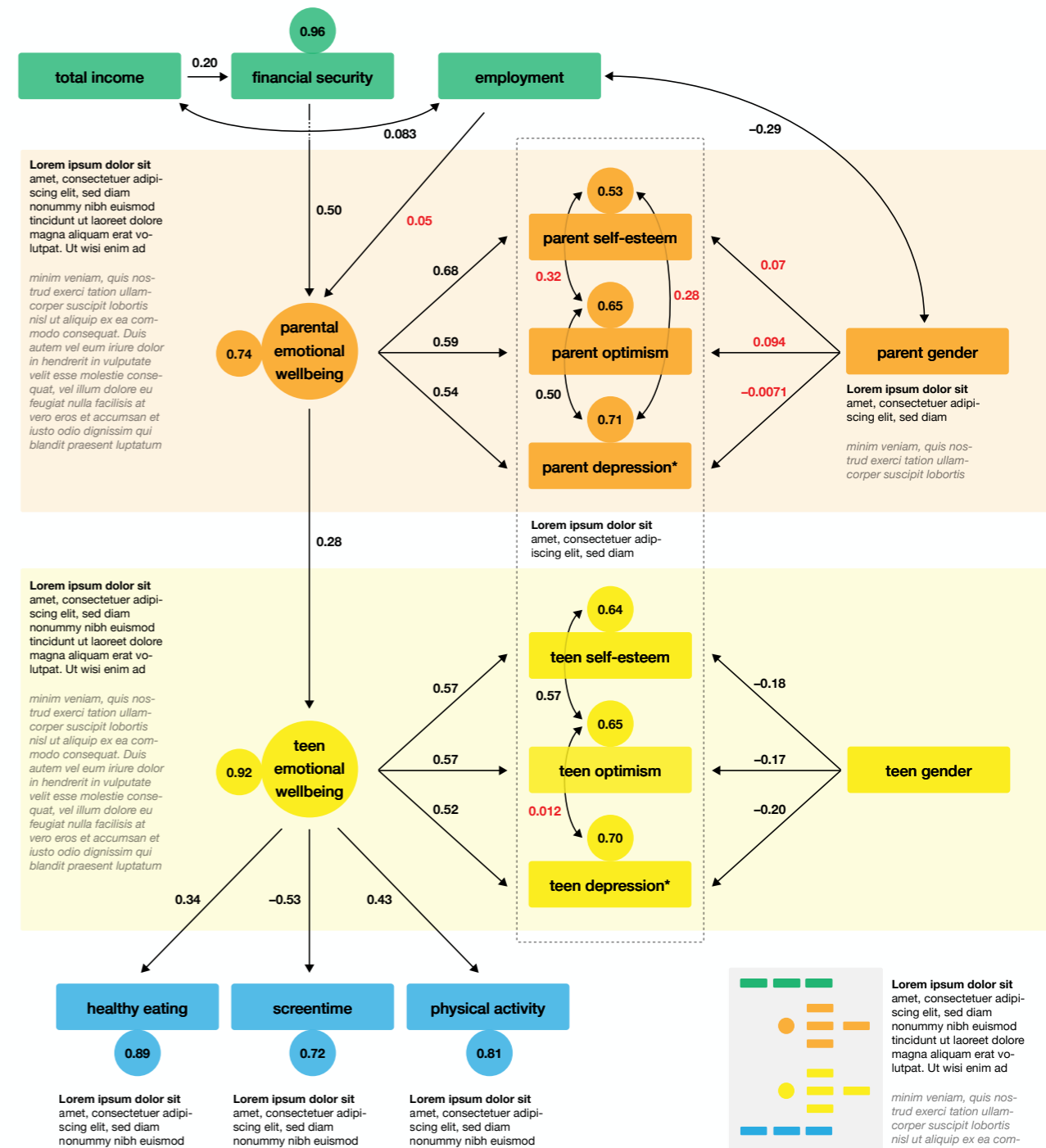
annual household income			
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$< \$50,000$	53	15.1	

marital status			
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divorced	32	9.1	
single	13	3.7	
prefer not to answer	5	1.4	

education			
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went to college	122	34.8	
high school degree or less	27	7.7	

employment			
full-time wage	181	52	$n, \%$
part-time wage	43	12	
self-employed	42	12	
homemaker	40	11	
currently not working	26	7	

## Associations between financial security, emotional wellbeing and adolescent health behaviors.



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# Exploring the impact of financial security on adolescent health behaviors

Iyoma Y. Edache<sup>1</sup>, MSc; Mark Pitblado<sup>2</sup>; Sarah M. Haines<sup>1</sup>  
School of Population and Public Health<sup>1</sup>; Department of Microbiology<sup>2</sup>

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Adolescents completed three 24-hour dietary recalls using the ASA24 platform. Dietary quality was computed using the Healthy Eating Index (HEI)<sup>3</sup>, which evaluates compliance of reported intake with national dietary recommendations.

### Statistical analysis

Structural equation modelling was used to examine linear relationships using the Stata software (version 15.1).

# Exploring the impact of financial security on adolescent health behaviors

Iyoma Y. Edache<sup>1</sup>, MSc; Mark Pitblado<sup>2</sup>; Sarah M. Haines<sup>1</sup>  
<sup>1</sup>School of Population and Public Health <sup>2</sup>Department of Microbiology

## OBJECTIVES

To investigate the link between financial security, parent and adolescent emotional wellbeing and adolescents' health behaviors during the COVID-19 pandemic.

## IMPLICATIONS

Study results highlight the role of emotional wellbeing in the pathway through which financial security impacts adolescent health behaviors. As public policy addressing financial security may indirectly improve adolescent health behaviors, our findings will inform COVID-19 public health priorities — specifically, family-based efforts to support and promote adolescent health behaviors and emotional wellbeing.

## BACKGROUND

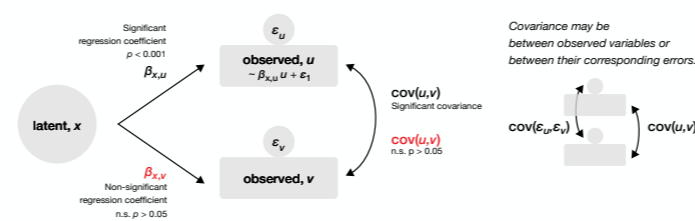
The COVID-19 pandemic disrupted Canadian families' daily routines and social interactions due to government-mandated physical distancing restrictions. Three out of 10 Canadians report that COVID-19 has negatively impacted their ability to meet financial obligations<sup>1</sup>. Health behaviors have also been impacted as physical activity has decreased while screen time and food consumption have increased<sup>2</sup>. Cumulatively, these disruptions have increased parent and adolescent emotional strain<sup>2</sup>.

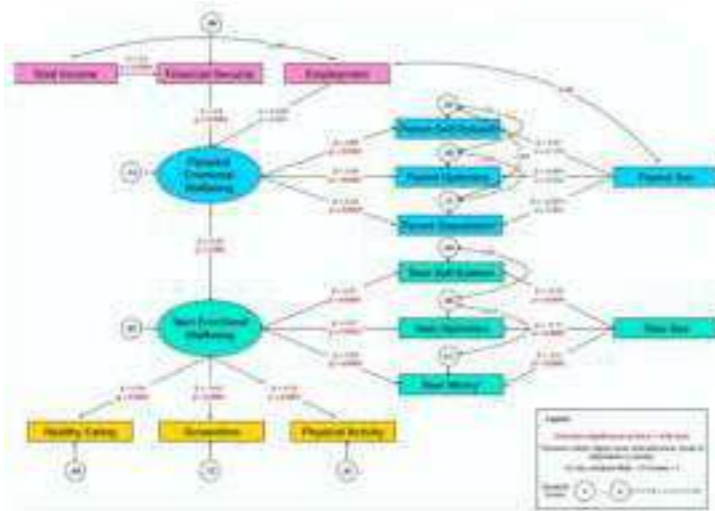
## ANALYTICAL SAMPLE AND MEASURES

Parents and grade 7 student pairs ( $n = 355$ ) completed an online survey in May –June 2020, assessing family financial security, parent and teen emotional wellbeing (self-esteem, optimism, worry and depression) and teen health behaviors (screen time and physical activity). Adolescents completed three 24-hour dietary recalls using the ASA24 platform. Dietary quality was computed using the Healthy Eating Index (HEI)<sup>3</sup>, which evaluates compliance of reported intake with national dietary recommendations.

## STATISTICAL ANALYSIS

Structural equation modelling was used to examine linear relationships using the Stata software (version 15.1).





**Legend**

**Indicates significance at the  $p < 0.05$  level**

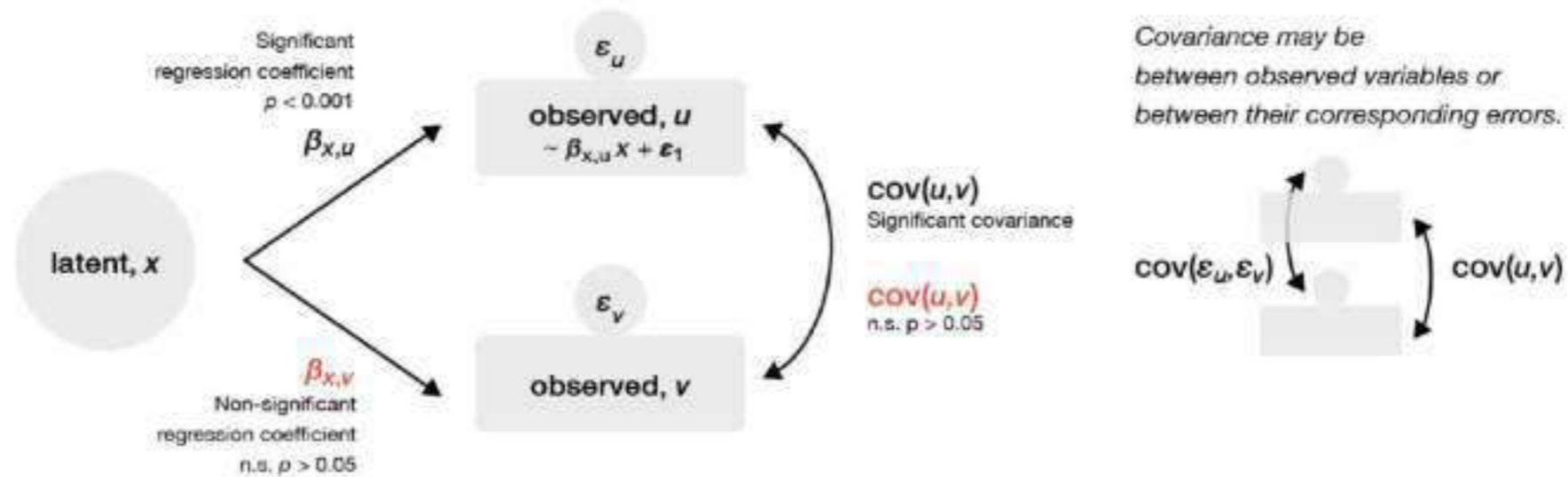
\*Reverse coded, higher score indicates lower levels of depression or anxiety

For sex variables Male = 0 Female = 1

Standard Errors:  $\textcircled{x} = \textcircled{\theta} \xrightarrow{\beta = x}$

## STATISTICAL ANALYSIS

Structural equation modelling was used to examine linear relationships using the Stata software (version 15.1).



**Table 1. Characteristics of participants (N=355)**

<i>Adolescent demographic profile</i>	
Age, Years, Mean (SD)	13.01 (0.12)
Sex = Female, n (%)	199 (54.0)
Weight, lbs, Mean (SD)	106.56 (22.90)
HEI score, Mean (SD)	57.61 (11.20)
Screen time, hours/week, Mean (SD)	11.84 (7.60)
Physically active days/week, n (%)	
0 days	31 ( 9.1)
1-3 days	120 ( 35.3)
4-6 days	118 (34.8)
<i>Parent demographic profile</i>	
Age, Years, Mean (SD)	45.95 (5.42)
Sex = Female, n (%)	285 (79.7)
Ethnicity (%)	
African American	5 ( 1.4)
Caucasian	126 (36.3)
Chinese	93 (26.8)
Other	48 (13.9)
South Asian	51 (14.7)
South East Asian	24 ( 6.9)
Annual household income (%)	
\$100,000 or higher	169 (48.2)
\$80,000 to \$99,999	29 ( 8.3)
\$70,000 to \$79,999	16 ( 4.6)
\$50,000 to \$69,999	28 ( 8.0)
Less than \$50,000	53 (15.1)
Marital status, n (%)	
Divorced	32 ( 9.1)
Married or common-law	301 (85.8)
Single	13 (3.7)
Prefer not to answer	5 (1.4)
Education, n (%)	
High school degree or less	27 ( 7.7)
Went to college	122 (34.8)
Bachelors degree or above	202 (57.5)
Employment (%)	
A homemaker	40 (11.4)
Currently not working	26 ( 7.4)
Employed for wages-full time	181 (51.7)
Employed for wages-part time	43 (12.3)
Self-employed	42 (12)

**Characteristics of participants (n = 355).**

<b>ADOLESCENT PROFILE</b>			
age (years)	13.01	0.12	$\mu, \sigma$
sex (female)	199	54	n, %
weight (lbs)	106.6	22.9	$\mu, \sigma$
HEI score	57.6	11.2	$\mu, \sigma$
screen time, hours/week	11.8	7.6	$\mu, \sigma$
physically active days/week			n, %
0 days	31	9.1	
1-3 days	120	35	
4-6 days	118	35	
<b>PARENT PROFILE</b>			
age (years)	45.9	5.4	$\mu, \sigma$
sex (female)	285	80	n, %
ethnicity			n, %
African American	5	1.4	
Caucasian	126	36.3	
Chinese	93	26.8	
South Asian	51	14.7	
South East Asian	24	6.9	
other	48	13.9	
annual household income			n, %
≥ \$100,000	169	48.2	
\$80,000 to \$99,999	29	8.3	
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\$50,000 to \$69,999	28	8.0	
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marital status			n, %
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high school degree or less	27	7.7	
employment			n, %
full-time wage	181	52	
part-time wage	43	12	
self-employed	42	12	
homemaker	40	11	
currently not working	26	7	

	Yes (%)	B	SE	Odds ratio	(95% CI)	P
<i>Are you concerned about Newcastle disease? (n= 398)*</i>						
Age						0.007
<24 years	5 (17.2)	0	-	1.00	-	
25-34 years	10 (28.6)	1.33	0.86	3.80	(0.8-27.6)	
35-44 years	22 (36.1)	1.37	0.82	3.92	(0.9-26.9)	
45-54 years	42 (43.8)	1.85	0.79	6.35	(1.7-42.0)	
55-64 years	36 (50.0)	2.03	0.80	7.62	(1.9-51.5)	
+65 years	63 (60.0)	2.24	0.79	9.39	(2.4-62.4)	
State						0.042
SA/WA	27 (31.8)	0	-	1.00	-	
NSW	58 (47.5)	0.59	0.35	1.80	(0.9-3.6)	
QLD	45 (47.4)	0.49	0.36	1.63	(0.8-3.3)	
TAS	15 (33.3)	-0.23	0.45	0.79	(0.3-1.9)	
VIC	29 (64.4)	1.04	0.45	2.82	(1.2-6.9)	
<i>Do you keep a written record of treatments given to your birds? (n= 398)*</i>						
Years owning poultry						0.006
1-5 years	19 (51.4)	0	-	1.00	-	
6-15 years	21 (28.4)	-1.54	0.51	0.21	(0.1-0.6)	
16-29 years	33 (45.2)	-0.75	0.49	0.47	(0.2-1.2)	
+30 years	70 (33.2)	-1.39	0.45	0.25	(0.1-0.6)	
Sex						0.066
Female	38 (44.2)	0	-	1.00	-	
Male	102 (33.9)	-0.56	0.30	0.57	(0.3-1.0)	
<i>Have you contacted a veterinarian in the past 12 months for the health of your birds?(n= 398)*</i>						
Years owning poultry						0.006
1-5 years	17 (45.9)	0	-	1.00	-	
6-15 years	22 (29.7)	-0.71	0.51	0.49	(0.2-1.3)	0.017
16-29 years	15 (20.5)	-1.44	0.54	0.24	(0.1-0.7)	
+30 years	38 (18.0)	-1.49	0.48	0.23	(0.1-0.6)	
Sex						
Female	34 (39.5)	0	-	1.00	-	
Male	54 (17.9)	-0.79	0.33	0.46	(0.2-0.9)	
State						0.040
SA/WA	13 (15.3)	0	-	1.00	-	
NSW	37 (30.3)	1.01	0.46	2.75	(1.1-6.6)	
QLD	17 (17.9)	0.18	0.47	1.19	(0.5-3.0)	
TAS	11 (24.4)	0.91	0.52	2.49	(0.9-7.1)	
VIC	14 (31.1)	1.03	0.51	2.79	(1.0-7.8)	

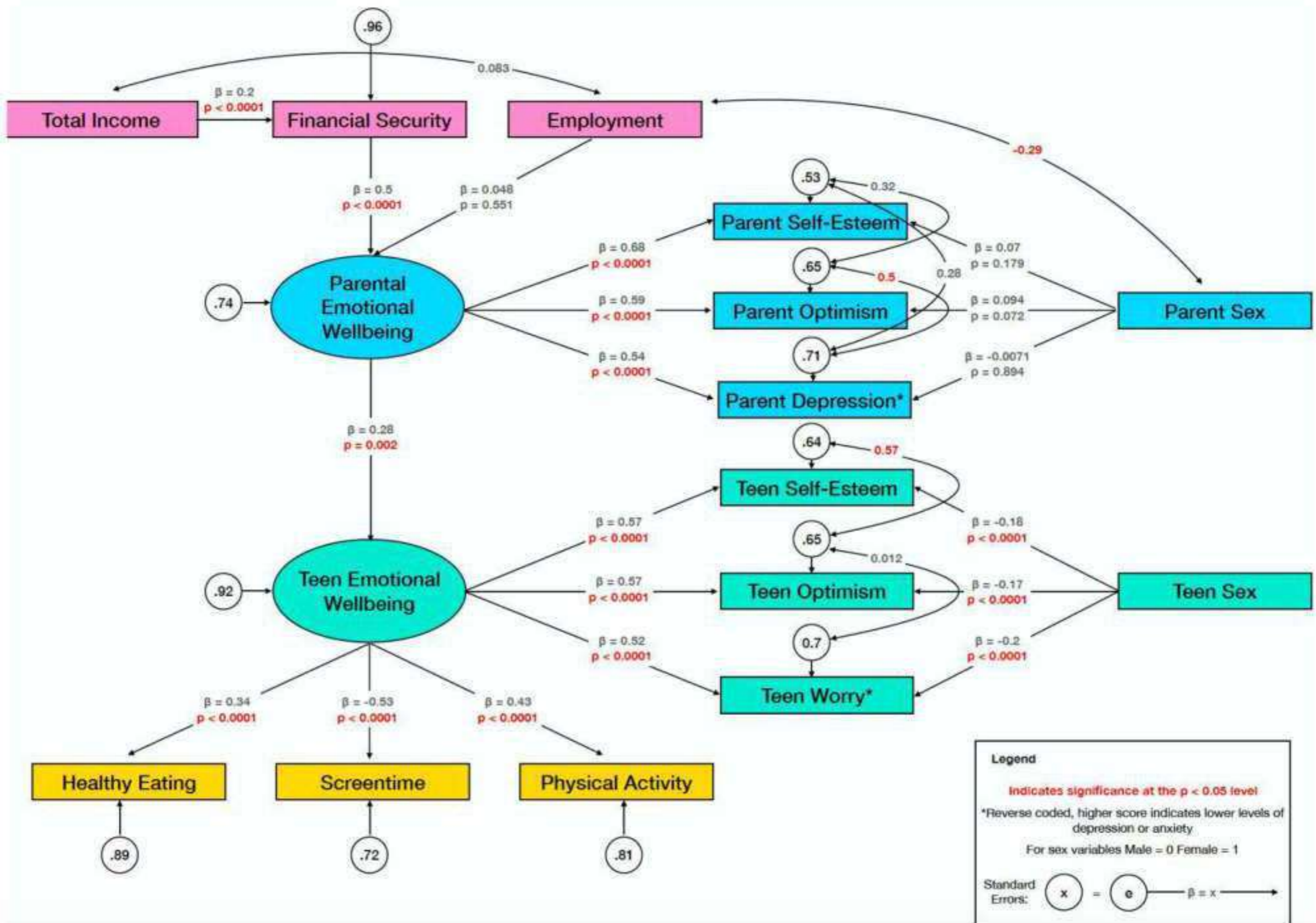
\* Number of exhibitors contributing to the regression model analysis.

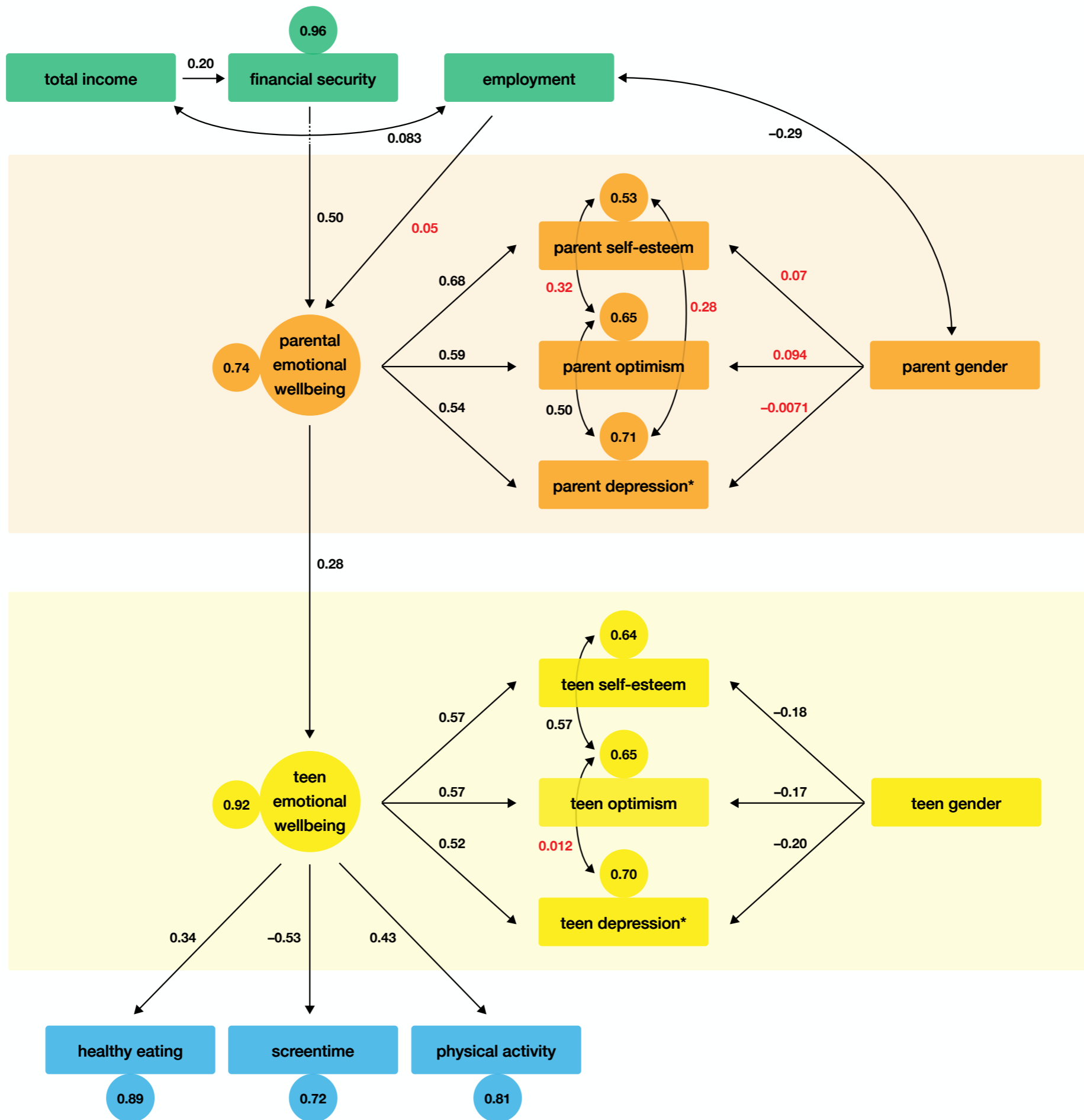
	<i>P</i>	Yes (%) †	$\beta$	$SE\beta$	OR	95% CI
<hr/>						
<i>Are you concerned about Newcastle disease?</i>		46.0				
<hr/>						
<i>Age (years)</i>	0.007					
≤24 ‡		17.2				
25–34		28.6	1.33	0.86	3.8	0.8 – 27.6
35–44		36.1	1.37	0.82	3.9	0.9 – 26.9
45–54		43.8	1.85	0.79	6.3	1.7 – 42.0
55–64		50.0	2.03	0.80	7.6	1.9 – 51.5
≥65		60.0	2.24	0.79	9.4	2.4 – 62.4
<i>State</i>	0.007					
SA/WA		31.8				
NSW		47.5	0.59	0.35	1.8	0.9 – 3.6
QLD		47.4	0.49	0.36	1.6	0.8 – 3.3
TAS		33.3	–0.23	0.45	0.8	0.3 – 1.9
VIC		64.4	1.04	0.45	2.8	1.2 – 6.9
<hr/>						
<i>Do you keep a written record of treatments given to your birds?</i>		35.2				
<hr/>						
<i>Years owning poultry</i>	0.006					
1–5		51.4				
6–15		28.4	–1.54	0.51	0.2	0.1 – 0.6
16–29		45.2	–0.75	0.49	0.5	0.2 – 1.2
≥30		33.2	–1.39	0.45	0.2	0.1 – 0.6
<i>Sex</i>	0.066					
Female		44.2				
Male		33.9	–0.56	0.30	0.6	0.3 – 1.0
<hr/>						
<i>Have you contacted a veterinarian in the past 12 months for the health of your birds?</i>		35.2				
<hr/>						
<i>Years owning poultry</i>	0.006					
1–5		45.9				
6–15		29.7	–0.71	0.51	0.5	0.2 – 1.3
16–29		20.5	–1.44	0.54	0.2	0.1 – 0.7
≥30		18.0	–1.49	0.48	0.2	0.1 – 0.6
<i>Sex</i>	0.017					
Female		39.5				
Male		17.9	–0.79	0.33	0.5	0.2 – 0.9
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SA/WA		15.3				
NSW		30.3	1.01	0.46	2.8	1.1 – 6.6
QLD		17.9	0.18	0.47	1.2	0.5 – 3.0
TAS		24.4	0.91	0.52	2.5	0.9 – 7.1
VIC		31.1	1.03	0.51	2.8	1.0 – 7.8

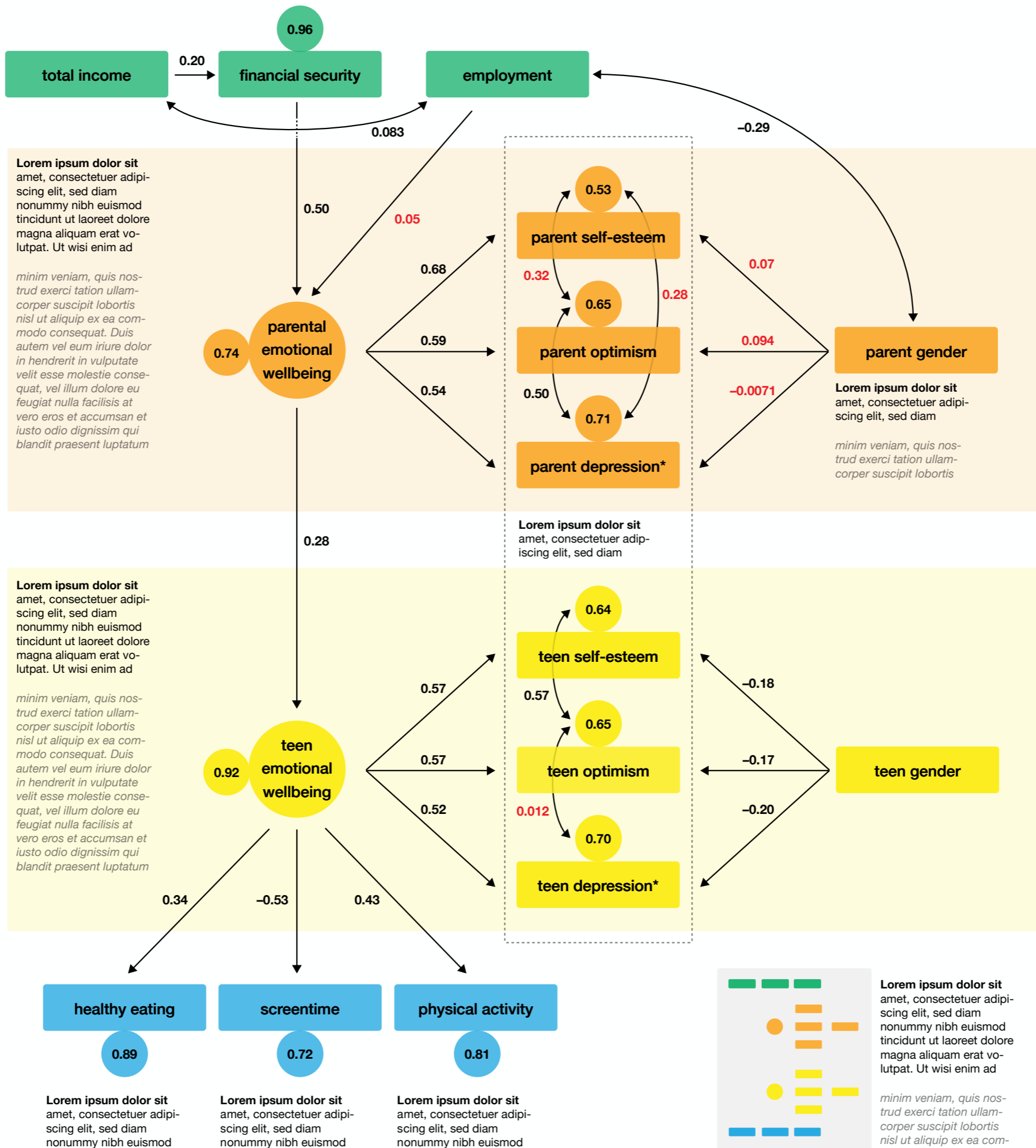
† Out of  $n = 398$  survey participants.

‡ For first factor level,  $\beta = 0$ , OR = 1,  $SE\beta$  and 95% CI are not defined.









# Exploring the impact of financial insecurity on adolescent health behaviors: How has COVID-19 influenced screen time, physical activity and diet quality?

Iyoma Y. Edache<sup>1</sup>, MSc Mark Pitblado<sup>2</sup> Sarah M. Hutchinson<sup>3</sup>, PhD Louise C. Mâsse<sup>1</sup>, PhD

<sup>1</sup>School of Population and Public Health <sup>2</sup>Department of Microbiology & Immunology <sup>3</sup>Department of Pediatrics, University of British Columbia

## OBJECTIVES

To investigate the link between financial security, parent and adolescent emotional wellbeing and adolescents' health behaviors during the COVID-19 pandemic.

## IMPLICATIONS

Study results highlight the role of emotional wellbeing in the pathway through which financial security impacts adolescent health behaviors. As public policy addressing financial security may indirectly improve adolescent health behaviors, our findings will inform COVID-19 public health priorities — specifically, family-based efforts to support and promote adolescent health behaviors and emotional wellbeing.

## BACKGROUND

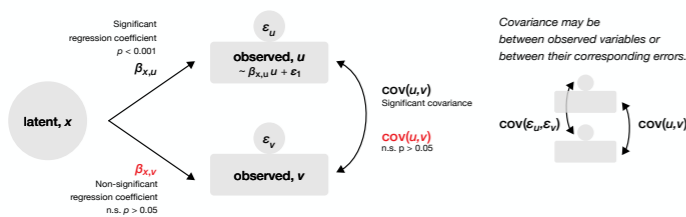
The COVID-19 pandemic disrupted Canadian families' daily routines and social interactions due to government-mandated physical distancing restrictions. Three out of 10 Canadians report that COVID-19 has negatively impacted their ability to meet financial obligations<sup>1</sup>. Health behaviors have also been impacted as physical activity has decreased while screen time and food consumption have increased<sup>2</sup>. Cumulatively, these disruptions have increased parent and adolescent emotional strain<sup>2</sup>.

## ANALYTICAL SAMPLE AND MEASURES

Parents and grade 7 student pairs ( $n = 355$ ) completed an online survey in May–June 2020, assessing family financial security, parent and teen emotional wellbeing (self-esteem, optimism, worry and depression) and teen health behaviors (screen time and physical activity). Adolescents completed three 24-hour dietary recalls using the ASA24 platform. Dietary quality was computed using the Healthy Eating Index (HEI)<sup>3</sup>, which evaluates compliance of reported intake with national dietary recommendations.

## STATISTICAL ANALYSIS

Structural equation modelling was used to examine linear relationships using the Stata software (version 15.1).



- 1 Statistics Canada's March 2020 Canadian Perspectives Survey Series
- 2 Carroll, N., Sadowski, A., Laila, A., Hruska, V., Nixon, M., Ma, D. W., & Haines, J. (2020). *Nutrients*, 12(8), 2352.
- 3 Guenther, P. M., Reedy, J., & Krebs-Smith, S. M. (2008). *Journal of the American Dietetic Association*, 108(11), 1896-1901

## Characteristics of participants (n = 355).

### ADOLESCENT PROFILE

age (years)	13.01	0.12	$\mu, \sigma$
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weight (lbs)	106.6	22.9	$\mu, \sigma$
HEI score	57.6	11.2	$\mu, \sigma$
screen time, hours/week	11.8	7.6	$\mu, \sigma$
physically active days/week			$n, \%$
0 days	31	9.1	
1-3 days	120	35	
4-6 days	118	35	

### PARENT PROFILE

age (years)	45.9	5.4	$\mu, \sigma$
sex (female)	285	80	$n, \%$
ethnicity			$n, \%$
African American	5	1.4	
Caucasian	126	36.3	
Chinese	93	26.8	
South Asian	51	14.7	
South East Asian	24	6.9	
other	48	13.9	

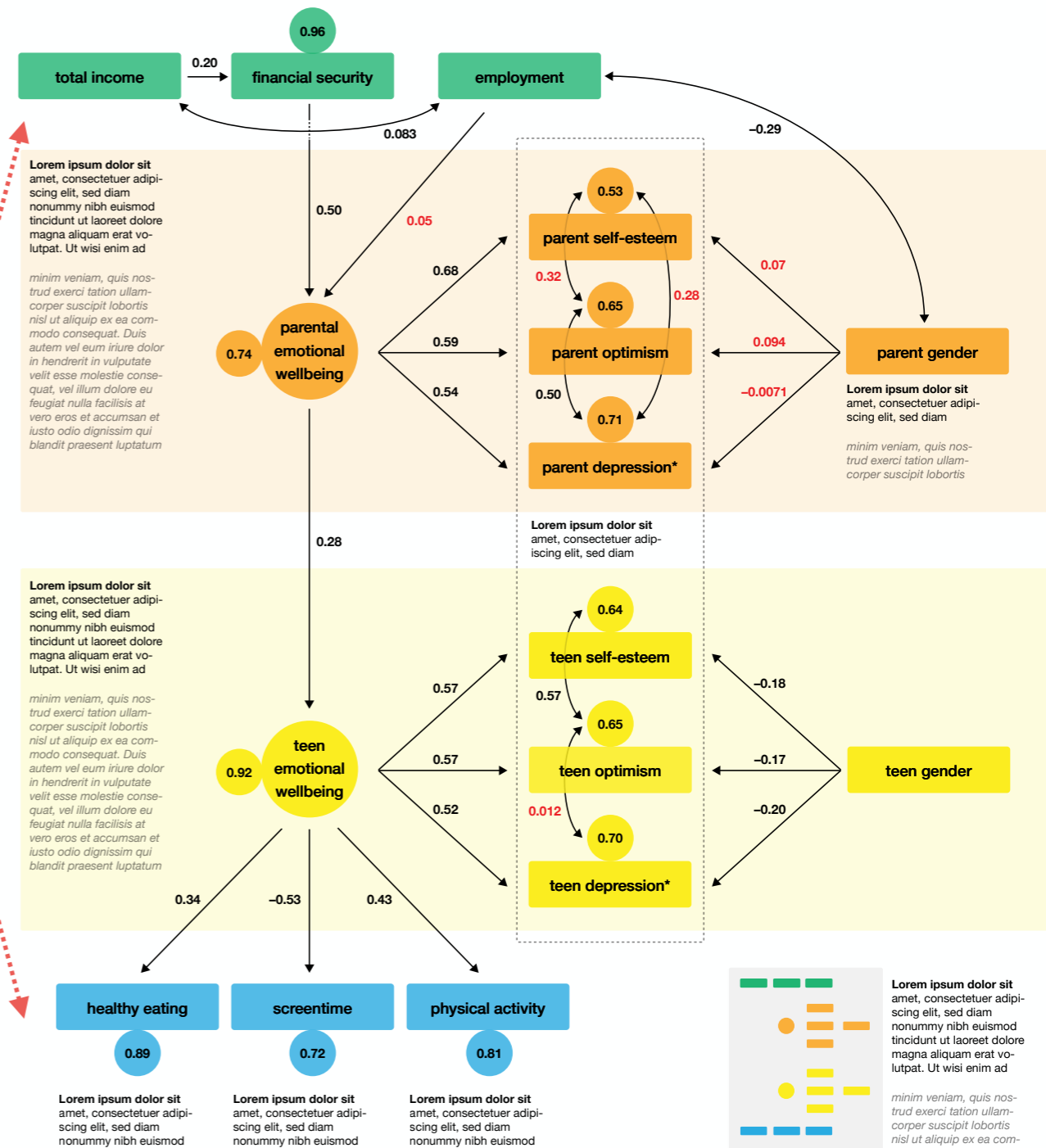
annual household income			$n, \%$
≥ \$100,000	169	48.2	
\$80,000 to \$99,999	29	8.3	
\$70,000 to \$79,999	16	4.6	
\$50,000 to \$69,999	28	8.0	
< \$50,000	53	15.1	

marital status			$n, \%$
married or common-law	301	85.8	
divorced	32	9.1	
single	13	3.7	
prefer not to answer	5	1.4	

education			$n, \%$
bachelors degree or above	202	57.5	
went to college	122	34.8	
high school degree or less	27	7.7	

employment			$n, \%$
full-time wage	181	52	
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self-employed	42	12	
homemaker	40	11	
currently not working	26	7	

## Associations between financial security, emotional wellbeing and adolescent health behaviors.



## METHODS

### Analytical sample and measures

Parents and grade 7 student pairs (N=355) completed an online survey in May–June 2020, assessing family financial security, parent and teen emotional wellbeing (self-esteem, optimism, worry and depression) and teen health behaviors (screen time and physical activity).

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South Asian	51 (14.7)
South East Asian	24 (6.9)
Annual household income (%)	
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\$70,000 to \$79,999	16 (4.6)
\$50,000 to \$69,999	28 (8.0)
Less than \$50,000	53 (15.1)
Marital status, n (%)	
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## IMPLICATIONS

Study results highlight the role of emotional wellbeing in the pathway through which financial security impacts adolescent health behaviors. As public policy addressing financial security may indirectly improve adolescent health behaviors, our findings will inform COVID-19 public health priorities — specifically, family-based efforts to support and promote adolescent health behaviors and emotional wellbeing.



THE UNIVERSITY OF BRITISH COLUMBIA

- (1) Statistics Canada's March 2020 Canadian Perspectives Survey Series
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### Acknowledgements



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# Exploring the impact of financial security on adolescent health behaviors: How has COVID-19 influenced...

Lyoma Y. Edache<sup>1</sup>, MSc Mark Pitblado<sup>2</sup> Sarah...

<sup>1</sup>School of Population and Public Health <sup>2</sup>Department of Microbiology & Immunology

## OBJECTIVES

To investigate the link between financial security, parent and adolescent emotional wellbeing and adolescents' health behaviors during the COVID-19 pandemic.

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Study results highlight the role of emotional wellbeing in the pathway through which financial security impacts adolescent health behaviors. As public policy addressing financial security may indirectly improve adolescent health behaviors, our findings will inform COVID-19 public health priorities — specifically, family-based efforts to support and promote adolescent health behaviors and emotional wellbeing.

## BACKGROUND

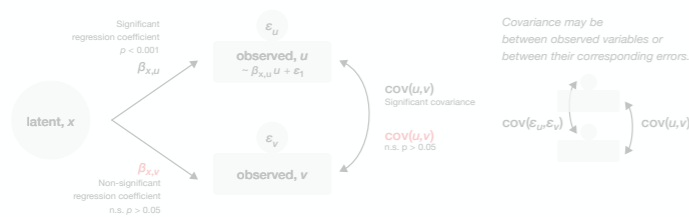
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## ANALYTICAL SAMPLE AND MEASURES

Parents and grade 7 student pairs ( $n = 355$ ) completed an online survey in May–June 2020, assessing family financial security, parent and teen emotional wellbeing (self-esteem, optimism, worry and depression) and teen health behaviors (screen time and physical activity). Adolescents completed three 24-hour dietary recalls using the ASA24 platform. Dietary quality was computed using the Healthy Eating Index (HEI)<sup>3</sup>, which evaluates compliance of reported intake with national dietary recommendations.

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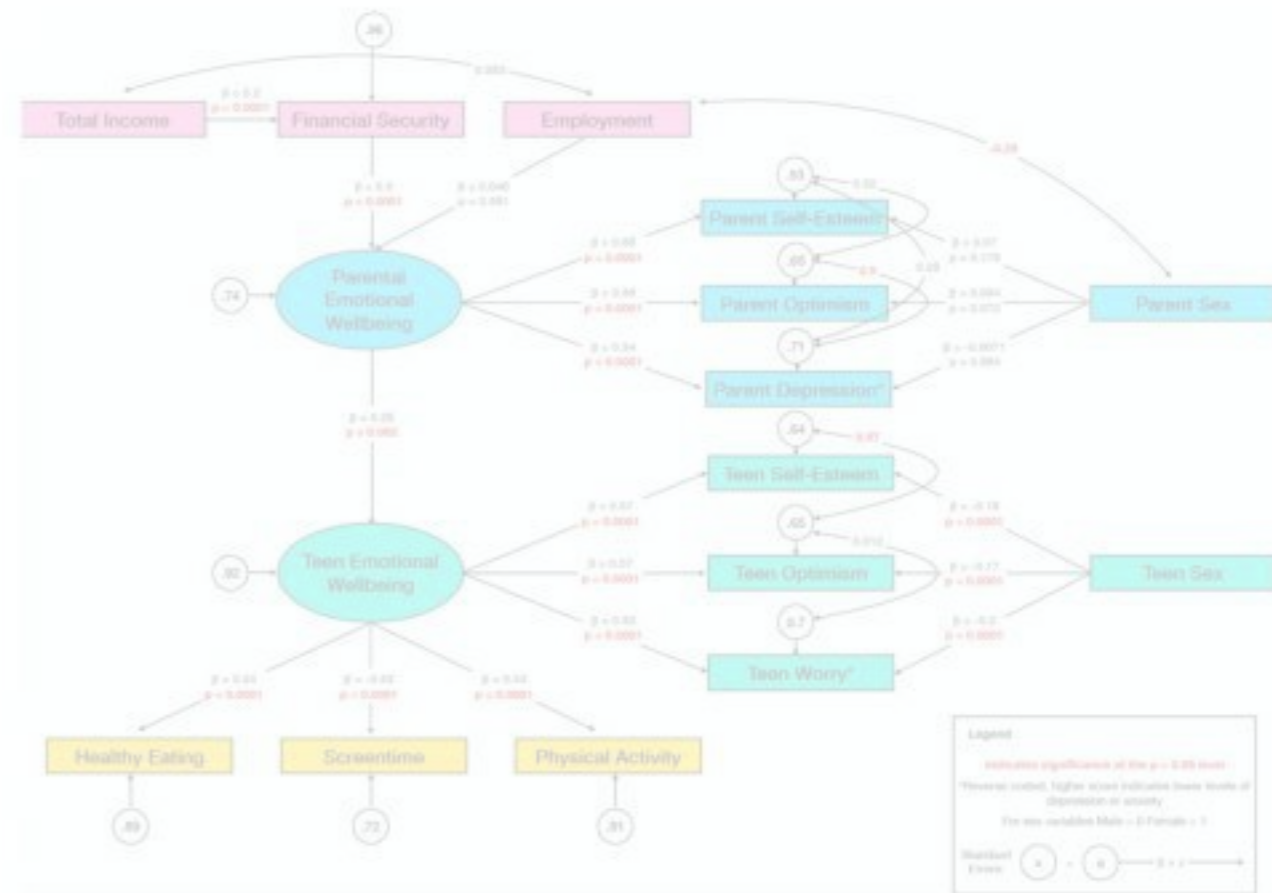
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- 3 Guenther, P. M., Reedy, J., & Krebs-Smith, S. M. (2008). *Journal of the American Dietetic Association*, 108(11), 1896-1901

# Adolescent health behaviors: How has COVID-19 influenced...

University of British Columbia, Department of Pediatrics<sup>3</sup>, University of British Columbia

## KEY FINDINGS

Figure 1. Associations between financial security, emotional wellbeing and adolescent health behaviors.



## IMPLICATIONS

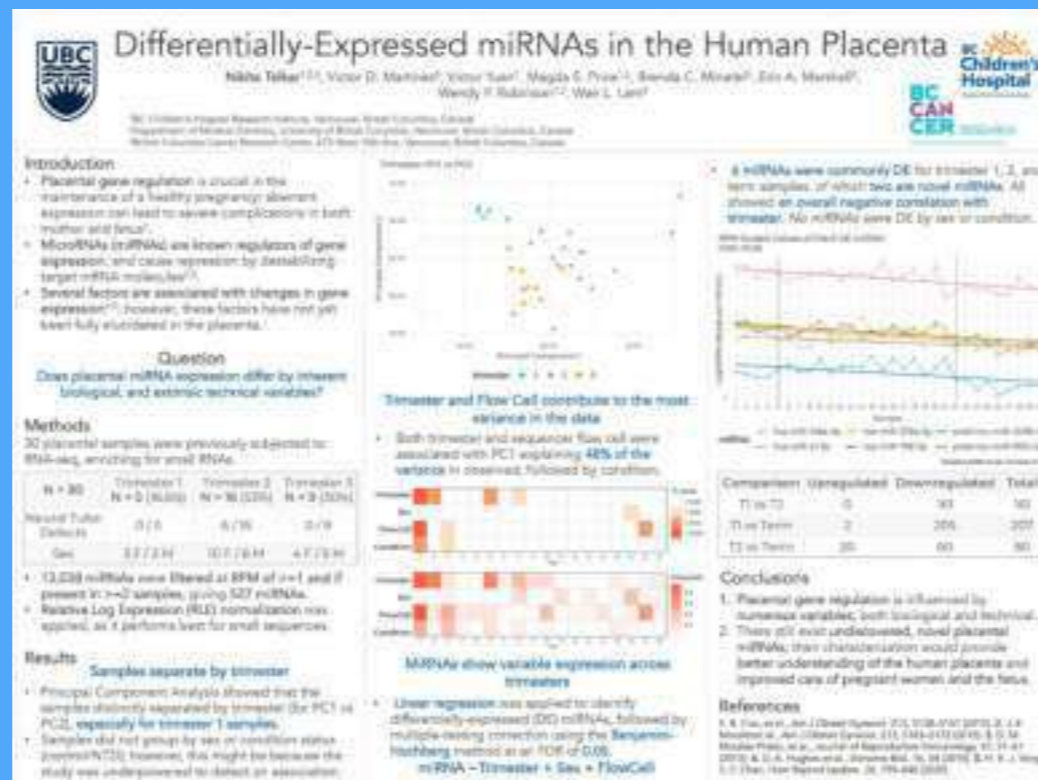
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## Acknowledgements



Canadian Institutes of Health Research / Institut de recherches en santé de Canada



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# Differentially-Expressed miRNAs in the Human Placenta

Nikita Telkar<sup>1,2,3</sup>, Victor D. Martinez<sup>3</sup>, Victor Yuan<sup>1</sup>, Magda E. Price<sup>1,2</sup>, Brenda C. Minatel<sup>3</sup>, Erin A. Marshall<sup>3</sup>, Wendy P. Robinson<sup>1,2</sup>, Wan L. Lam<sup>3</sup>

<sup>1</sup>BC Children's Hospital Research Institute, Vancouver, British Columbia, Canada  
<sup>2</sup>Department of Medical Genetics, University of British Columbia, Vancouver, British Columbia, Canada  
<sup>3</sup>British Columbia Cancer Research Centre, 675 West 10th Ave, Vancouver, British Columbia, Canada



## Introduction

- Placental gene regulation is crucial in the maintenance of a healthy pregnancy; aberrant expression can lead to severe complications in both mother and fetus<sup>1</sup>.
- MicroRNAs (miRNAs) are known regulators of gene expression, and cause repression by destabilizing target mRNA molecules<sup>2,3</sup>.
- Several factors are associated with changes in gene expression<sup>4,5</sup>; however, these factors have not yet been fully elucidated in the placenta.

## Question

Does placental miRNA expression differ by inherent biological, and extrinsic technical variables?

## Methods

30 placental samples were previously subjected to RNA-seq, enriching for small RNAs.

N = 30	Trimester 1 N = 5 (16.6%)	Trimester 2 N = 16 (53%)	Trimester 3 N = 9 (30%)
Neural Tube Defects	0/5	6/16	0/9
Sex	3 F/2 M	10 F/6 M	4 F/5 M

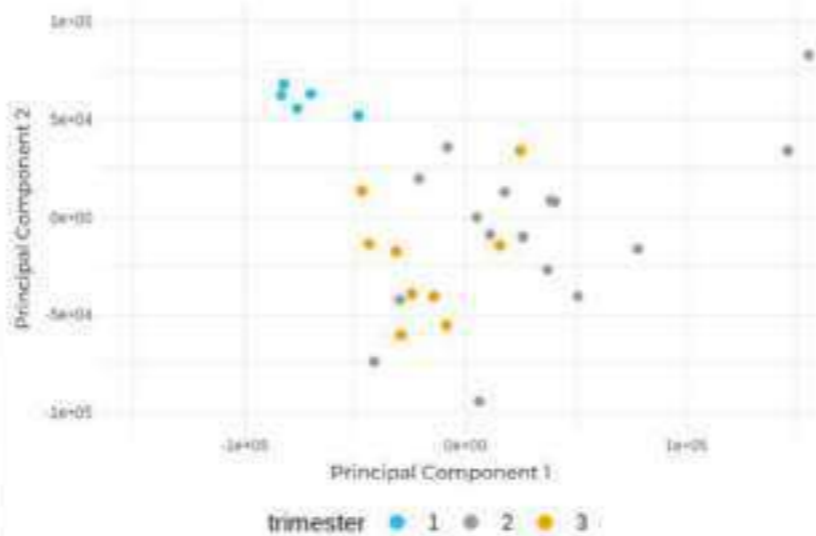
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## Results

### Samples separate by trimester

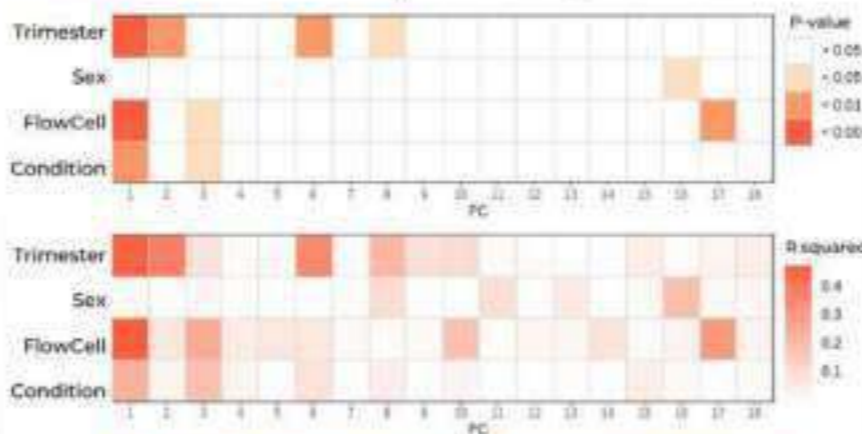
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- Both trimester and sequencer flow cell were associated with PC1 explaining 48% of the variance in observed, followed by condition.

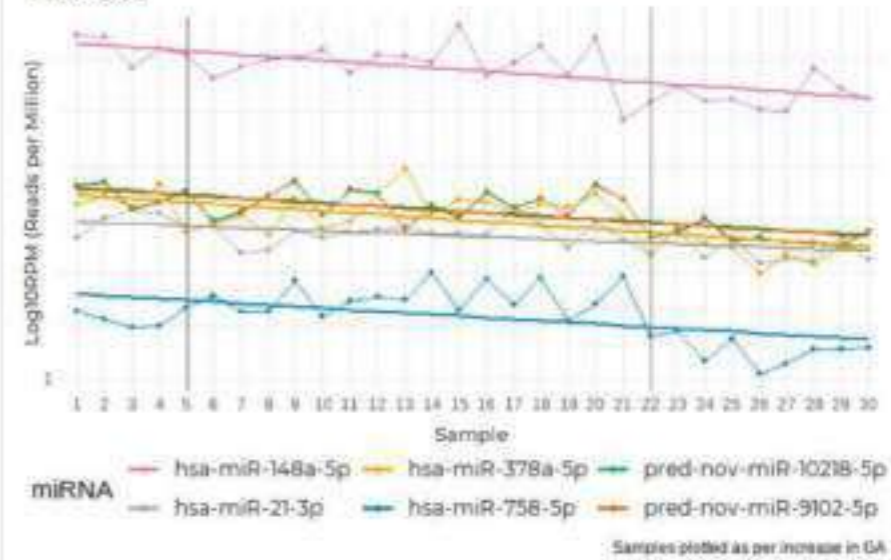


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 $miRNA \sim Trimester + Sex + FlowCell$

- 6 miRNAs were commonly DE for trimester 1, 2, and term samples, of which two are novel miRNAs. All showed an overall negative correlation with trimester. No miRNAs were DE by sex or condition.

RPM Scaled Values of the 6 DE miRNA  
FDR < 0.05



Comparison	Upregulated	Downregulated	Total
T1 vs T2	0	161	161
T1 vs Term	2	205	207
T2 vs Term	20	60	80

## Conclusions

- Placental gene regulation is influenced by numerous variables, both biological and technical.
- There still exist undiscovered, novel placental miRNAs; their characterization would provide better understanding of the human placenta and improved care of pregnant women and the fetus.

## References

1. B. Cox, et al., Am J Obstet Gynecol. 213, S138-S151 (2015). 2. J.-F. Mouilletet, et al., Am J Obstet Gynecol. 213, S163-S172 (2015). 3. D. M. Morales-Prieto, et al., Journal of Reproductive Immunology. 97, 51-61 (2013). 4. D. A. Hughes et al., Genome Biol. 16, 54 (2015). 5. H. E. J. Yong, S.-Y. Chan, Hum Reprod Update. 26, 799-840 (2020).



# Does placental miRNA expression differ by inherent biological and extrinsic technical variables?

**Yes, but it's more complicated than that.**



Nikita Telkar<sup>1,2,3</sup>, Victor D. Martinez<sup>3</sup>, Victor Yuan<sup>1</sup>, Magda E. Price<sup>1,2</sup>, Brenda C. Minatel<sup>3</sup>, Erin A. Marshall<sup>3</sup>, Wendy P. Robinson<sup>1,2</sup>, Wan L. Lam<sup>3</sup>

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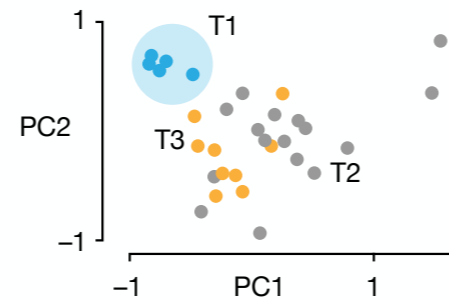
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trimester	n	sex	sex		neural tube defects
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1	5 17%	3	2	0	
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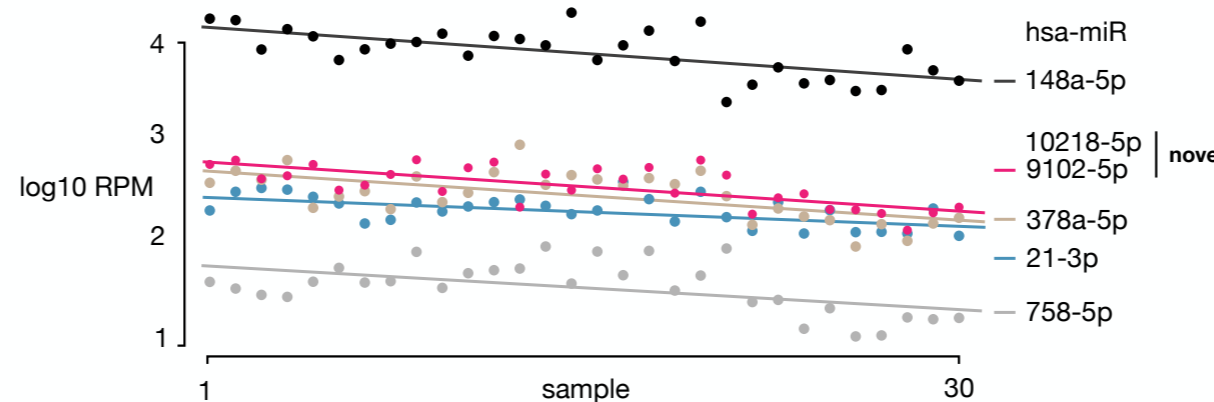
527/13,038 miRNAs were present in more than one sample with RPM  $\geq 1$ . Relative Log Expression (RLE) normalization was applied, which performs best for small sequences.

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Samples distinctly separate by trimester, especially for T1.  
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## MIRNAS SHOW VARIABLE EXPRESSION ACROSS TRIMESTERS



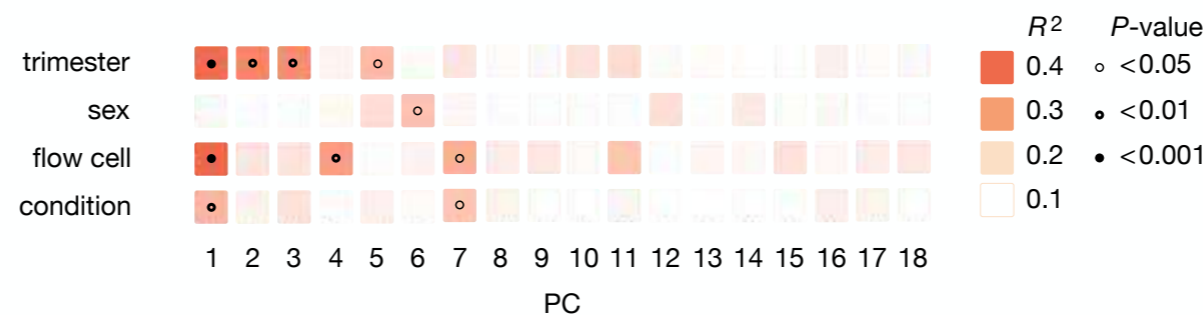
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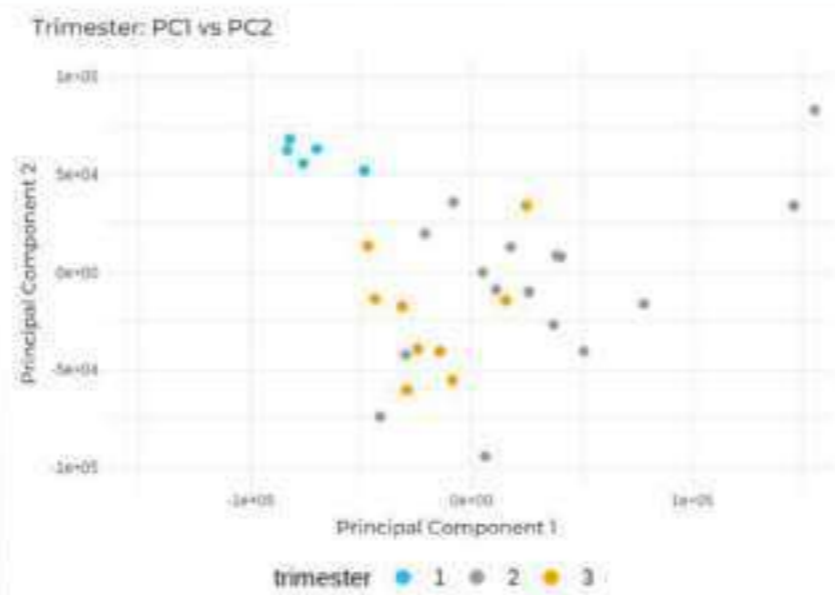
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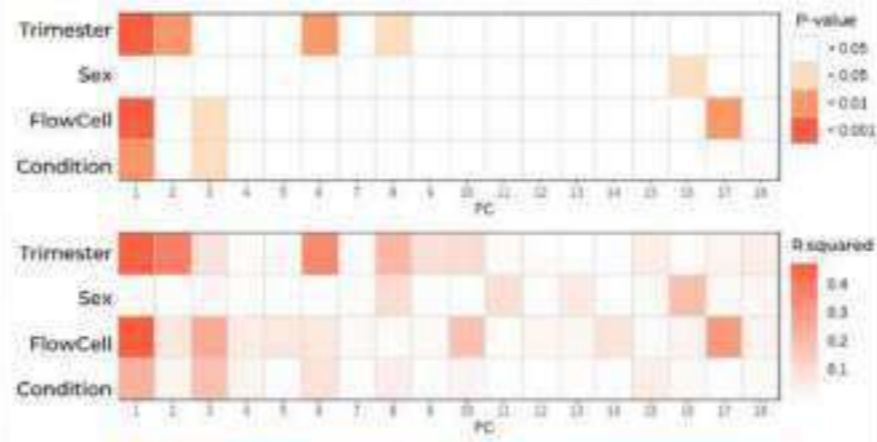
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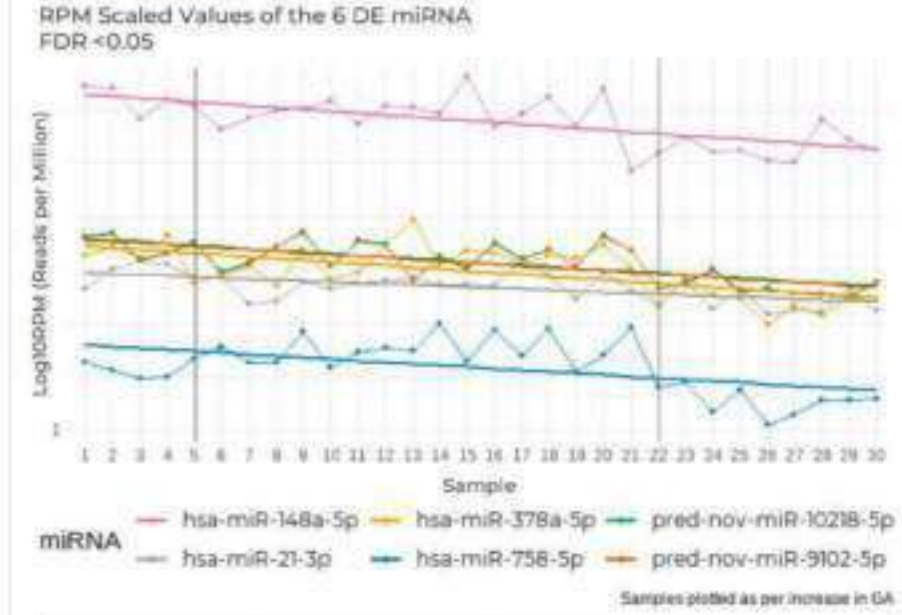
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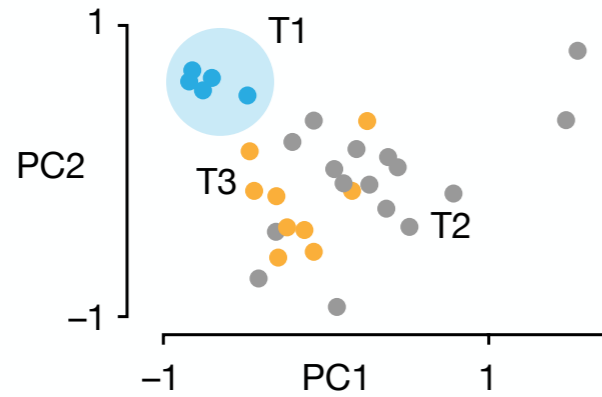


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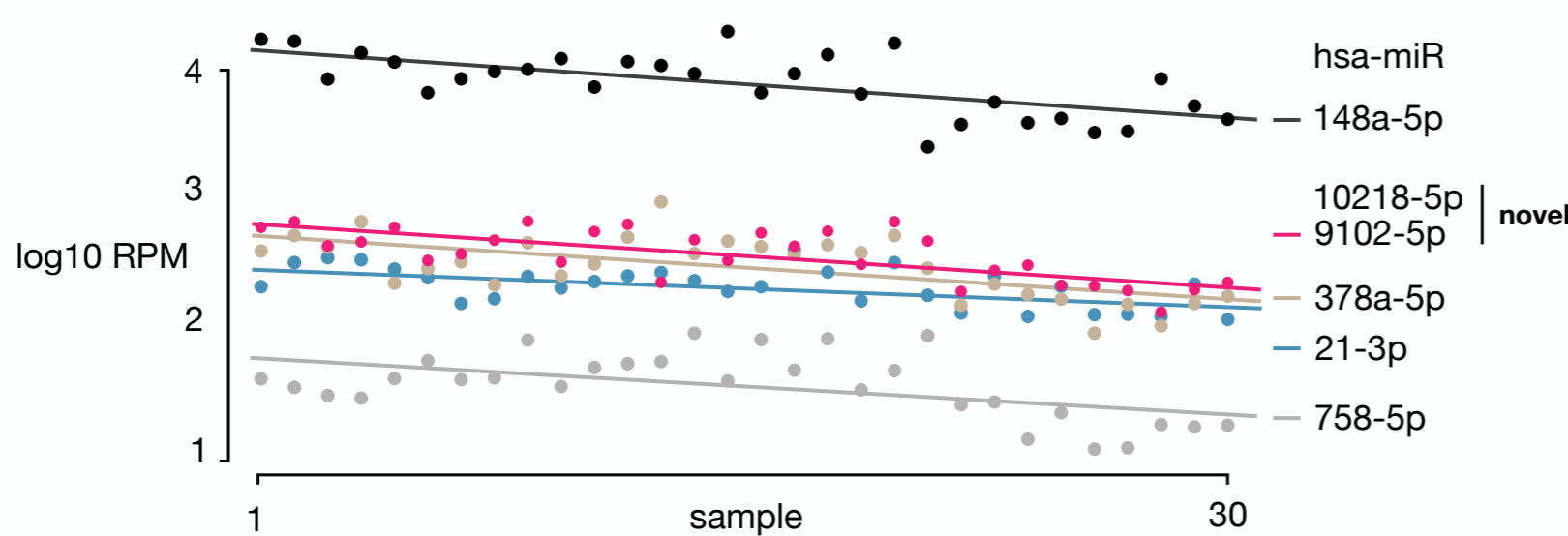
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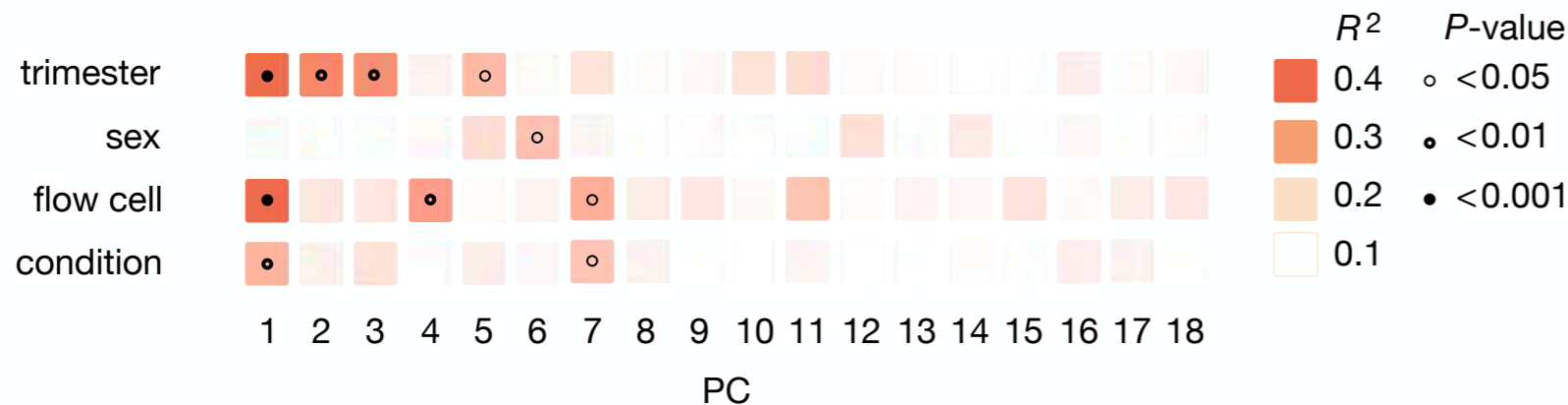
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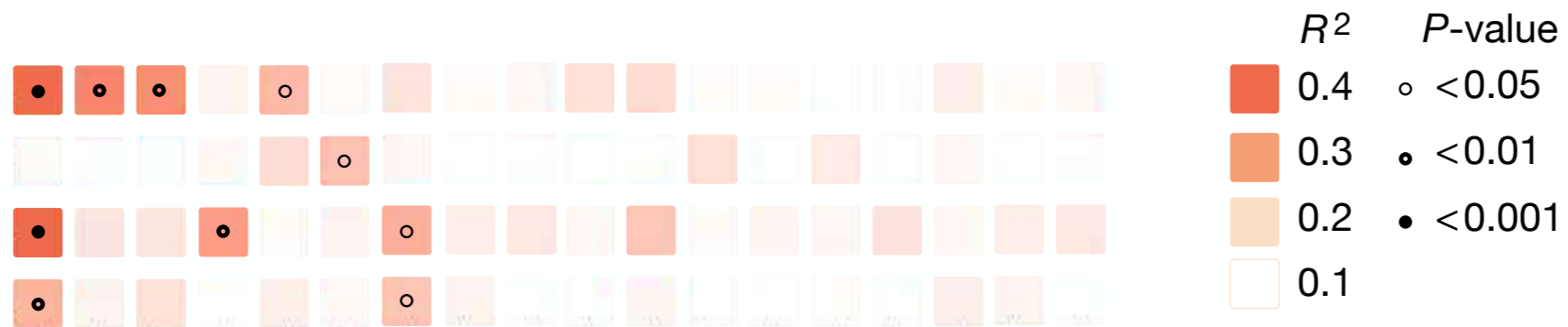
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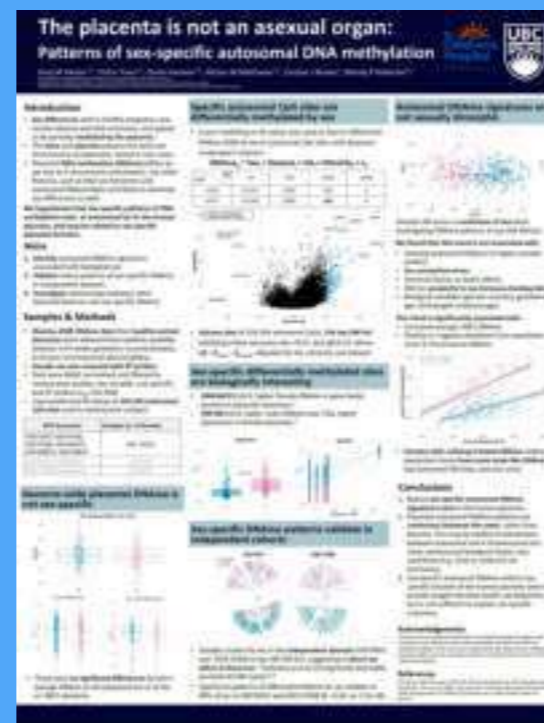
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# ink-heavy templates shout over data

explain the science, brand later (or never)



# The placenta is not an asexual organ: Patterns of sex-specific autosomal DNA methylation

Amy M Inkster<sup>1,2</sup>, Victor Yuan<sup>1,2</sup>, Chaini Konwar<sup>1,2</sup>, Allison M Matthews<sup>1,3</sup>, Carolyn J Brown<sup>2</sup>, Wendy P Robinson<sup>1,2</sup>

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## THE PLACENTA IS NOT AN ASEXUAL ORGAN Patterns of sex-specific autosomal DNA methylation

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### SEX-SPECIFIC PATTERNS OF DNA METHYLATION

Sex differences exist in healthy pregnancy and certain adverse perinatal outcomes, and appear to be partially mediated by the placenta<sup>1</sup>.

The fetus and placenta possess the same sex chromosome complement, except in rare cases.

Placental DNA methylation (DNAm) differs by sex due to X chromosome inactivation, but other features, such as fetal sex hormones and autosomal DNAm likely contribute to placental sex differences as well.

We hypothesize that sex-specific patterns of DNA methylation exist at autosomal loci in the human placenta, and may be related to sex-specific placental function.

### ROBUST SEX-SPECIFIC AUTOSOMAL DNAm SIGNATURES EXIST IN THE HUMAN PLACENTA.

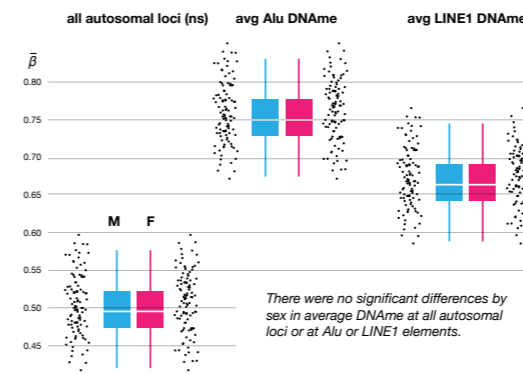
Placental autosomal DNAm patterns are continuous between the sexes, rather than discrete. This may be related to interactions between autosomal and X chromosomal loci; other unmeasured biological factors may contribute (e.g. Fetal or maternal sex hormones).

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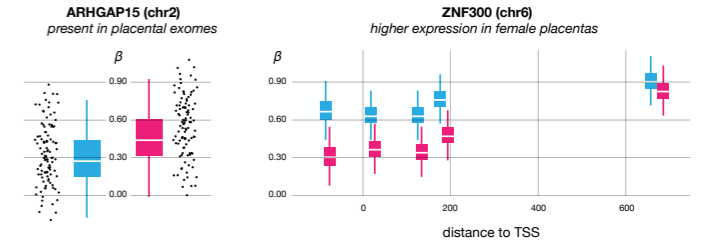
Sex-specific autosomal DNAm reflects sex-specific function of the human placenta and may provide insight into fetal health sex disparities, but is not sufficient to explain sex-specific outcomes.

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### Genome-wide placental DNAm is not sex-specific

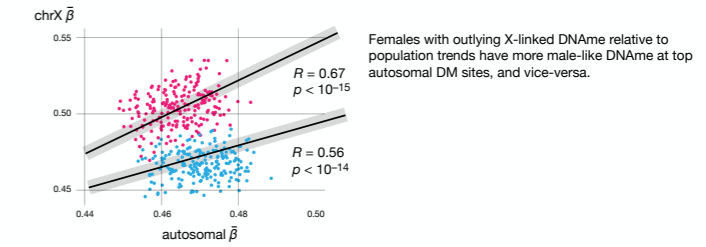
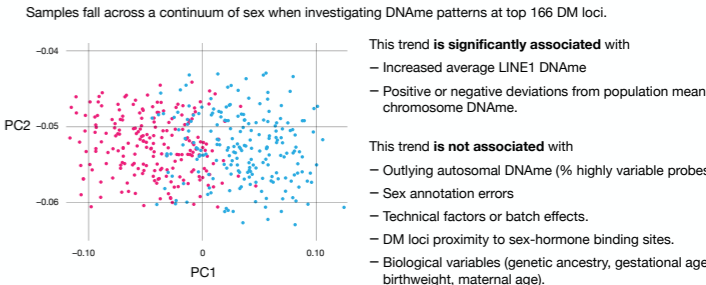


### Sex-specific differentially methylated sites are biologically interesting



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### Autosomal DNAm signatures are not sexually dimorphic



### Samples & Methods

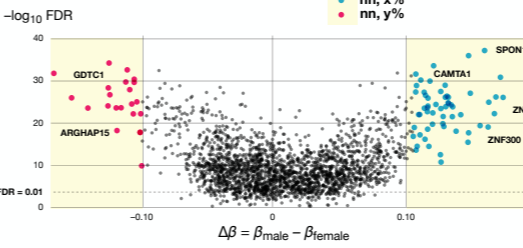
ILLUMINA 450K DNAm DATA FROM HEALTHY NORMAL PLACENTAS WERE OBTAINED FROM PUBLICLY AVAILABLE DATASETS (>37 WEEKS GESTATION, NO PRE-ECLAMPSIA, NO KNOWN CHROMOSOMAL ABNORMALITIES). SAMPLE SEX WAS ASSESSED WITH XY PROBES. DATA WERE BMIQ NORMALIZED AND FILTERED TO REMOVE POOR QUALITY, NON-VARIABLE, NON-SPECIFIC, AND XY PROBES (nfilter=161,408). LOG-TRANSFORMED M VALUES AT 324,104 AUTOSOMAL CpG SITES USED IN DOWNSTREAM ANALYSIS.

### Specific autosomal CpG sites are differentially methylated by sex

DNAm<sub>ij</sub> ~ sex<sub>j</sub> + dataset<sub>i</sub> + GA<sub>i</sub> + ethnicity<sub>i</sub> +  $\epsilon_{ij}$   
324,104 autosomal CpGs. Adjusted for GA, ethnicity, and dataset.

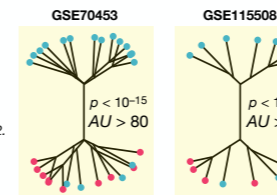
FDR	$\Delta\beta$	> 0	> 5%	> 10%	> 20%
< 0.05	24,715	2,942	166	4	
< 0.01	14,108	2,682	166	4	

• nn, x%  
• nn, y%



### Sex-specific DNAm patterns validate in independent cohorts

Samples cluster by sex in two independent datasets at top 166 DM loci, suggesting a robust sex effect at these loci. P-value from sigClust2. Cluster stable (pvclust) at AU > 80. Significant patterns of differential DNAm by sex validate at 90% of loci in GSE70453 and GSE115508 (FC = 0.62, p < 2.2e-16).

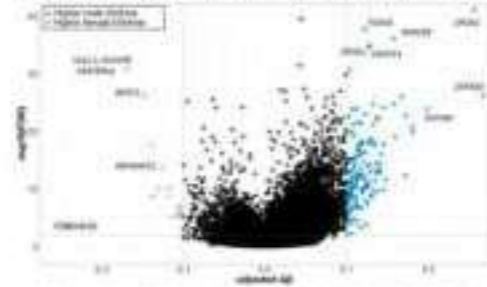


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Linear modelling on M-values was used to test for differential DNAm (DM) by sex at autosomal CpG sites, with Bayesian moderated t-statistics.

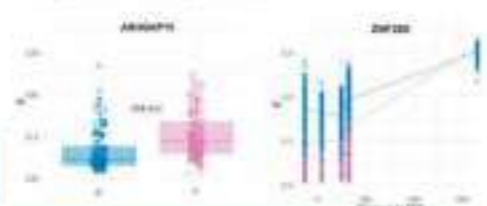
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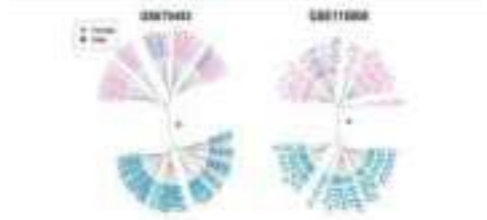


### Sex-specific differentially methylated sites are biologically interesting

• ARHGAP15 (chr2, higher female DNAm in gene body) present in placental exomes.<sup>2</sup>  
• ZNF300 (chr6, higher male DNAm near TSS), higher expression in female placentas.<sup>3</sup>



### Sex-specific DNAm patterns validate in independent cohorts



• Samples cluster by sex in two independent datasets (GSE70453 and GSE115508) at top 166 DM loci, suggesting a robust sex effect at these loci. \*Indicates p < 2.2e-16 (sigClust2) and stable (pvclust) AU > 80 cluster.<sup>1,4</sup>  
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### Autosomal DNAm signatures are not sexually dimorphic

Samples fall across a continuum of sex when investigating DNAm patterns at top 166 DM loci.

We found that this trend is not associated with:

- Outlying autosomal DNAm (% highly variable probes)
- Sex annotation errors
- Technical factors or batch effects.
- DM loci proximity to sex-hormone binding sites.
- Biological variables (genetic ancestry, gestational age, birthweight, maternal age).

This trend is significantly associated with:

- Increased average LINE1 DNAm
- Positive or negative deviations from population mean X chromosome DNAm.



• Females with outlying X-linked DNAm relative to population trends have more male-like DNAm at top autosomal DM sites, and vice-versa.

### Conclusions

- Robust sex-specific autosomal DNAm signatures exist in the human placenta.
- Placental autosomal DNAm patterns are continuous between the sexes, rather than discrete. This may be related to interactions between autosomal and X chromosomal loci; other unmeasured biological factors may contribute (e.g. fetal or maternal sex hormones).
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### Acknowledgements

Thank you to all patients and families who kindly donated samples, and members of the Robinson Lab, especially WPR, VY, MSP, and GDG for valuable feedback. This work was supported by the Department of Medical Genetics (UM) and the Canadian Institutes of Health Research (CIHR) (146150-110001).

### References

[1] Clifton 2010. Placenta 21:S33-S39. [2] Teschendorff et al. 2013. Bioinformatics 29:189-96. [3] Liu et al. 2008. J Am Stat Assoc 103:1281. [4] Suzuki & Shimodaira 2006. Bioinformatics 22:1540-42. [5] Kuleshov et al. 2016. Nucleic Acids Res gkw377.

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### Aims

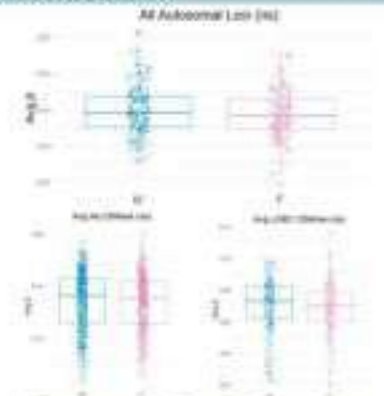
- Identify autosomal DNAm signatures associated with biological sex
- Validate robust patterns of sex-specific DNAm in independent datasets
- Investigate relationships between other placental features and sex-specific DNAm

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GEO Accession	Samples (n, % female)
GSE73375, GSE74738, GSE75248, GSE750237, GSE100857, GSE128827	341 (53%)
GSE70453 (validation)	72 (47%)
GSE115508 (validation)	44 (51%)

### Genome-wide placental DNAm is not sex-specific



There were no significant differences by sex in average DNAm at all autosomal loci or at Alu or LINE1 elements.

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# The placenta is not an asexual organ: Patterns of sex-specific autosomal DNA methylation



Amy M Inkster<sup>1,2</sup>, Victor Yuan<sup>1,2</sup>, Chaiti Konwar<sup>1,2</sup>, Allison M Matthews<sup>1,2</sup>, Carolyn J Brown<sup>2</sup>, Wendy P Robinson<sup>1,2</sup>  
<sup>1</sup>BC Children's Hospital Research Institute, Vancouver, British Columbia, Canada  
<sup>2</sup>Department of Medical Genetics, University of British Columbia, Vancouver, British Columbia, Canada  
<sup>3</sup>Department of Pathology and Laboratory Medicine, University of British Columbia, Vancouver, British Columbia, Canada

## Introduction

- Sex differences exist in healthy pregnancy and certain adverse perinatal outcomes, and appear to be partially mediated by the placenta.<sup>1</sup>
- The fetus and placenta possess the same sex chromosome complement, except in rare cases.
- Placental DNA methylation (DNAm) differs by sex due to X chromosome inactivation, but other features, such as fetal sex hormones and autosomal DNAm likely contribute to placental sex differences as well.

We hypothesize that sex-specific patterns of DNA methylation exist at autosomal loci in the human placenta, and may be related to sex-specific placental function.

## Aims

- Identify autosomal DNAm signatures associated with biological sex
- Validate robust patterns of sex-specific DNAm in independent datasets
- Investigate relationships between other placental features and sex-specific DNAm

## Samples & Methods

- Illumina 450K DNAm data from healthy normal placentas were obtained from publicly available datasets (>37 weeks gestation, no preeclampsia, no known chromosomal abnormalities).
- Sample sex was assessed with XY probes.
- Data were BMIQ normalized and filtered to remove poor quality, non-variable, non-specific, and XY probes ( $n_{cpG}$  = 161,408).
- Log-transformed M values at 324,104 autosomal CpG sites used in downstream analysis.

GEO Accession	Samples (n, % female)
GSE73375, GSE74738, GSE75348, GSE100197, GSE100851, GSE128827	341 (51%)
GSE70453 (unpublished)	95 (67%)
GSE115508 (unpublished)	86 (45%)

## Genome-wide placental DNAm is not sex-specific

- There were no significant differences by sex in average DNAm at all autosomal loci or at Alu or LINE1 elements.

## Specific autosomal CpG sites are differentially methylated by sex

- Linear modelling on M-values was used to test for differential DNAm (DM) by sex at autosomal CpG sites, with Bayesian-moderated t-statistics.

$$DNAm_{ij} \sim Sex_i + Dataset_j + GA_i + Ethnicity_i + \epsilon_{ij}$$

DM	$\Delta\beta$	n=0	n=50	n=100	n=200
<0.05		24,715	2,042	395	8
>0.05		14,938	2,042	166	4

- Volcano plot of 324,104 autosomal CpGs, 166 top DM loci satisfying a false discovery rate <0.01, and  $\Delta\beta > 0.10$ , where  $\Delta\beta = \beta_{female} - \beta_{male}$ . Adjusted for GA, ethnicity, and dataset.

## Sex-specific differentially methylated sites are biologically interesting

- ANKRD15 (chr2, higher female DNAm in gene body) present in placental exosomes.<sup>3</sup>
- ZNF300 (chr6, higher male DNAm near TSS, higher expression in female placentas.<sup>4</sup>

- Samples cluster by sex in two independent datasets GSE70453 and GSE115508 at top 166 DM loci, suggesting a robust sex effect at these loci. \*Indicates  $p < 2.2e-16$  (sigClust2) and stable (sigClust) AU>80 cluster.<sup>1,4</sup>
- Significant patterns of differential DNAm by sex validate at 90% of loci in GSE70453 and GSE115508 ( $R = 0.62$ ,  $p < 2.2e-16$ ).

## Autosomal DNAm signatures are not sexually dimorphic

Samples fall across a continuum of sex when investigating DNAm patterns at top 166 DM loci.

We found that this trend is not associated with:

- Outlying autosomal DNAm (% highly variable probes)
- Sex annotation errors
- Technical factors or batch effects
- DM loci proximity to sex-hormone binding sites
- Biological variables (genetic ancestry, gestational age, birthweight, maternal age).

This trend is significantly associated with:

- Increased average LINE1 DNAm
- Positive or negative deviations from population mean X chromosome DNAm.

- Females with outlying X-linked DNAm relative to population trends have more male-like DNAm at top autosomal DM sites, and vice-versa.

## Conclusions

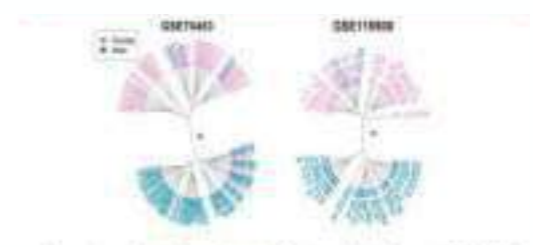
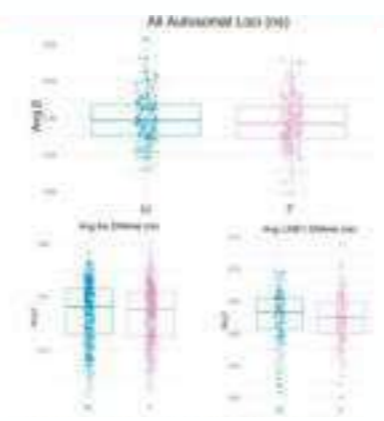
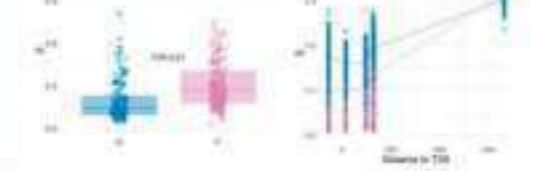
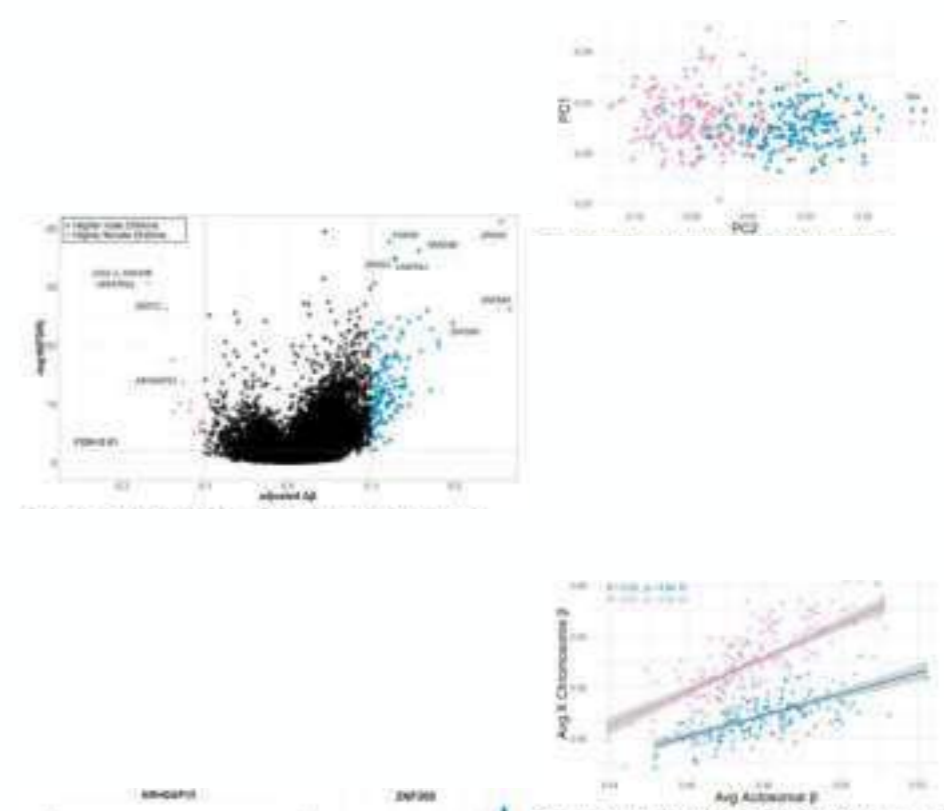
- Robust sex-specific autosomal DNAm signatures exist in the human placenta.
- Placental autosomal DNAm patterns are continuous between the sexes, rather than discrete. This may be related to interactions between autosomal and X-chromosomal loci; other unmeasured biological factors may contribute (e.g. Fetal or maternal sex hormones).
- Sex-specific autosomal DNAm reflects sex-specific function of the human placenta and may provide insight into fetal health sex disparities, but is not sufficient to explain sex-specific outcomes.

## Acknowledgements

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## References

[1] Oken JE, Placenta (1:103-108), [2] Teichgraber et al. 2015. *Development* 142:104-110. [3] Liu et al. 2006. *J Am Stat Assoc* 101:1211. [4] Hsu et al. 2015. *Development* 142:1149-1150. [5] Kulkarni et al. 2014. *Nature Med* 10:1171.



# THE PLACENTA IS NOT AN ASEXUAL ORGAN

## Patterns of sex-specific autosomal DNA methylation

Amy M Inkster<sup>1,2</sup>, Victor Yuan<sup>1,2</sup>, Chaini Konwar<sup>1,2</sup>, Allison M Matthews<sup>1,3</sup>, Carolyn J Brown<sup>2</sup>, Wendy P Robinson<sup>1,2</sup>

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### SEX-SPECIFIC PATTERNS OF DNA METHYLATION

Sex differences exist in healthy pregnancy and certain adverse perinatal outcomes, and appear to be partially mediated by the placenta<sup>1</sup>.

The fetus and placenta possess the same sex chromosome complement, except in rare cases.

Placental DNA methylation (DNAm) differs by sex due to X chromosome inactivation, but other features, such as fetal sex hormones and autosomal DNAm likely contribute to placental sex differences as well.

We hypothesize that sex-specific patterns of DNA methylation exist at autosomal loci in the human placenta, and may be related to sex-specific placental function.

### ROBUST SEX-SPECIFIC AUTOSOMAL DNAm SIGNATURES EXIST IN THE HUMAN PLACENTA.

Placental autosomal DNAm patterns are continuous between the sexes, rather than discrete. This may be related to interactions between autosomal and X chromosomal loci; other unmeasured biological factors may contribute (e.g. Fetal or maternal sex hormones).

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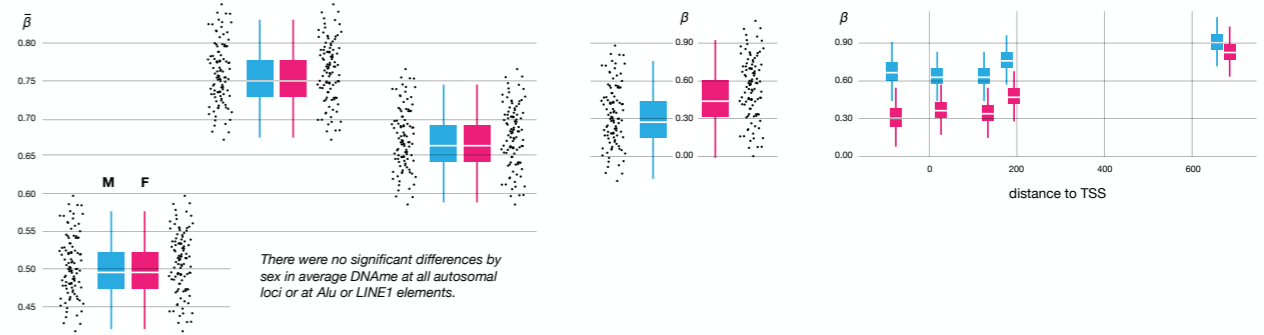
### Genome-wide placental DNAm is not sex-specific

all autosomal loci (ns)      avg Alu DNAm      avg LINE1 DNAm

### Sex-specific differentially methylated sites are biologically interesting

**ARHGAP15 (chr2)**  
present in placental exomes

**ZNF300 (chr6)**  
higher expression in female placentas



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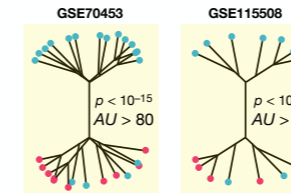
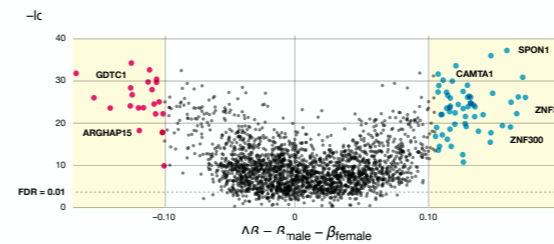
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This trend is **not associated** with  
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DNAm<sub>ij</sub> ~ sex<sub>i</sub> + dataset<sub>j</sub> + GA<sub>i</sub> + ethnicity<sub>i</sub> + ε<sub>ij</sub>  
 324,104 autosomal CpGs. Adjusted for GA, ethnicity, and dataset.

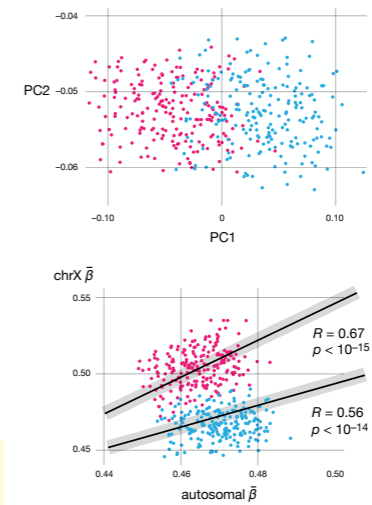
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Samples cluster by sex in two independent datasets at top 166 DM loci, suggesting a robust sex effect at these loci. P-value from sigClust2. Cluster stable (pvclust) at AU > 80. Significant patterns of differential DNAm by sex validate at 90% of loci in GSE70453 and GSE115508 (R = 0.62, p < 2.2e-16).

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## THE PLACENTA IS NOT AN ASEXUAL ORGAN Patterns of sex-specific autosomal DNA methylation

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### Conclusions

1. Robust sex-specific autosomal DNAm signatures exist in the human placenta.
2. Placental autosomal DNAm patterns are continuous between the sexes, rather than discrete. This may be related to interactions between autosomal and X chromosomal loci; other unmeasured biological factors may contribute (e.g. Fetal or maternal sex hormones).
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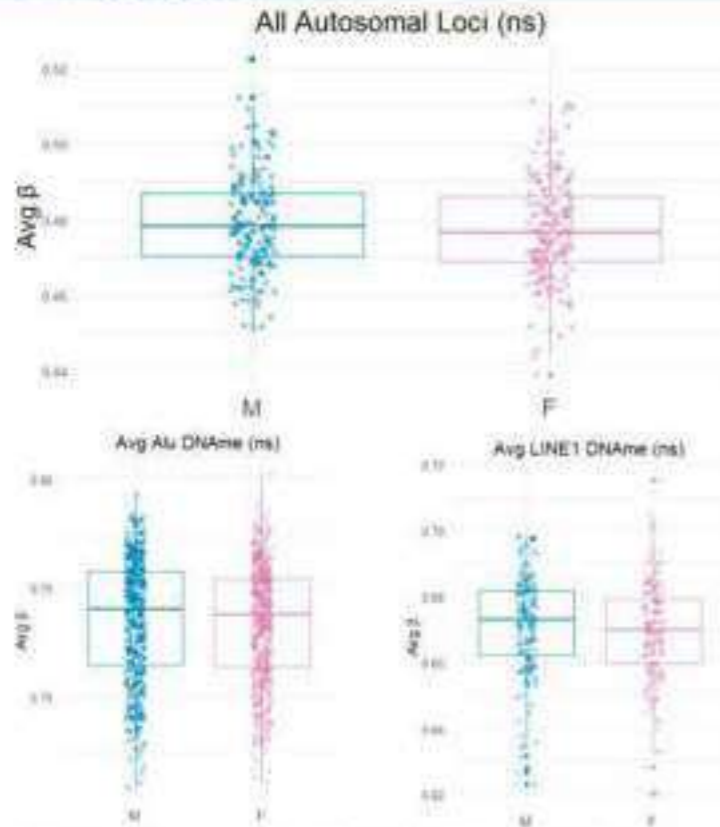
### Samples & Methods

GEO Accession Samples (n, % female)  
GSE73375, GSE74738,  
GSE75248, GSE100197,  
GSE100857, GSE128827 (341, 51%)  
GSE70453 (validation) (72, 47%)  
GSE115508 (validation) (44, 45%)

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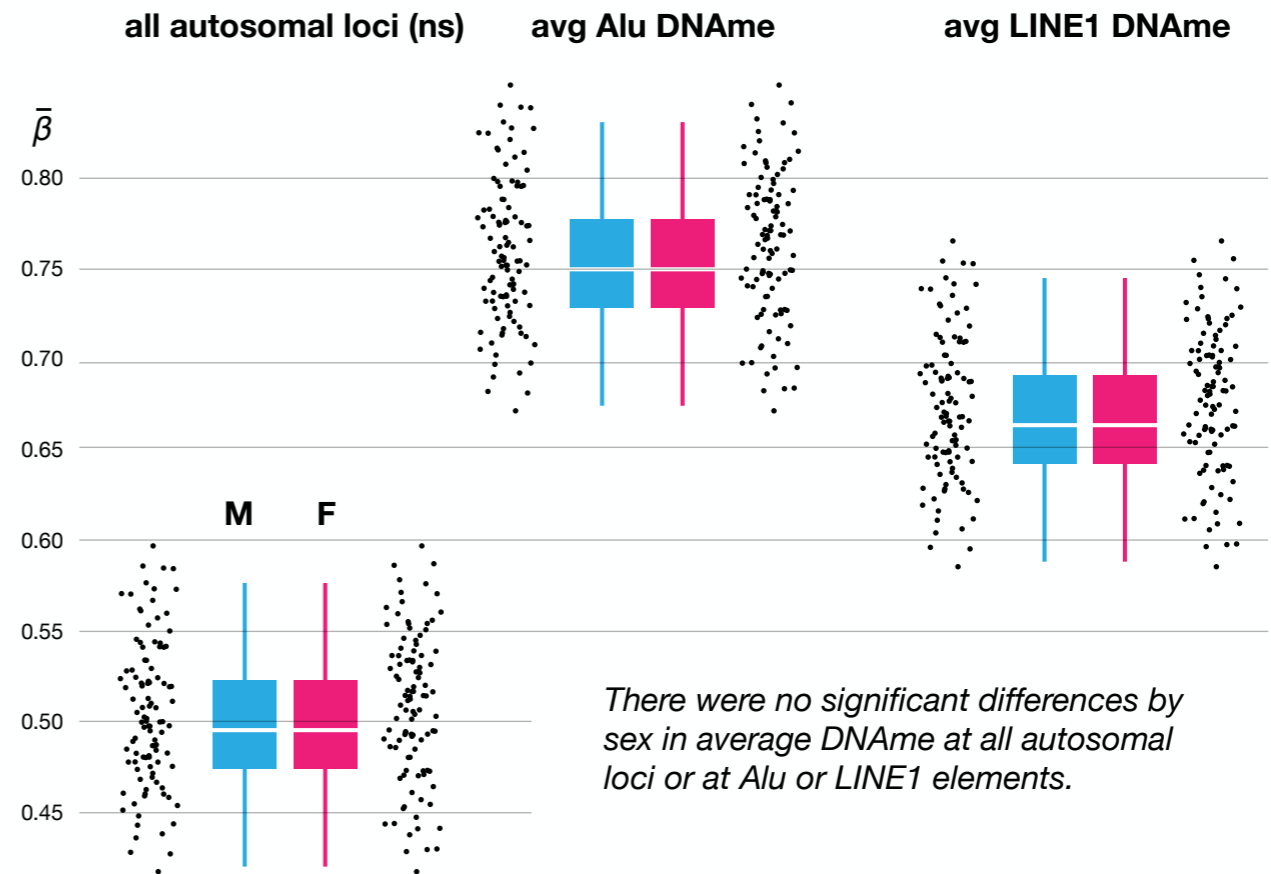
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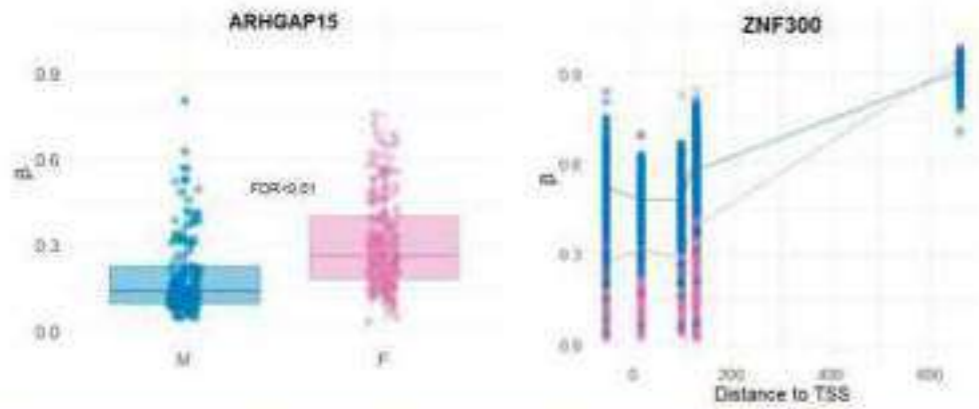
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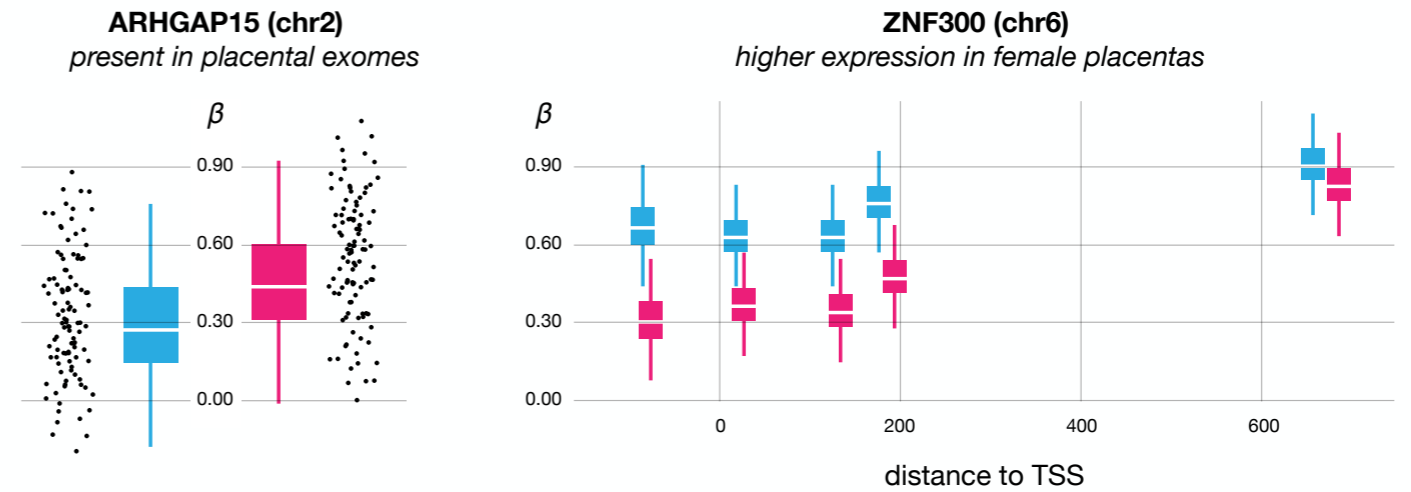
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## Sex-specific differentially methylated sites are biologically interesting

- **ARHGAP15** (chr2, higher female DNAm in gene body) present in placental exosomes.<sup>5</sup>
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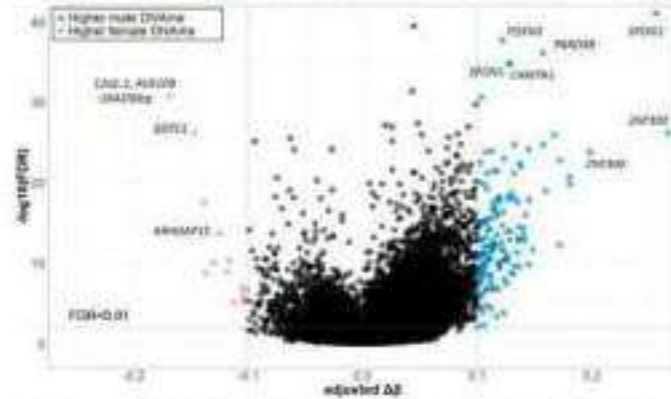
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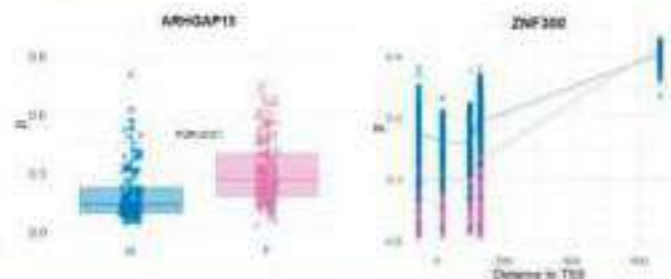
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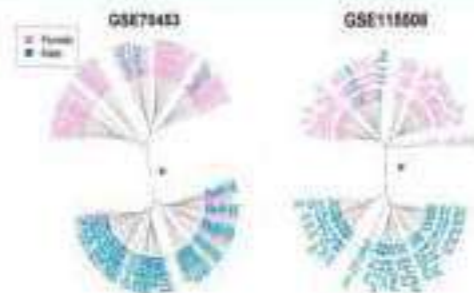
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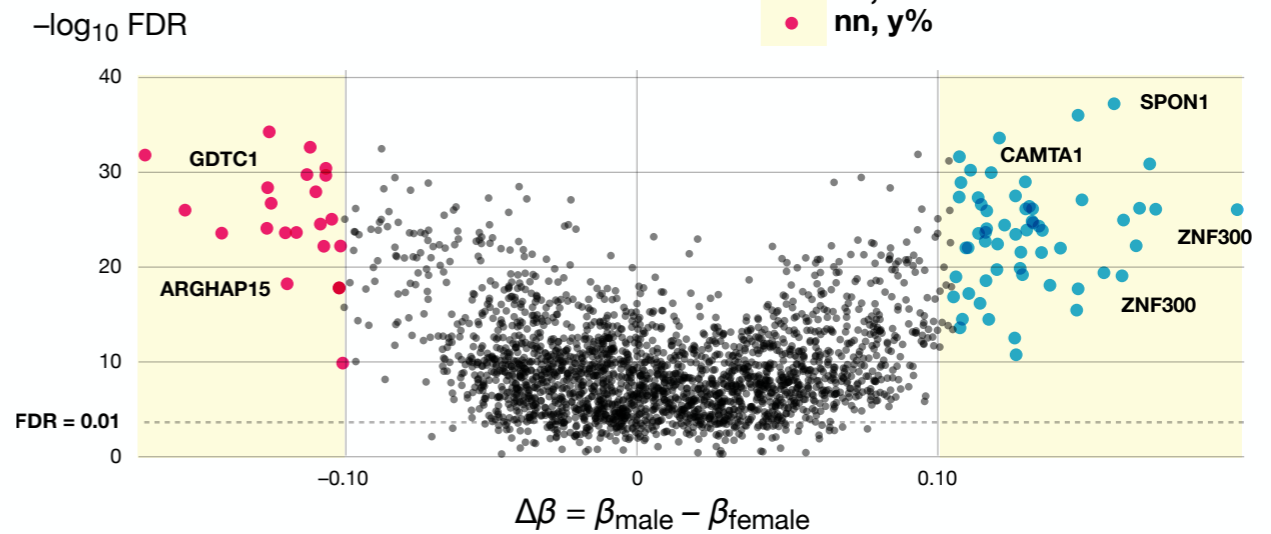
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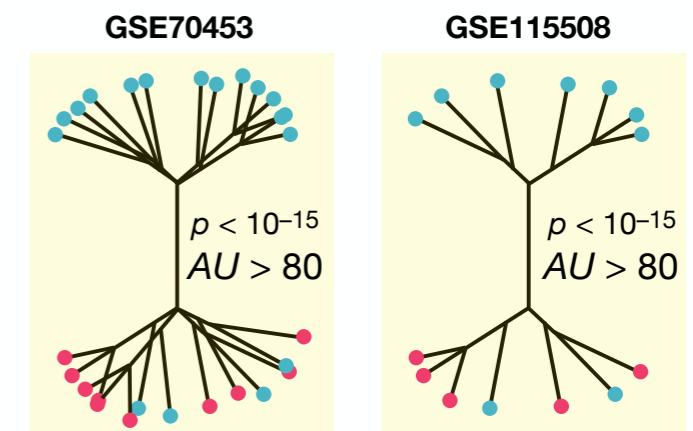
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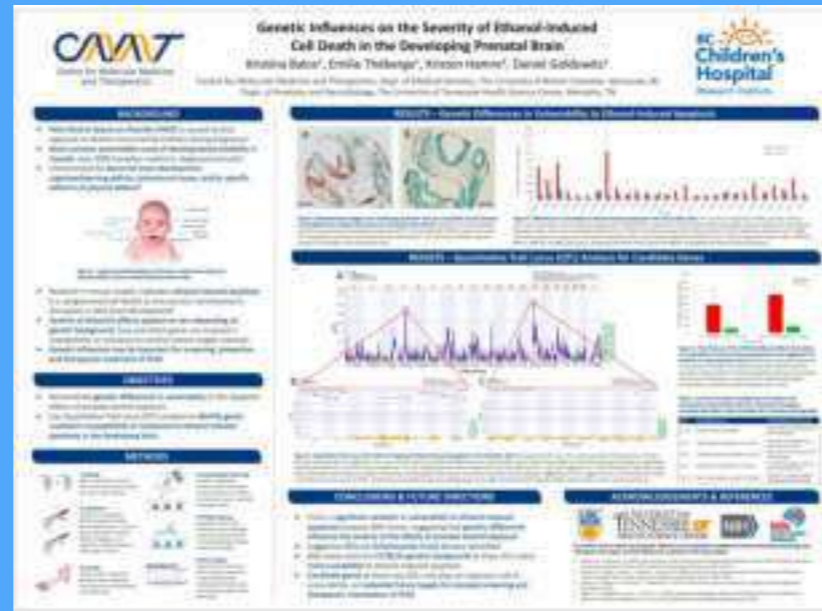
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● nn, y%



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arrange and rearrange  
your puzzle pieces

use color for key themes — and for nothing else



## BACKGROUND

- Fetal Alcohol Spectrum Disorder (FASD) is caused by fetal exposure to alcohol consumed by mothers during pregnancy<sup>1</sup>
- Most common preventable cause of developmental disability in Canada; over 3000 Canadian newborns diagnosed annually<sup>2</sup>
- Characterized by abnormal brain development, cognitive/learning deficits, behavioural issues, and/or specific patterns of physical defects<sup>3</sup>



Figure 1. Typical craniofacial defects of full blown Fetal Alcohol Spectrum Disorder (FASD), known as Fetal Alcohol Syndrome (FAS).

- Research in mouse models implicates ethanol-induced apoptosis (i.e. programmed cell death) as one process contributing to disruption in early brain development<sup>4</sup>
- Severity of ethanol's effects appears to vary depending on genetic background; how and which genes are involved in susceptibility or resistance to alcohol remain largely unknown
- Genetic influences may be important for screening, prevention, and therapeutic treatment of FASD

## OBJECTIVES

- Demonstrate genetic differences in vulnerability to the apoptotic effects of prenatal alcohol exposure
- Use Quantitative Trait Locus (QTL) analysis to identify genes involved in susceptibility or resistance to ethanol-induced apoptosis in the developing brain

## METHODS

- 1) Mating**  
Male and female mice of the same strain were mated during a 4-hour period.
- 2) Treatment**  
At day 9 of pregnancy (E9.0), pregnant dams were treated twice, 2 hours apart, with either ethanol (EtOH, 5.9g/kg), or an osmotic maltose-dextran (MD) sugar control.
- 3) Harvest**  
7 hours after treatment, embryos were collected from dams and embedded in paraffin wax.
- 4) Sectioning & Mounting**  
Paraffin embedded embryos were sectioned using a microtome at 5µm, and sections were mounted onto glass slides.
- 5) TUNEL Staining**  
Apoptotic cells in the brainstem were labeled using the terminal dUTP nick-end labeling (TUNEL) assay and counted.
- 6) QTL Analysis**  
Quantitative Trait Locus (QTL) analysis was done using GeneNetwork ([www.genenetwork.org](http://www.genenetwork.org)), and candidate genes were identified.

## RESULTS – Genetic Differences in Vulnerability to Ethanol-Induced Apoptosis

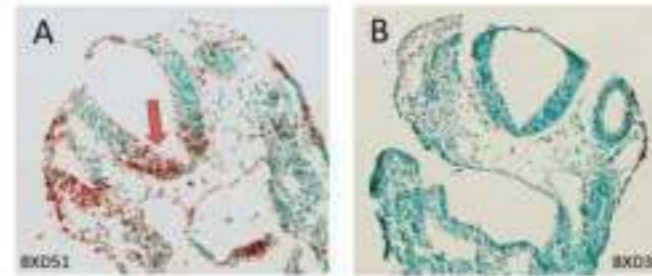


Figure 2. Representative images of the developing brainstem from (A) susceptible and (B) resistant mouse BXD strains, treated with ethanol on embryonic day 9 (E9.0). Apoptotic cells were labeled using the terminal dUTP nick-end labeling (TUNEL) assay. Cell nuclei of nonapoptotic cells were counterstained with methyl green. The red arrow indicates a greater amount of cell death in the susceptible strain.

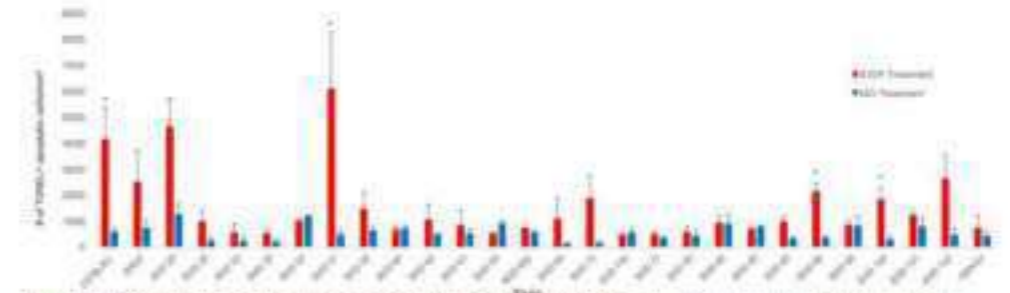


Figure 3. Differences in vulnerability to ethanol-induced apoptosis in the mouse BXD panel. The number of apoptotic (TUNEL positive) cells per cm<sup>2</sup> was measured in mouse embryos treated with ethanol (EtOH, red) and a maltose-dextran (MD, blue) sugar control at embryonic day 9 (E9.0). Between strains, there was a significant difference ( $p < 0.001$ ) in apoptosis means after EtOH treatment, but no significant difference ( $p = 0.084$ ) after MD treatment. Comparisons between treatments within strain reported significant differences ( $p < 0.05$ ) in apoptosis means in the CS7BL/6J, BXD 5L, BXD 9L, and BXD 100 strains, indicating that these strains show the highest vulnerability to ethanol-induced apoptosis.

## RESULTS – Quantitative Trait Locus (QTL) Analysis for Candidate Genes

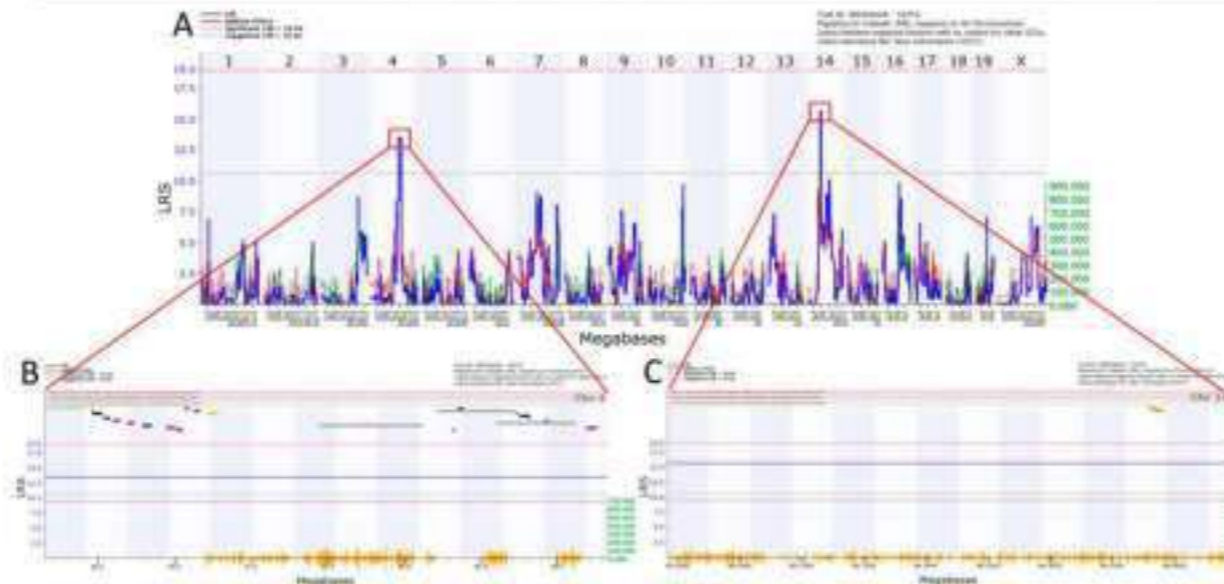


Figure 4. Quantitative Trait Locus (QTL) interval mapping of ethanol-induced apoptosis in the brainstem. (A) Whole genome QTL map. The x-axis represents chromosomes 1–19, & X and their physical maps in megabases. The y-axis and the blue line indicate the likelihood ratio statistic (LRS), which reports the strength of association between variants in genotype and the phenotype (i.e. ethanol-induced apoptosis). The red and gray horizontal lines respectively mark the significant ( $p < 0.05$ ) and suggestive ( $p < 0.03$ ) thresholds. Peaks that reach these thresholds indicate genome regions containing candidate genes that may be implicated in ethanol-induced apoptosis. (B, C) Maps of the suggestive QTLs on chromosome 4 (LRS = 13.510) and chromosome 14 (LRS = 15.650) were expanded to analyze candidate genes and single nucleotide polymorphisms (SNPs, yellow peaks on the x-axis) at each locus.

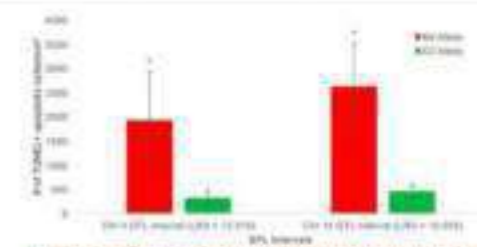


Figure 5. The influence of the CS7BL/6J (B6) and DBA/2 (D2) alleles on vulnerability to ethanol-induced apoptosis at the suggestive QTL intervals on chromosomes 4 and 14. BXD mice were grouped based on presence of the B6 or D2 allele at each QTL interval, and the average number of ethanol-induced apoptotic cells were compared. Inheritance of B6 alleles is associated with significantly higher susceptibility to ethanol-induced apoptosis ( $p < 0.01$ ).

Table 1. Summary of select candidate genes located in the chromosome 4 and 14 QTL intervals, and relevant biological processes described in Gene Ontology (GO, [www.geneontology.org](http://www.geneontology.org)).

QTL	Candidate Gene	GO Biological Processes
Chr 4	Nuclear factor YB (Nfy)	Transcription regulation and DNA replication
Chr 4	TNFr2 domain containing 1 (Tnfr2f1)	Initiation of apoptosis by extracellular signals
Chr 4	Strand specific protein 1 (Ssp1)	DNA repair and response to DNA damage
Chr 4	Deficator of cytokinesis 1 (Dack1)	Cell differentiation, nervous system development
Chr 14	Basic leucine zipper protein 4 (Bzip4)	Involved in a wide range of developmental processes

## CONCLUSIONS & FUTURE DIRECTIONS

- There is significant variation in vulnerability to ethanol-induced apoptosis between BXD strains, suggesting that genetic differences influence the severity of the effects of prenatal alcohol exposure
- Suggestive QTLs on chromosomes 4 and 14 were identified
- BXD strains with the CS7BL/6J genetic background at these QTLs were more susceptible to ethanol-induced apoptosis
- Candidate genes at these two QTLs may play an important role in vulnerability; are potential future targets for prenatal screening and therapeutic intervention of FASD

## ACKNOWLEDGEMENTS & REFERENCES



The authors wish to thank Aria Shokohi, Mike Wu and Julia Boyle for assistance in tissue processing, sectioning, and staining for this project, and Rob Williams for assistance in QTL data analysis.

1. Roberts, B., & Nelson, L. (2006). Best practices: Fetal alcohol syndrome/fetal alcohol effects and the effects of other substances on during pregnancy. Ottawa, ON: Canada's Drug Strategy Division, Health Canada.
2. Popovic, S., Lange, S., Burt, L., & Rehm, L. (2020). The Burden and Economic Impact of Fetal Alcohol Spectrum Disorder in Canada. Toronto, ON, Canada: Centre for Addiction and Mental Health, 1589, 979-1.
3. Diers, N., Ficker, M., Frensch, L., Hebebrand, J. (2014). Fetal alcohol spectrum disorders. European Child & Adolescent Psychiatry, 23(10).
4. Ogawa, T., Kiyagata, M., Kaki, T., Zhou, F. C. (2005). Differential teratogenic effects of alcohol on embryonic development between CS7BL/6J and 129/Ola mice: A new view. Alcohol Clin Exp Res, 29(1).

# Genetic Influences on the Severity of Ethanol-induced Cell Death in the Developing Prenatal Brain

Kristina Balce<sup>1</sup>, Emilie Théberge<sup>1</sup>, Kristen Hamre<sup>2</sup>, Daniel Goldowitz<sup>1</sup>

<sup>1</sup>Centre for Molecular Medicine and Therapeutics, Dept. of Medical Genetics, The University of British Columbia, Vancouver, BC

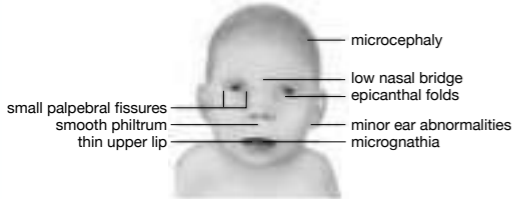
<sup>2</sup>Dept. of Anatomy and Neurobiology, The University of Tennessee Health Science Center, Memphis, TN



The authors wish to thank Aria Shokoohi, Mike Wu and Julia Boyle for assistance in tissue processing, sectioning, and staining for this project, and Rob Williams for assistance in QTL data analysis.

## Fetal Alcohol Spectrum Disorder

Fetal Alcohol Spectrum Disorder (FASD) is caused by fetal exposure to alcohol consumed by mothers during pregnancy [1]. It is the most common preventable cause of developmental disability in Canada — over 3000 Canadian newborns diagnosed annually [2]. FASD is characterized by abnormal brain development, cognitive/learning deficits, behavioural issues, and/or specific patterns of physical defects.



Research in mouse models implicates ethanol-induced apoptosis (i.e. programmed cell death) as one process contributing to disruption in early brain development [4]. Severity of ethanol's effects appears to vary depending on genetic background; how and which genes are involved in susceptibility or resistance to alcohol remain largely unknown. Genetic influences may be important for screening, prevention, and therapeutic treatment of FASD.

1. Roberts, G., & Nanson, J. (2000). Best practices. Fetal alcohol syndrome/fetal alcohol effects and the effects of other substance use during pregnancy. Ottawa, ON: Canada's Drug Strategy Division, Health Canada. 2. Popova, S., Lange, S., Burd, L., & Rehm, J. (2015). The Burden and Economic Impact of Fetal Alcohol Spectrum Disorder in Canada. Toronto, ON, Canada: Centre for Addiction and Mental Health. ISBN, 978-1-3. Dörrie, N., Föcker, M., Freunschdt, I., Hebebrand, J. (2014). Fetal alcohol spectrum disorders. European Child & Adolescent Psychiatry, 23(10). 4. Ogawa, T., Kuwagata, M., Ruiz, J., Zhou, F. C. (2005). Differential teratogenic effects of alcohol on embryonic development between C57BL/6J and DBA/2 mice: A new view. Alcohol Clinical & Experimental Research, 29(9)

## Objectives

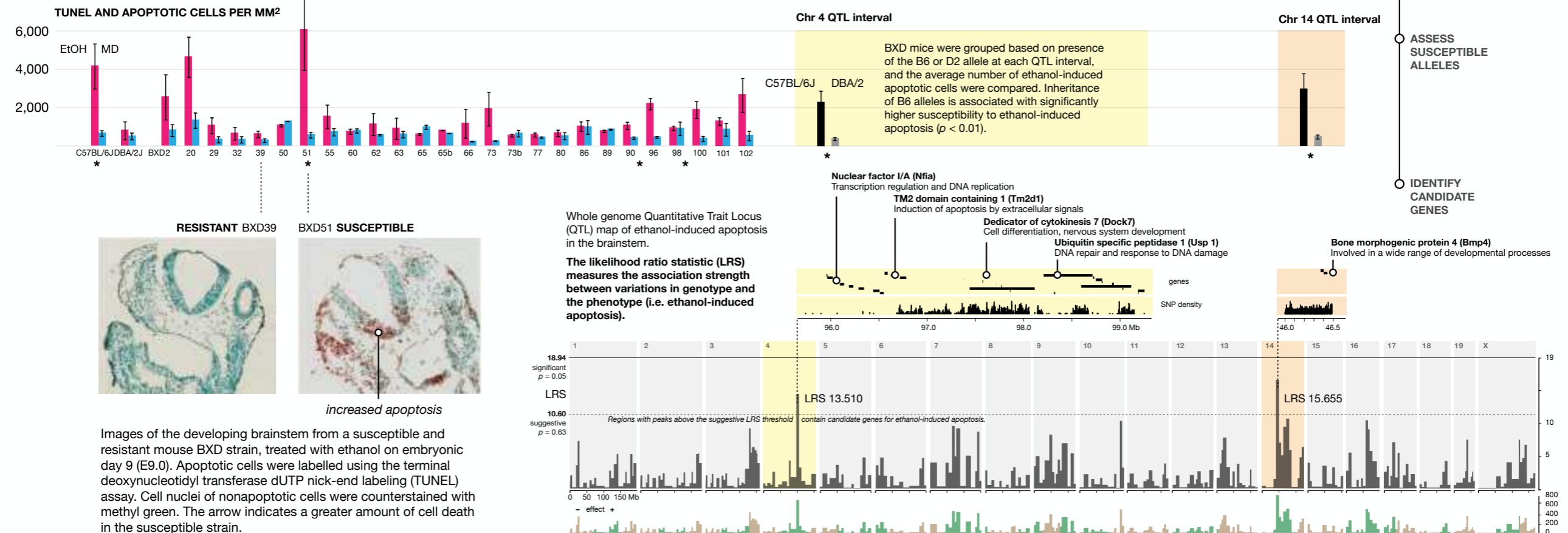
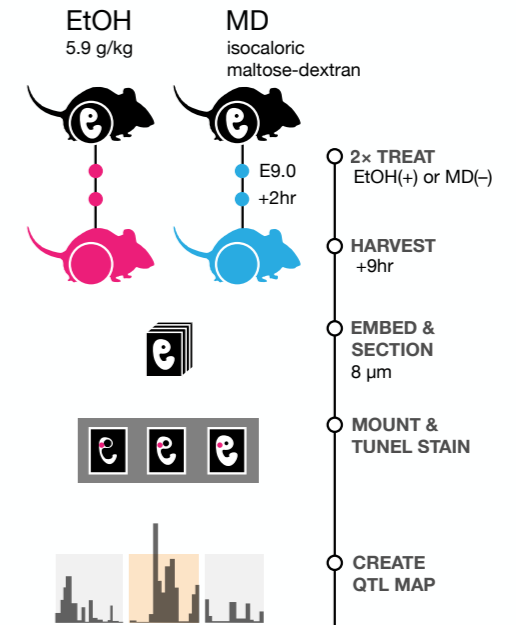
Demonstrate genetic differences in vulnerability to the apoptotic effects of prenatal alcohol exposure. Use Quantitative Trait Locus (QTL) analysis to identify genes involved in susceptibility or resistance to ethanol-induced apoptosis in the developing brain.

## Conclusions

There is significant variation in vulnerability to ethanol-induced apoptosis between BXD strains, suggesting that genetic differences influence the severity of the effects of prenatal alcohol exposure.

Suggestive QTLs on chromosomes 4 and 14 were identified BXD strains with the C57BL/6J genetic background at these QTLs were more susceptible to ethanol-induced apoptosis.

Candidate genes at these two QTLs may play an important role in vulnerability; are potential future targets for prenatal screening and therapeutic intervention of FASD.



Images of the developing brainstem from a susceptible and resistant mouse BXD strain, treated with ethanol on embryonic day 9 (E9.0). Apoptotic cells were labeled using the terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL) assay. Cell nuclei of nonapoptotic cells were counterstained with methyl green. The arrow indicates a greater amount of cell death in the susceptible strain.

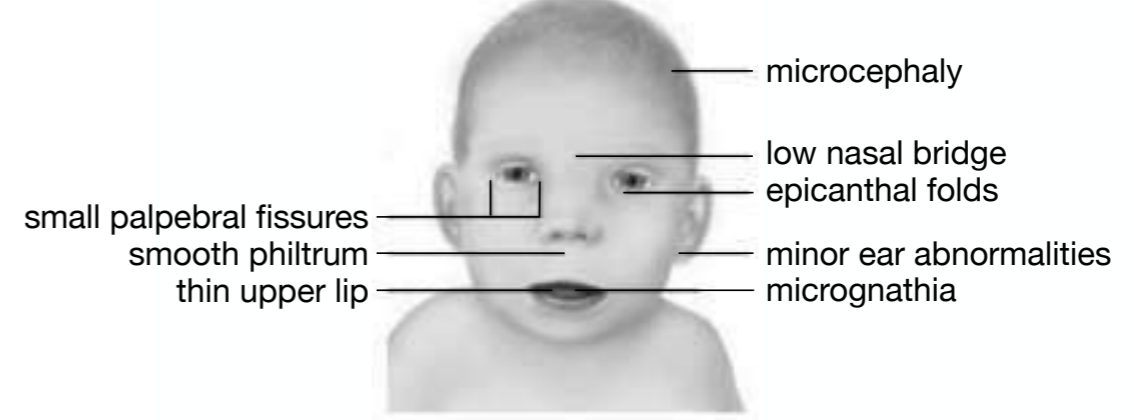
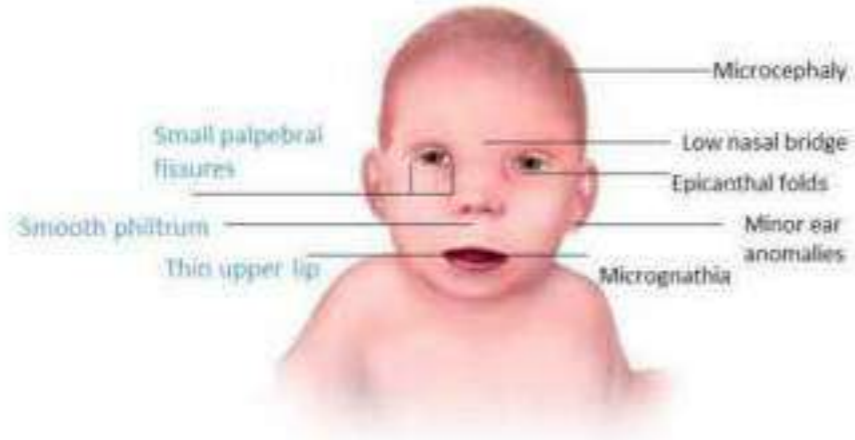
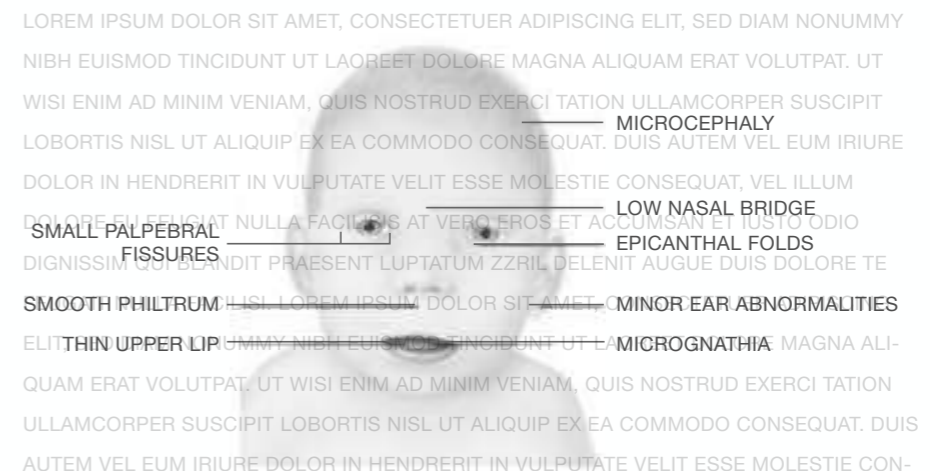
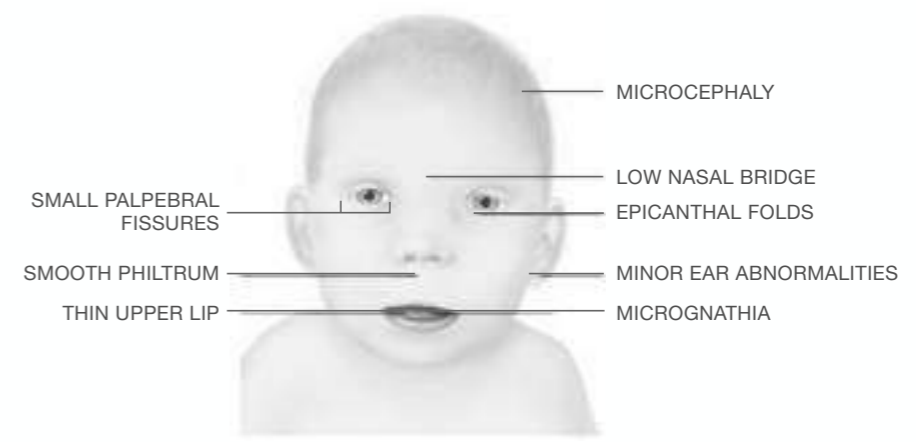
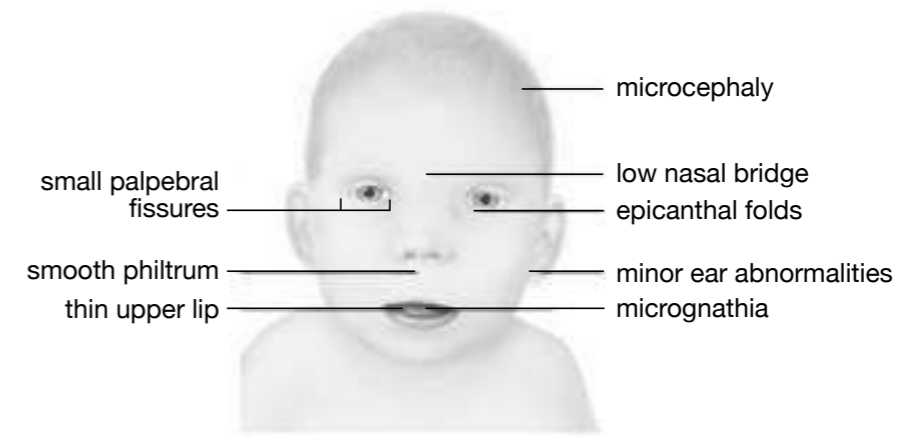


Figure 1. Typical craniofacial defects of full blown Fetal Alcohol Spectrum Disorder (FASD), known as Fetal Alcohol Syndrome (FAS).



## BACKGROUND

- Fetal Alcohol Spectrum Disorder (FASD) is caused by fetal exposure to alcohol consumed by mothers during pregnancy<sup>1</sup>
- Most common preventable cause of developmental disability in Canada; over 3000 Canadian newborns diagnosed annually<sup>2</sup>
- Characterized by abnormal brain development, cognitive/learning deficits, behavioural issues, and/or specific patterns of physical defects<sup>3</sup>



Figure 1. Typical craniofacial defects of full blown Fetal Alcohol Spectrum Disorder (FASD), known as Fetal Alcohol Syndrome (FAS).

- Research in mouse models implicates ethanol-induced apoptosis (i.e. programmed cell death) as one process contributing to disruption in early brain development<sup>4</sup>
- Severity of ethanol's effects appears to vary depending on genetic background; how and which genes are involved in susceptibility or resistance to alcohol remain largely unknown
- Genetic influences may be important for screening, prevention, and therapeutic treatment of FASD

## OBJECTIVES

- Demonstrate genetic differences in vulnerability to the apoptotic effects of prenatal alcohol exposure
- Use Quantitative Trait Locus (QTL) analysis to identify genes involved in susceptibility or resistance to ethanol-induced apoptosis in the developing brain

## METHODS

- Mating**  
Male and female mice of the same strain were mated during a 4-hour period.
- Treatment**  
At day 14 of pregnancy (E14.5), pregnant dams were treated twice, 2 hours apart, with either ethanol (500g/L, 5.9g/kg), or an identical maltose dextran (MD) sugar control.
- Harvest**  
7 hours after treatment, embryos were collected from dams and embedded in paraffin wax.
- Sectioning & Mounting**  
Paraffin-embedded embryos were sectioned using a microtome at 5µm and sections were mounted on glass slides.
- TUNEL Staining**  
Apoptotic cells in the brainstem were labeled using the terminal deoxynucleotidyl transferase (dUTP)-nick-end labeling (TUNEL) assay and counted.
- QTL Analysis**  
Quantitative Trait Locus (QTL) analysis was done using GeneNetwork (http://www.genenetwork.org), and candidate genes were identified.

## RESULTS – Genetic Differences in Vulnerability to Ethanol-Induced Apoptosis

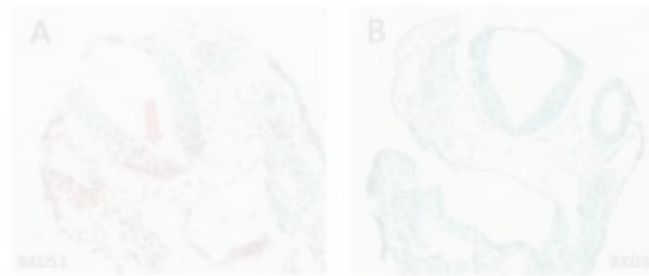


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## RESULTS – Quantitative Trait Locus (QTL) Analysis for Candidate Genes



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Figure 5. The influence of the CS7BL/6J (B6) and DBA/2J (D2) alleles on vulnerability to ethanol-induced apoptosis at the suggestive QTL intervals on chromosomes 4 and 14. BXD mice were grouped based on presence of the B6 or D2 allele at each QTL interval, and the average number of ethanol-induced apoptotic cells were compared. Vulnerance of B6 alleles is associated with significantly higher vulnerability to ethanol-induced apoptosis ( $p < 0.05$ ).

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QTL	Candidate genes	GO Biological Processes
Chr 4	Neural factor 18 (Nf18)	Transcription regulation and DNA replication
Chr 4	TNFr2 domain containing 1 (Tnfr2)	Initiation of apoptosis by extracellular signals
Chr 4	Alcohol dehydrogenase 1 (Aldh1)	DNA repair and maintenance of DNA damage
Chr 4	Defensin alpha 1 (Defa1)	Cell differentiation, immune system development
Chr 14	Neurogranin (Nrgn)	Involved in a wide range of developmental processes

## CONCLUSIONS & FUTURE DIRECTIONS

- There is significant variation in vulnerability to ethanol-induced apoptosis between BXD strains, suggesting that genetic differences influence the severity of the effects of prenatal alcohol exposure
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- Proctor, S., Lange, S., Swift, L., & Palms, L. (2020). The Burden and Economic Impact of Fetal Alcohol Spectrum Disorder in Canada. *Toronto, ON, Canada: Centre for Addiction and Mental Health*, 1589, 159–1.
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- Alpara, T., Kawaguchi, M., Wang, Z., Zhou, Y. C. (2005). Differential teratogenic effects of alcohol on embryonic development between CS7BL/6J and DBA/2J mice. *In vivo*. *Animal Clinical & Experimental Research*, 29(2).

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<sup>1</sup>Centre for Molecular Medicine and Therapeutics, Dept. of Medical Genetics, The University of British Columbia, Vancouver, BC

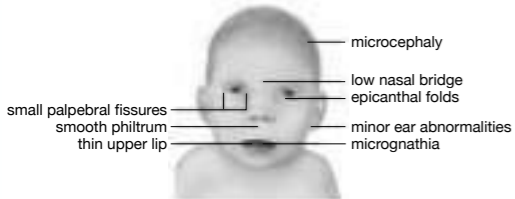
<sup>2</sup>Dept. of Anatomy and Neurobiology, The University of Tennessee Health Science Center, Memphis, TN



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## Objectives

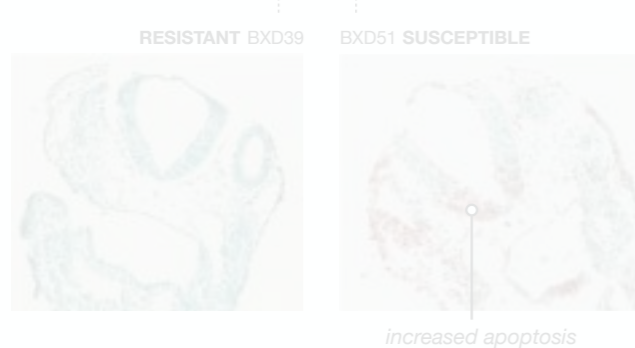
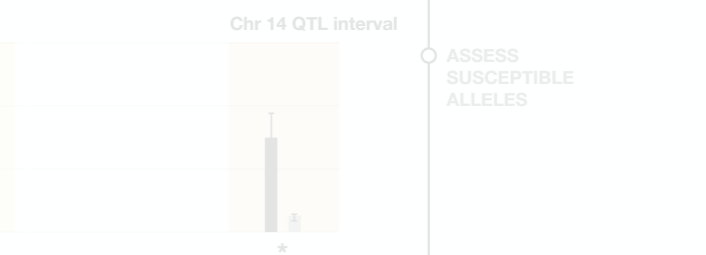
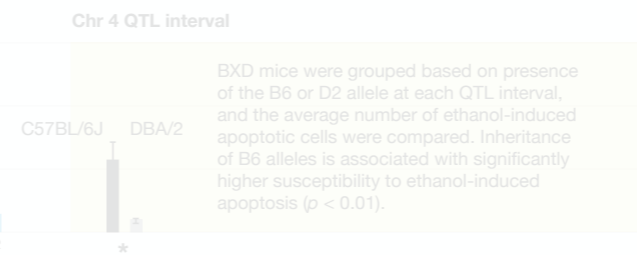
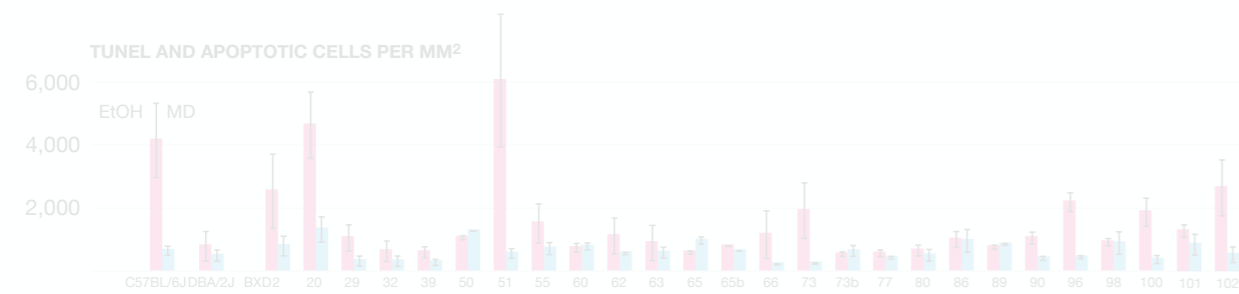
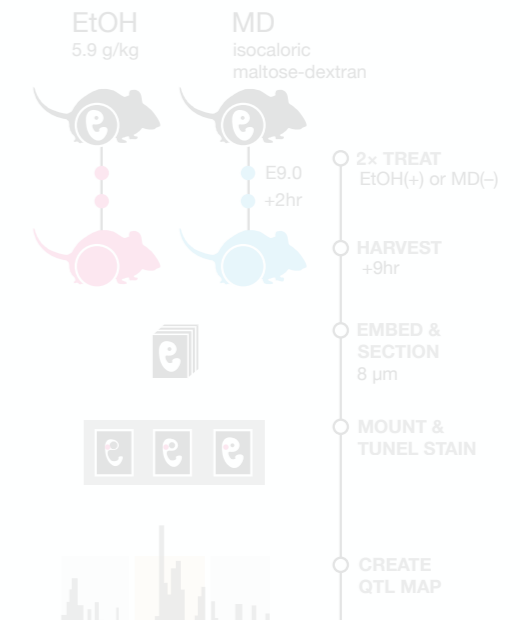
Demonstrate genetic differences in vulnerability to the apoptotic effects of prenatal alcohol exposure. Use Quantitative Trait Locus (QTL) analysis to identify genes involved in susceptibility or resistance to ethanol-induced apoptosis in the developing brain.

## Conclusions

There is significant variation in vulnerability to ethanol-induced apoptosis between BXD strains, suggesting that genetic differences influence the severity of the effects of prenatal alcohol exposure.

Suggestive QTLs on chromosomes 4 and 14 were identified BXD strains with the C57BL/6J genetic background at these QTLs were more susceptible to ethanol-induced apoptosis.

Candidate genes at these two QTLs may play an important role in vulnerability; are potential future targets for prenatal screening and therapeutic intervention of FASD.

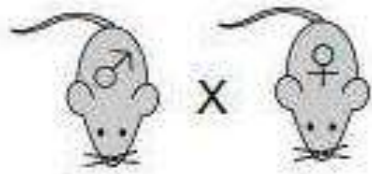


Images of the developing brainstem from a susceptible and resistant mouse BXD strain, treated with ethanol on embryonic day 9 (E9.0). Apoptotic cells were labelled using the terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL) assay. Cell nuclei of nonapoptotic cells were counterstained with methyl green. The arrow indicates a greater amount of cell death in the susceptible strain.

Whole genome Quantitative Trait Locus (QTL) map of ethanol-induced apoptosis in the brainstem.

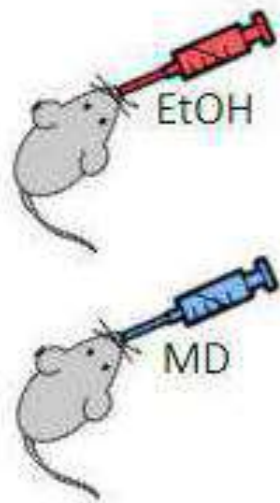
The likelihood ratio statistic (LRS) measures the association strength between variations in genotype and the phenotype (i.e. ethanol-induced apoptosis).





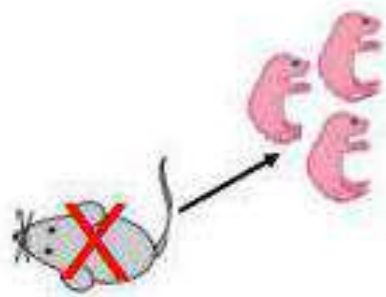
### 1) Mating

Male and female mice of the same strain were mated during a 4 hour period.



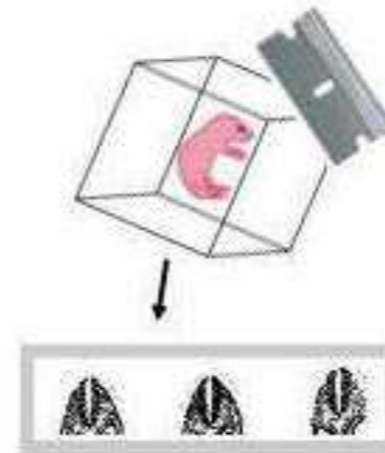
### 2) Treatment

At day 9 of pregnancy (E9.0), pregnant dames were treated twice, 2 hours apart with either ethanol (EtOH, 5.9g/kg), or an isocaloric maltose-dextran (MD) sugar control.



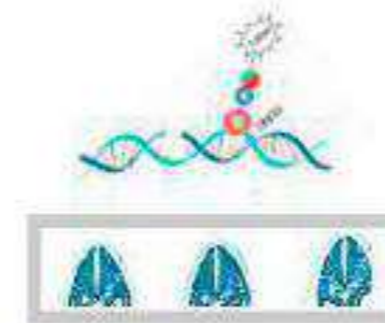
### 3) Harvest

7 hours after treatment, embryos were collected from dames and embedded in paraffin wax.



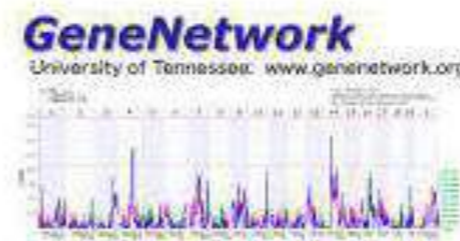
### 4) Sectioning & Mounting

Paraffin embedded embryos were sectioned using a microtome at 8µm, and sections were mounted onto glass slides.



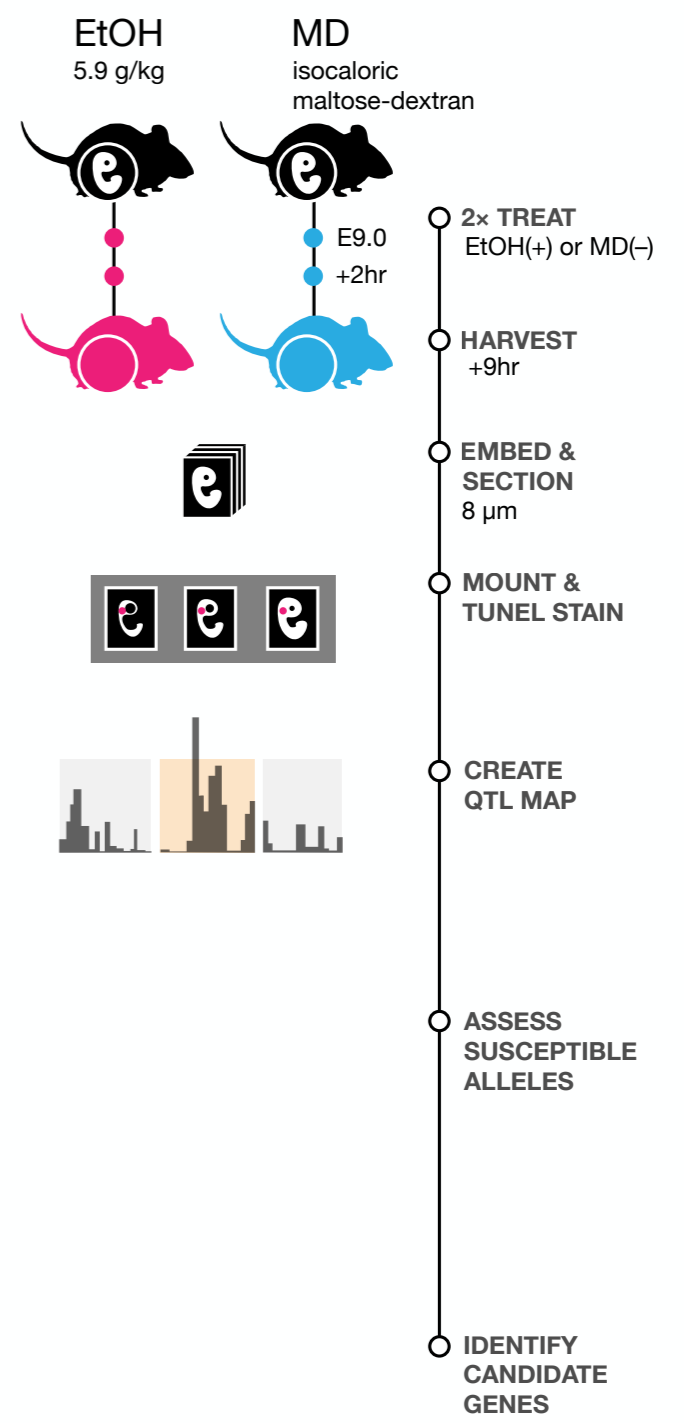
### 5) TUNEL Staining

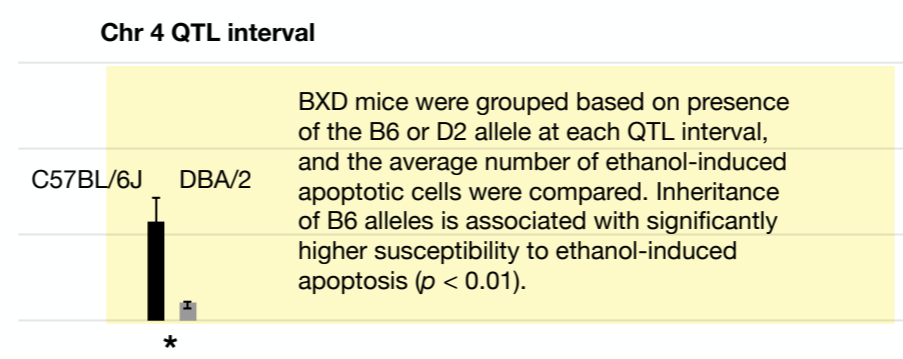
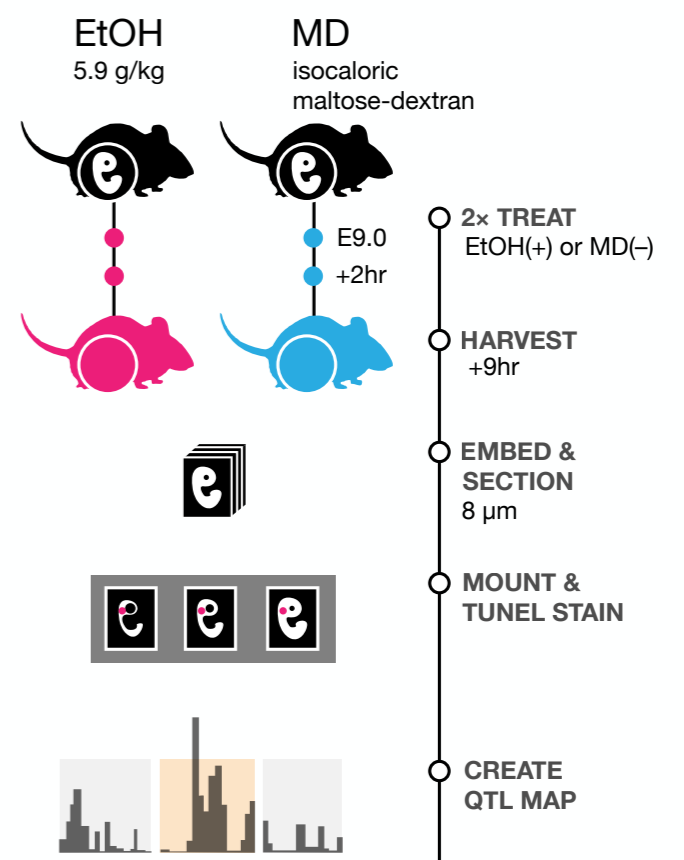
Apoptotic cells in the brainstem were labelled using the terminal dUTP nick-end labeling (TUNEL) assay and counted.



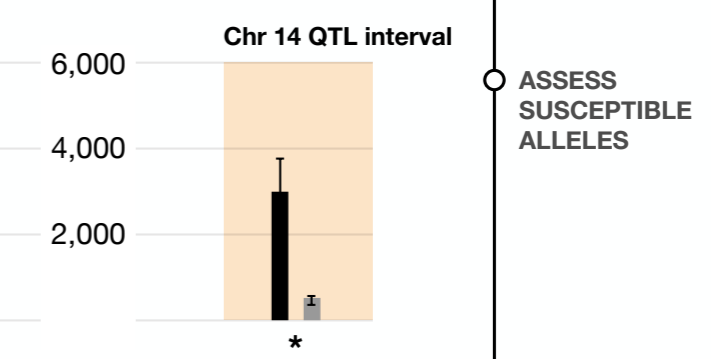
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Quantitative Trait Locus (QTL) analysis was done using GeneNetwork ([www.genenetwork.org](http://www.genenetwork.org)), and candidate genes were identified.





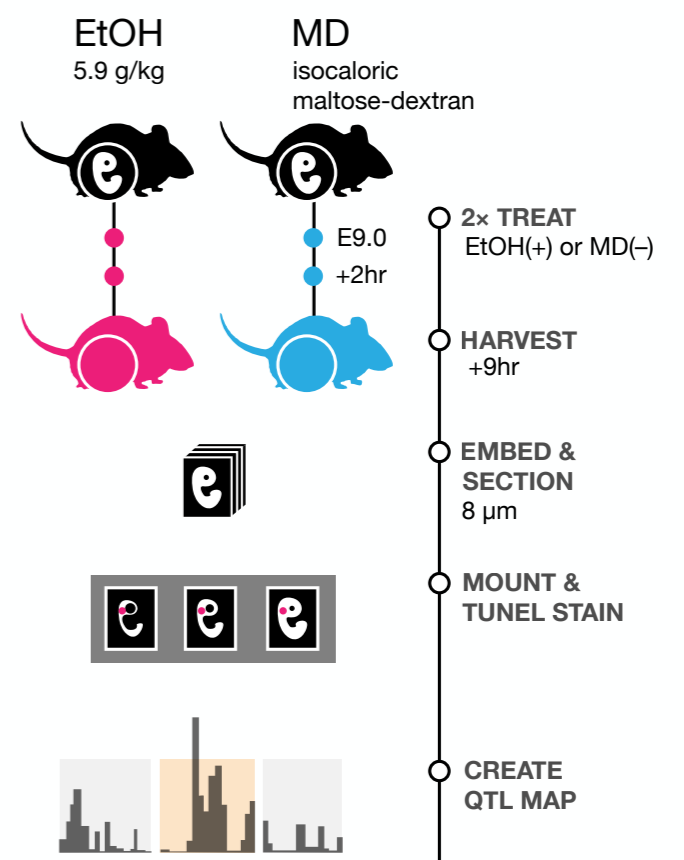
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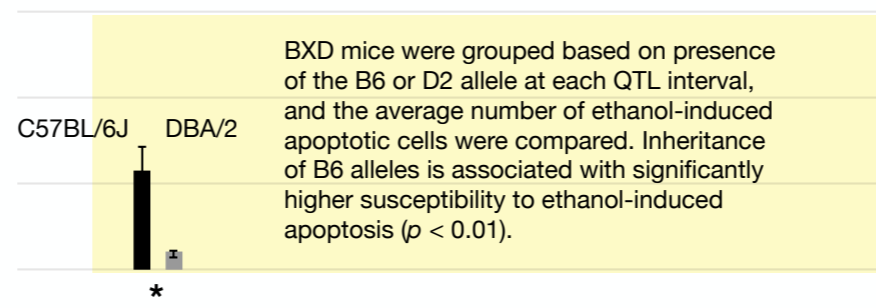
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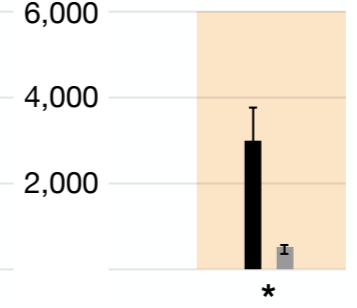




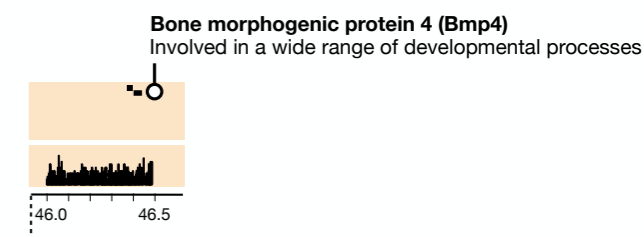
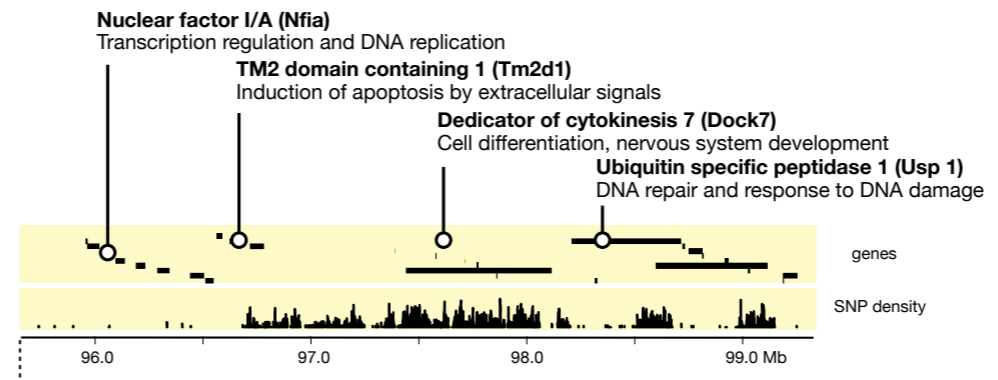
**Chr 4 QTL interval**



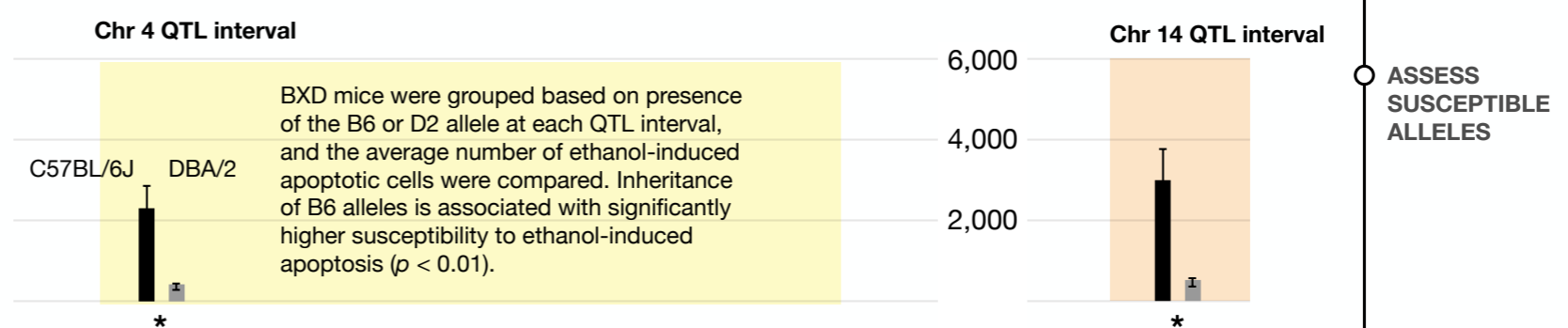
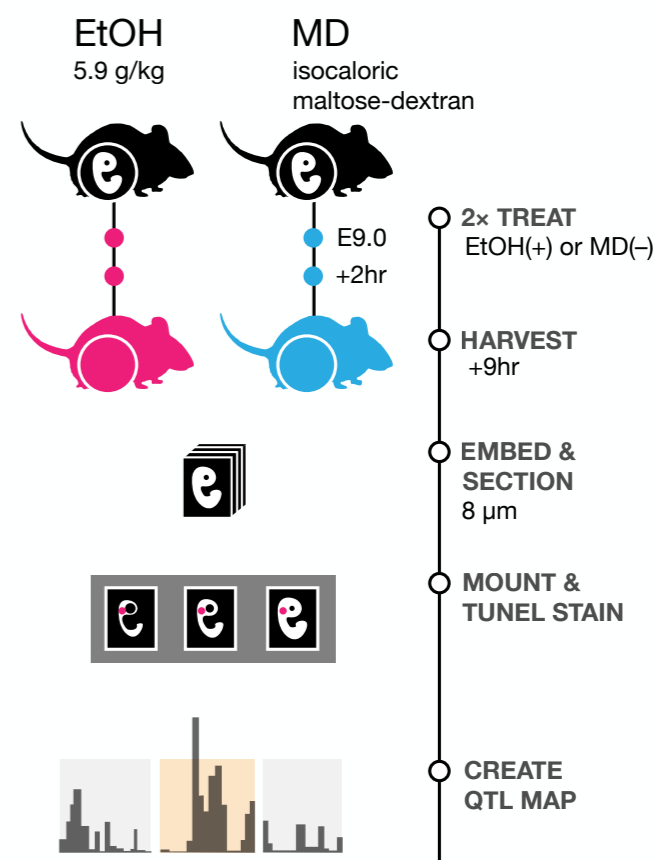
**Chr 14 QTL interval**



ASSESS SUSCEPTIBLE ALLELES

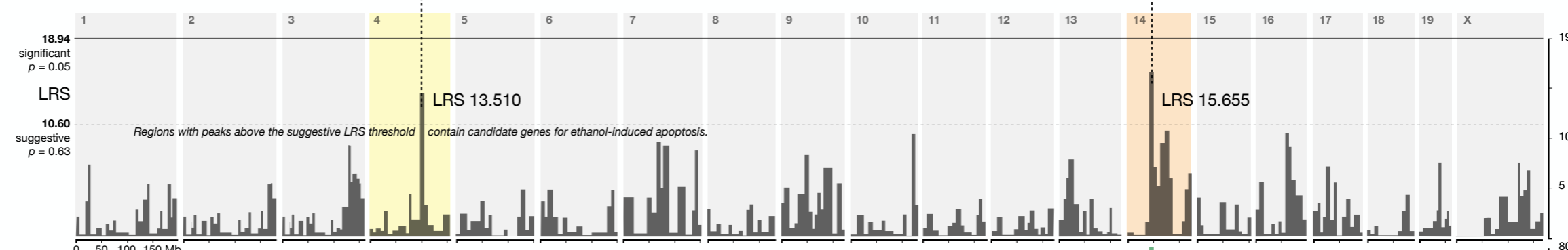
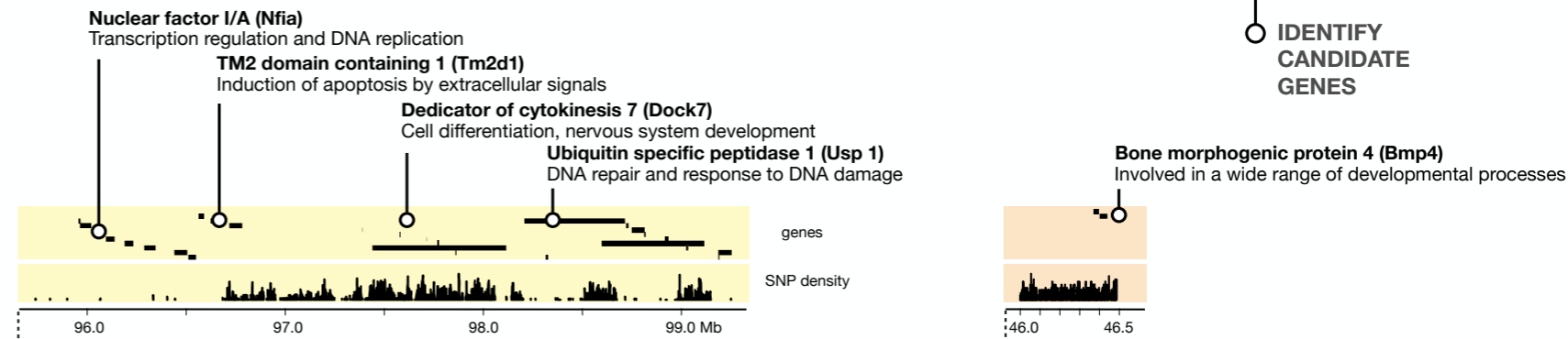


IDENTIFY CANDIDATE GENES



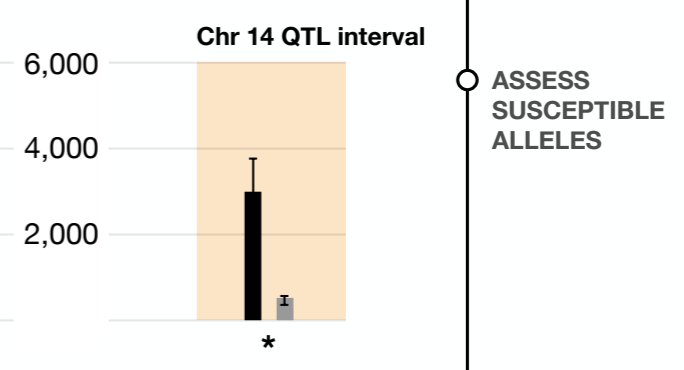
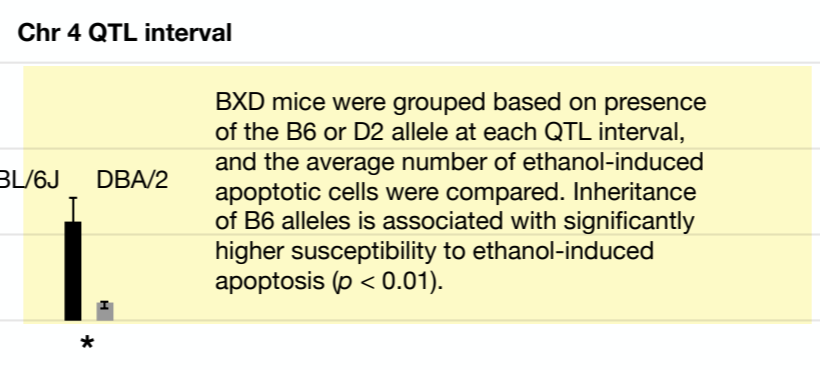
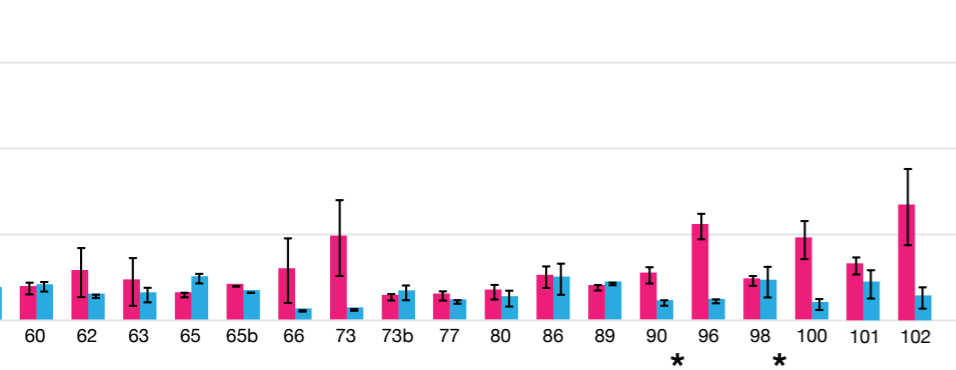
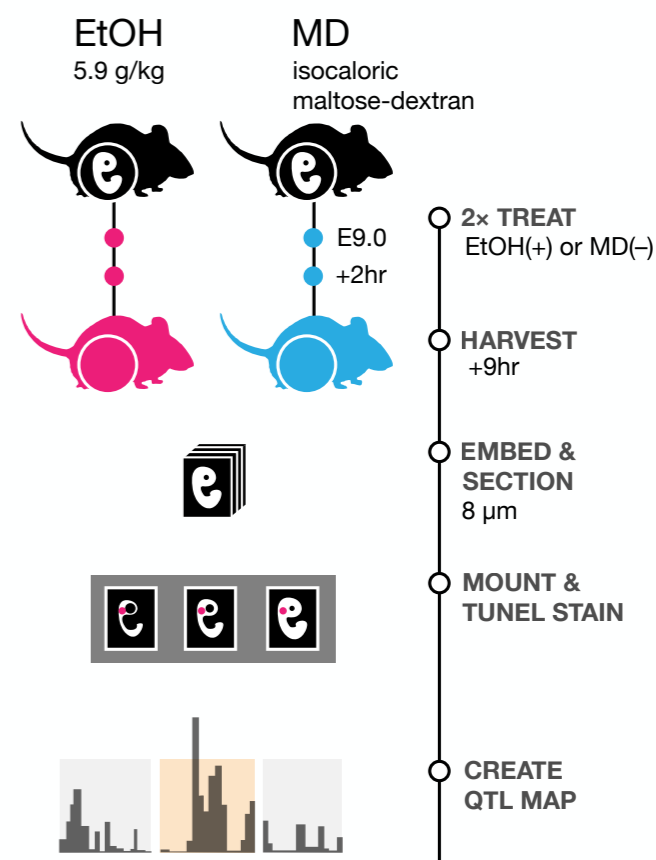
Whole genome Quantitative Trait Locus (QTL) map of ethanol-induced apoptosis in the brainstem.

**The likelihood ratio statistic (LRS) measures the association strength between variations in genotype and the phenotype (i.e. ethanol-induced apoptosis).**



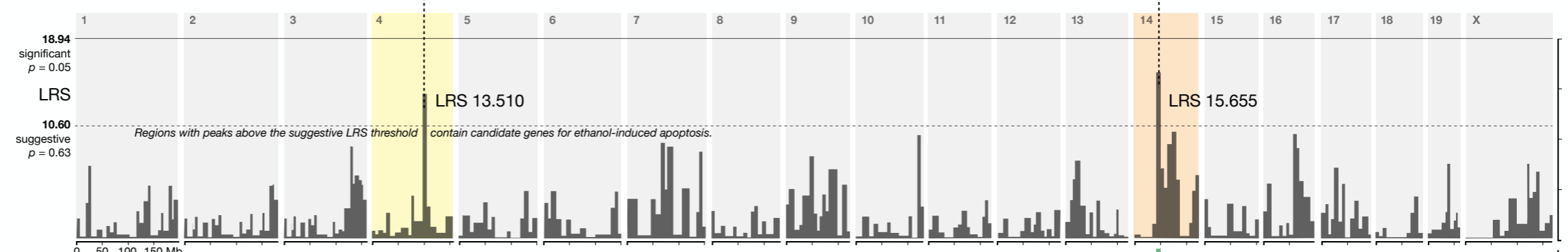
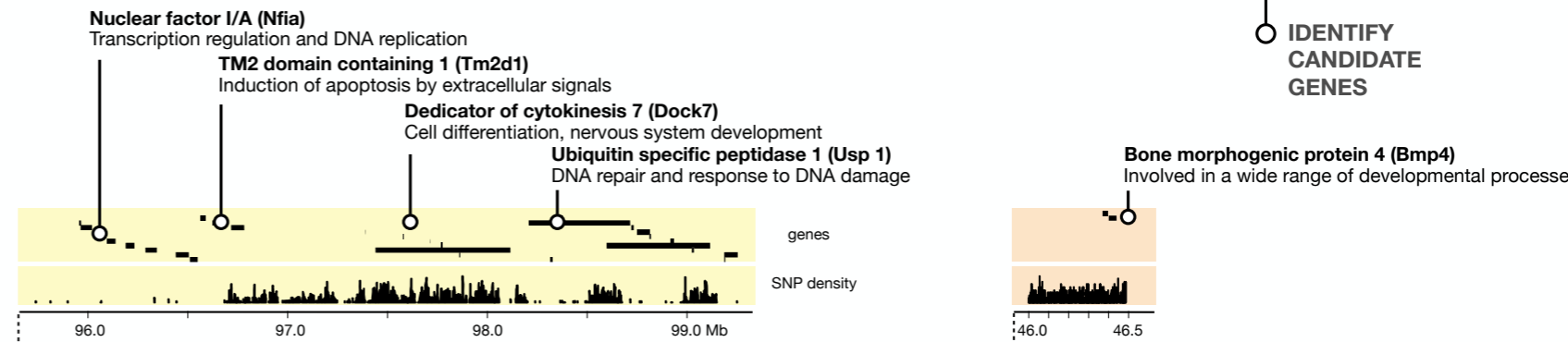
ASSESS SUSCEPTIBLE ALLELES

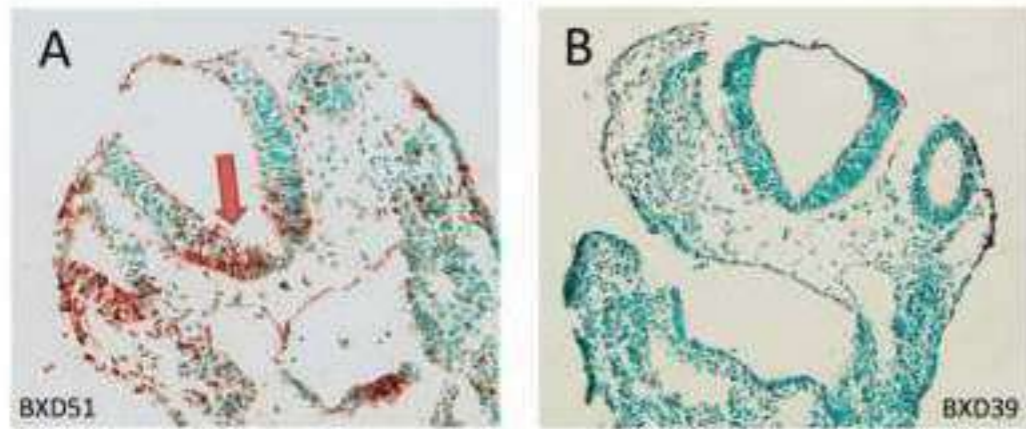
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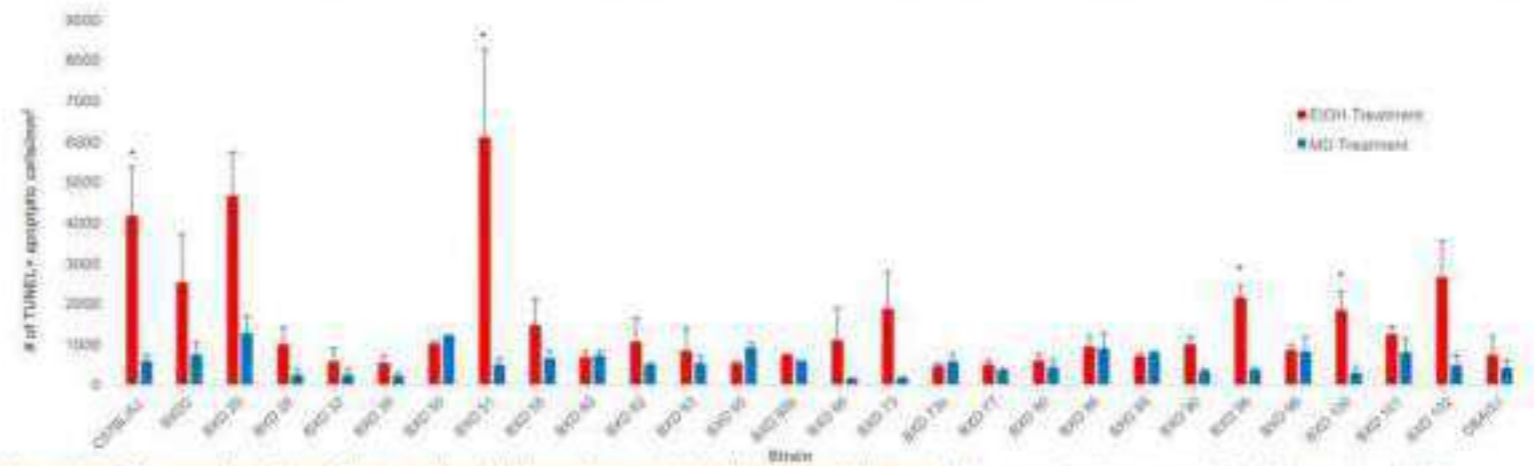
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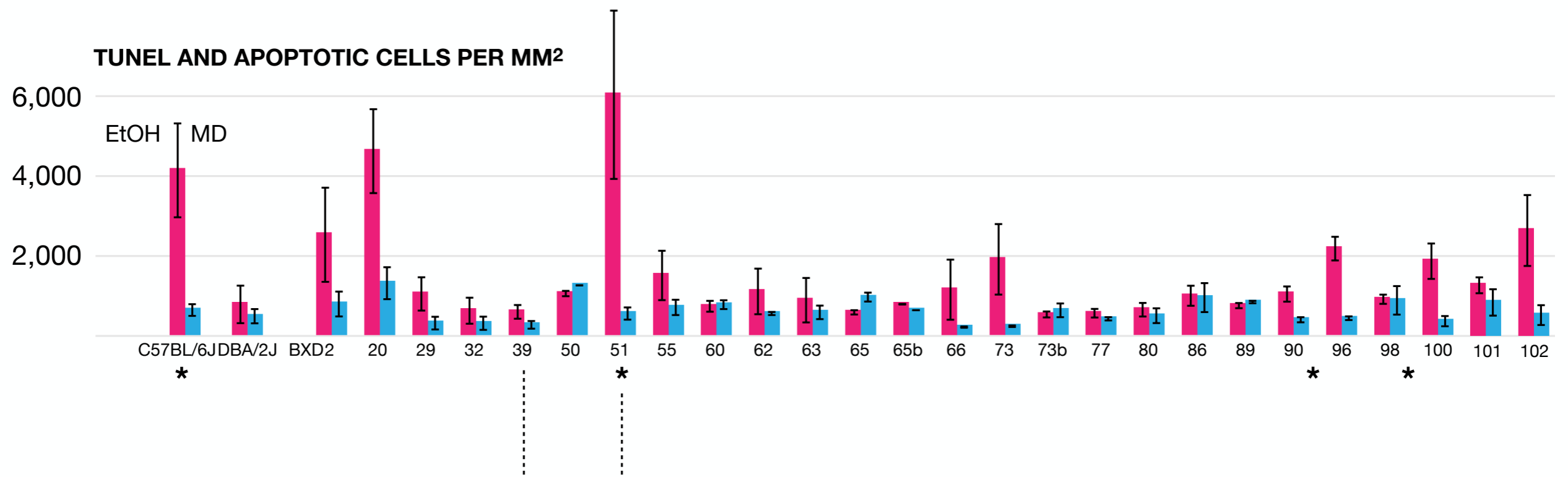




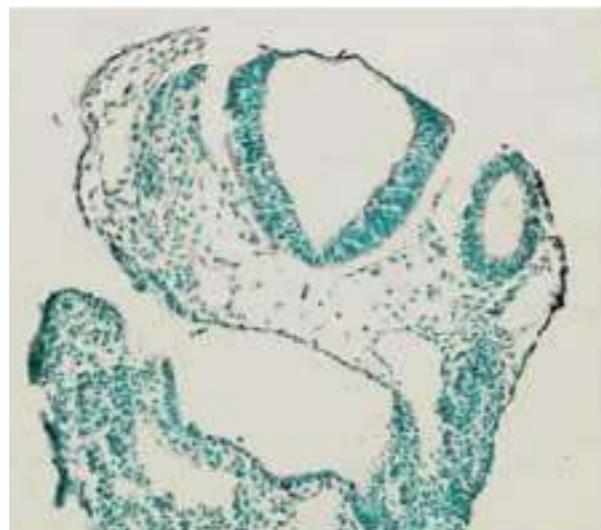
**Figure 2.** Representative images of the developing brainstem from (A) susceptible and (B) resistant mouse BXD strains, treated with ethanol on embryonic day 9 (E9.0). Apoptotic cells were labelled using the terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL) assay. Cell nuclei of nonapoptotic cells were counterstained with methyl green. The red arrow indicates a greater amount of cell death in the susceptible strain.



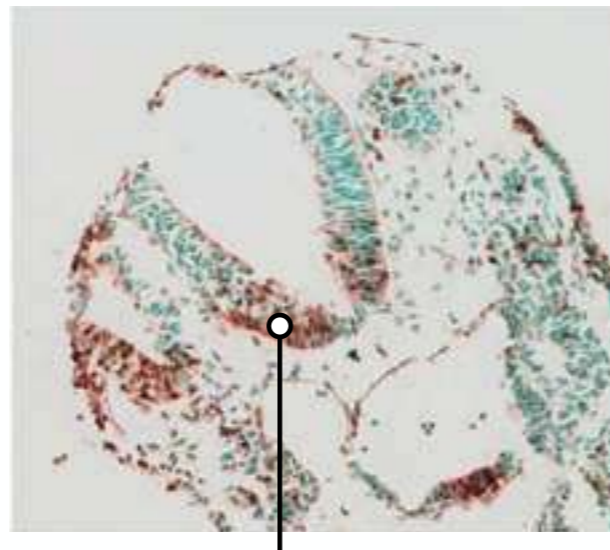
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**RESISTANT BXD39**

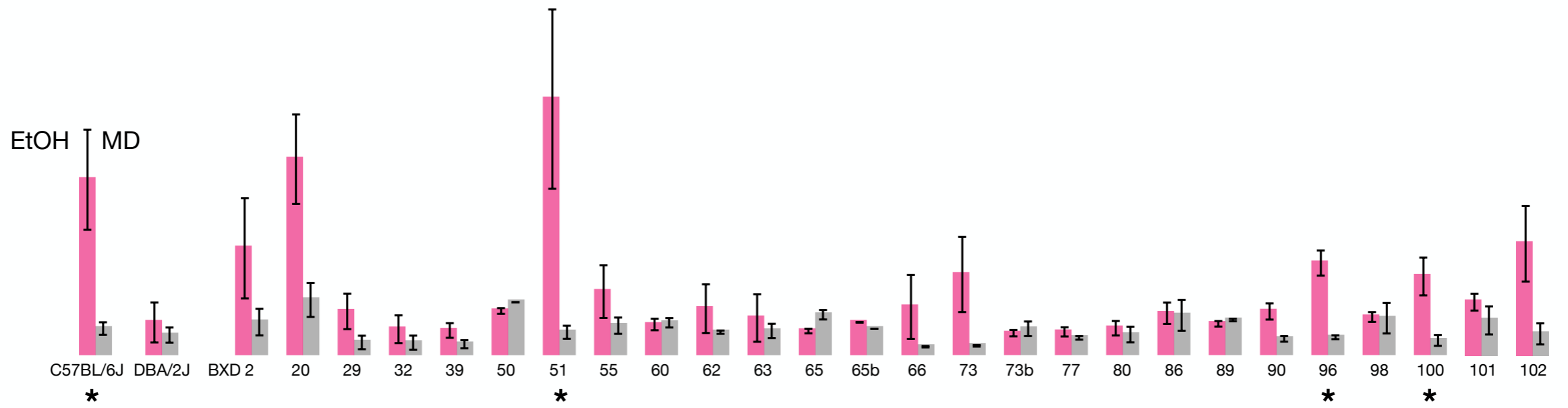
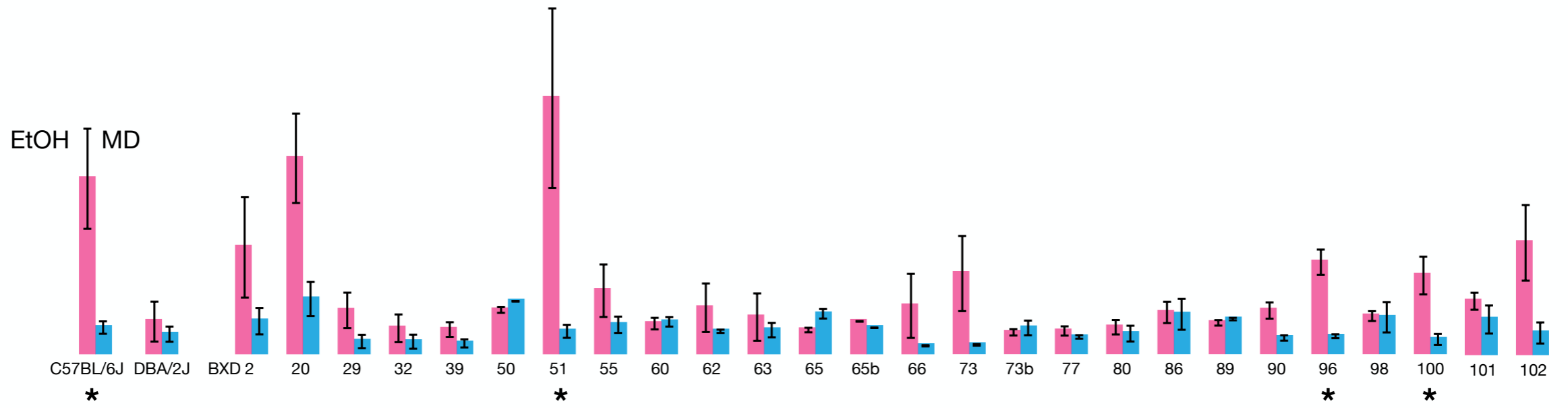
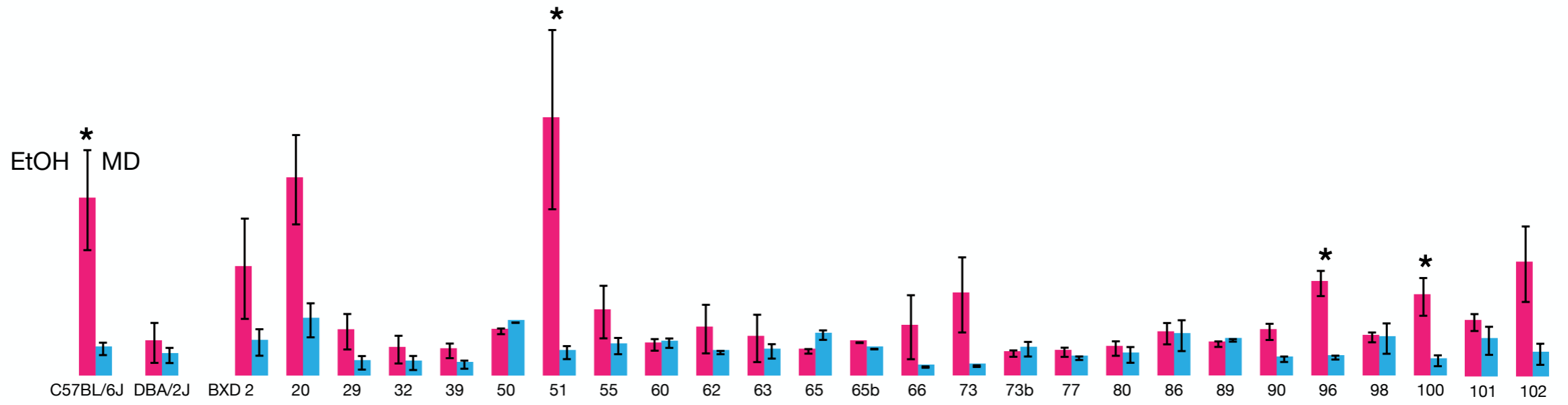


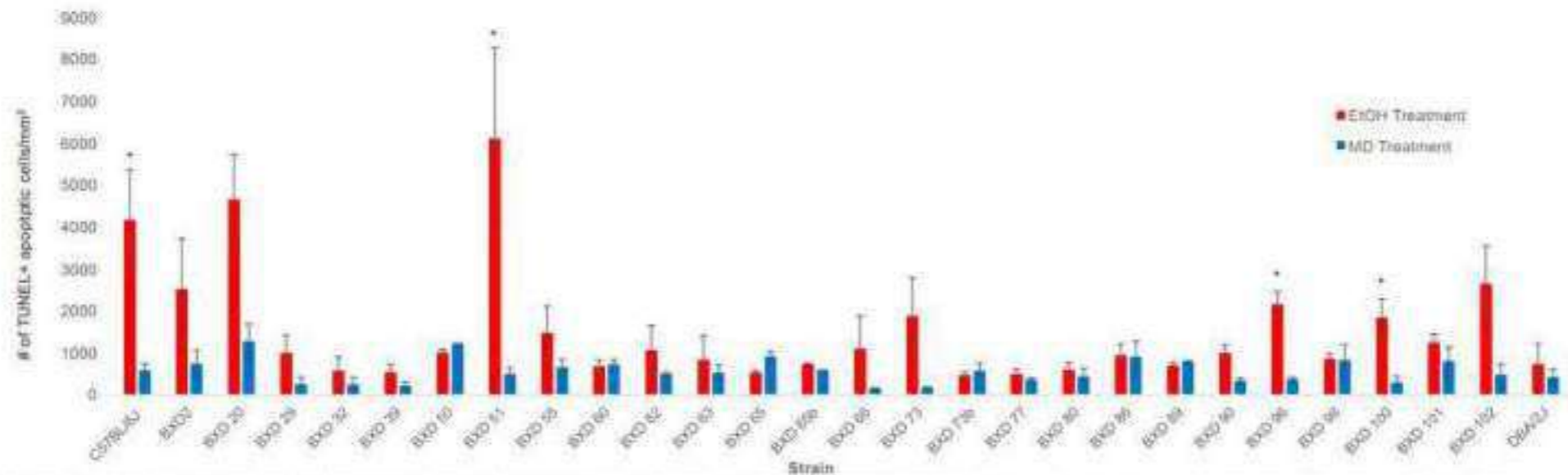
**BXD51 SUSCEPTIBLE**



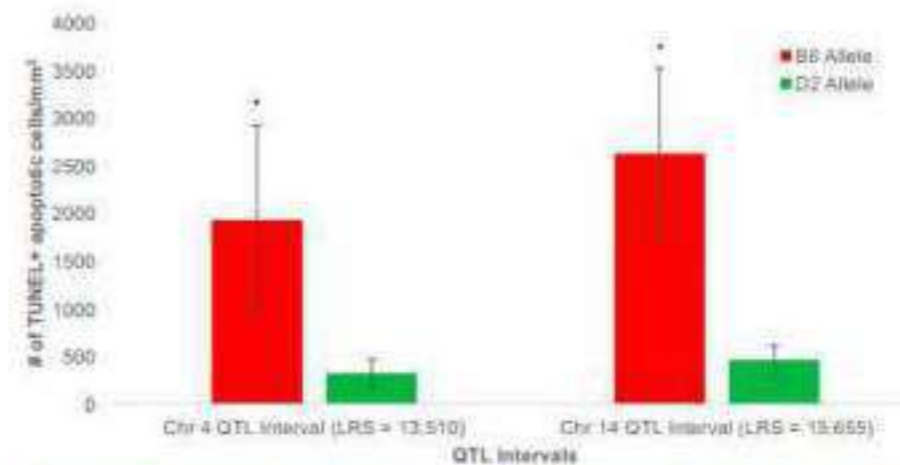
*increased apoptosis*

Images of the developing brainstem from a susceptible and resistant mouse BXD strain, treated with ethanol on embryonic day 9 (E9.0). Apoptotic cells were labelled using the terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL) assay. Cell nuclei of nonapoptotic cells were counterstained with methyl green. The arrow indicates a greater amount of cell death in the susceptible strain.

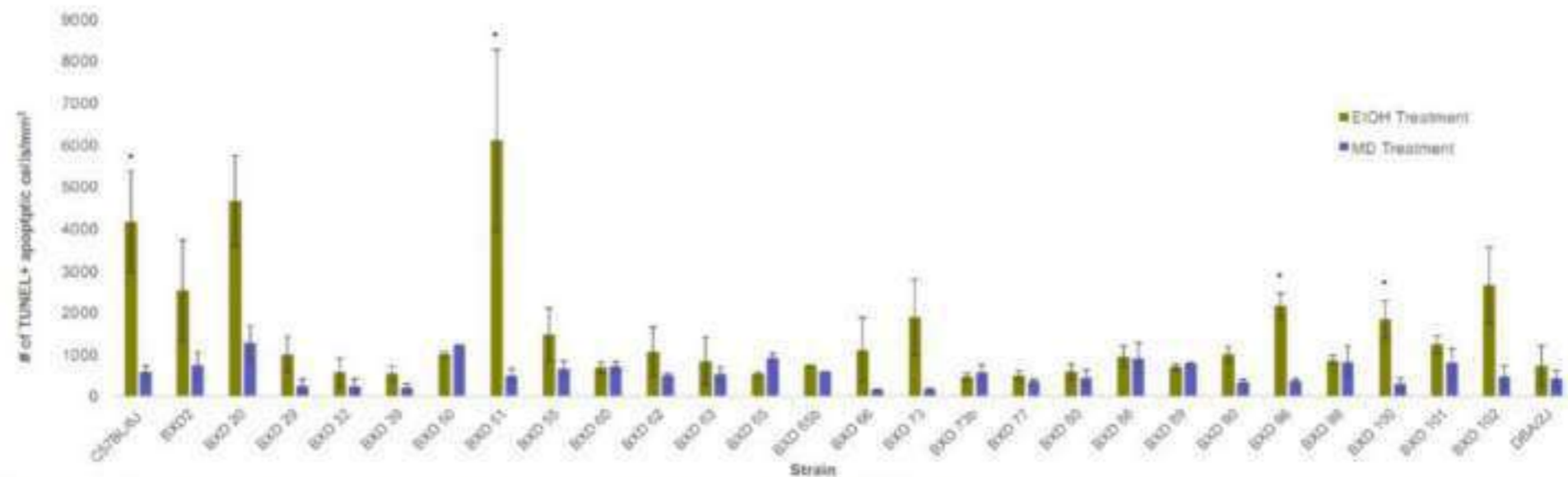




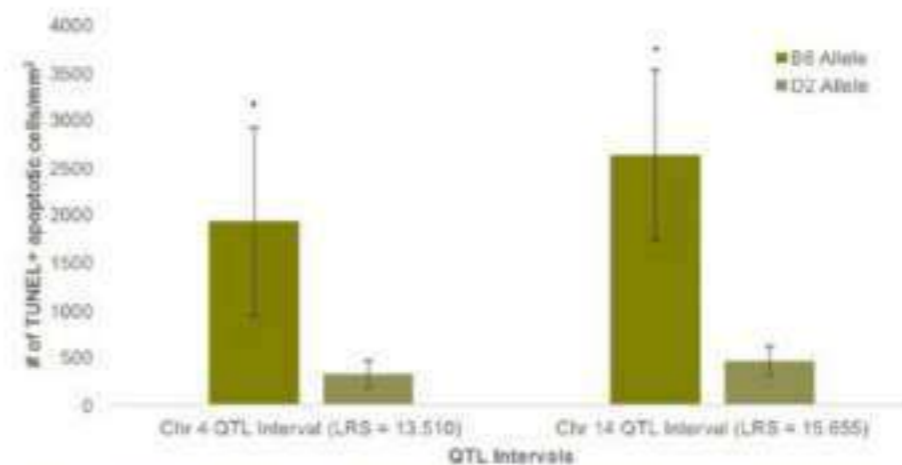
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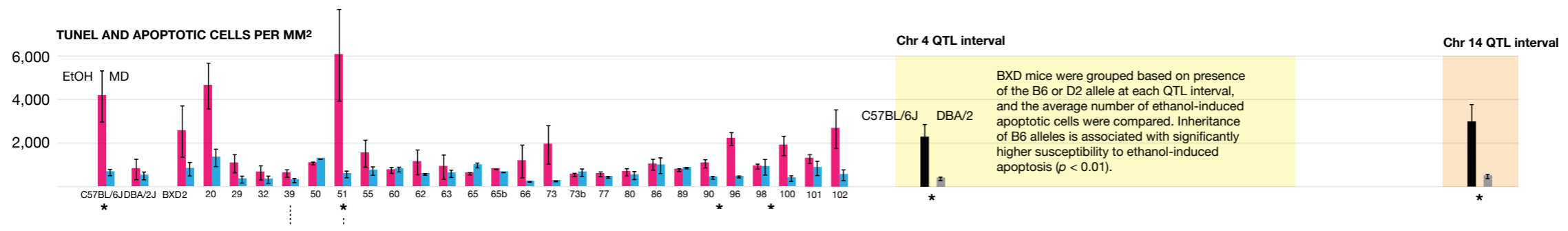


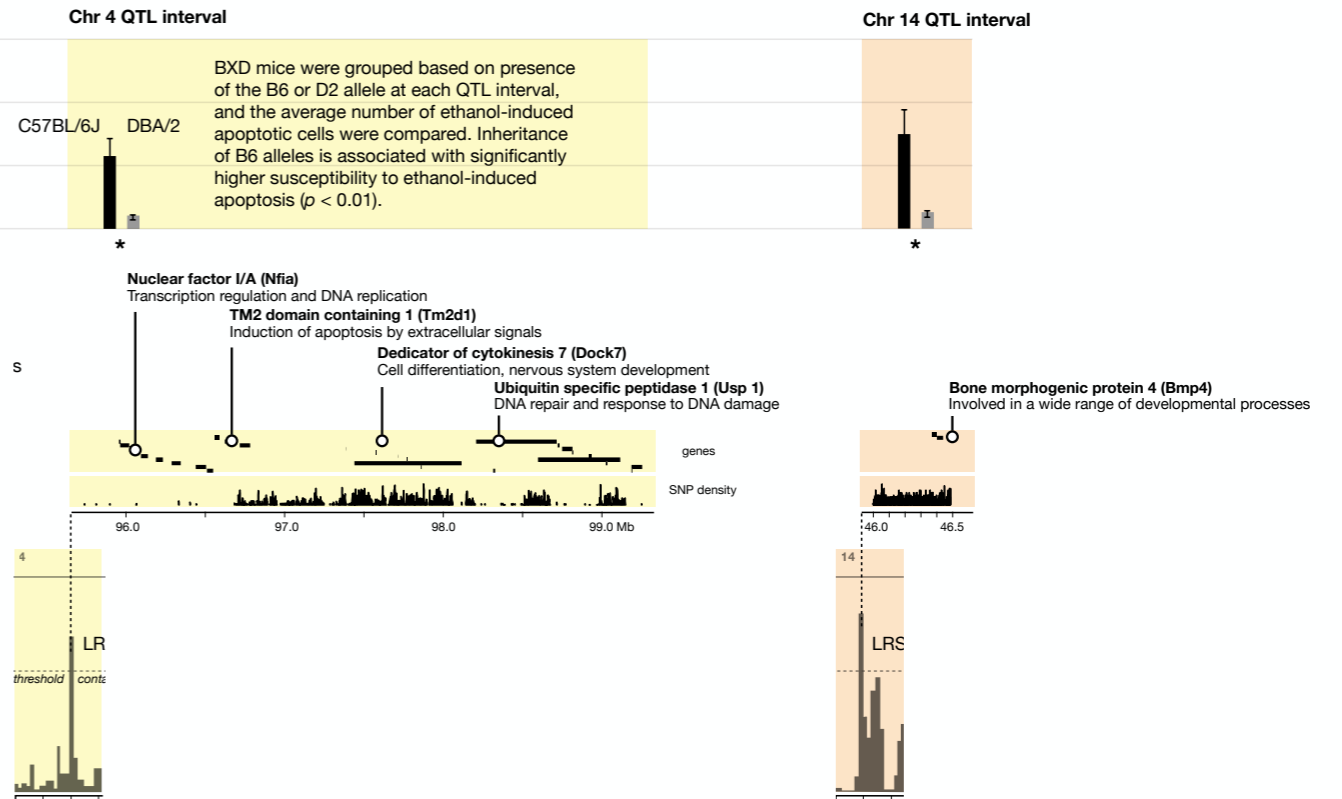
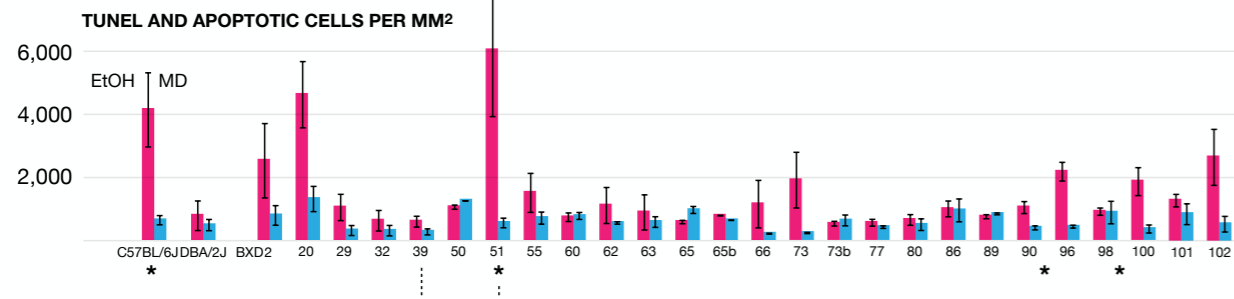
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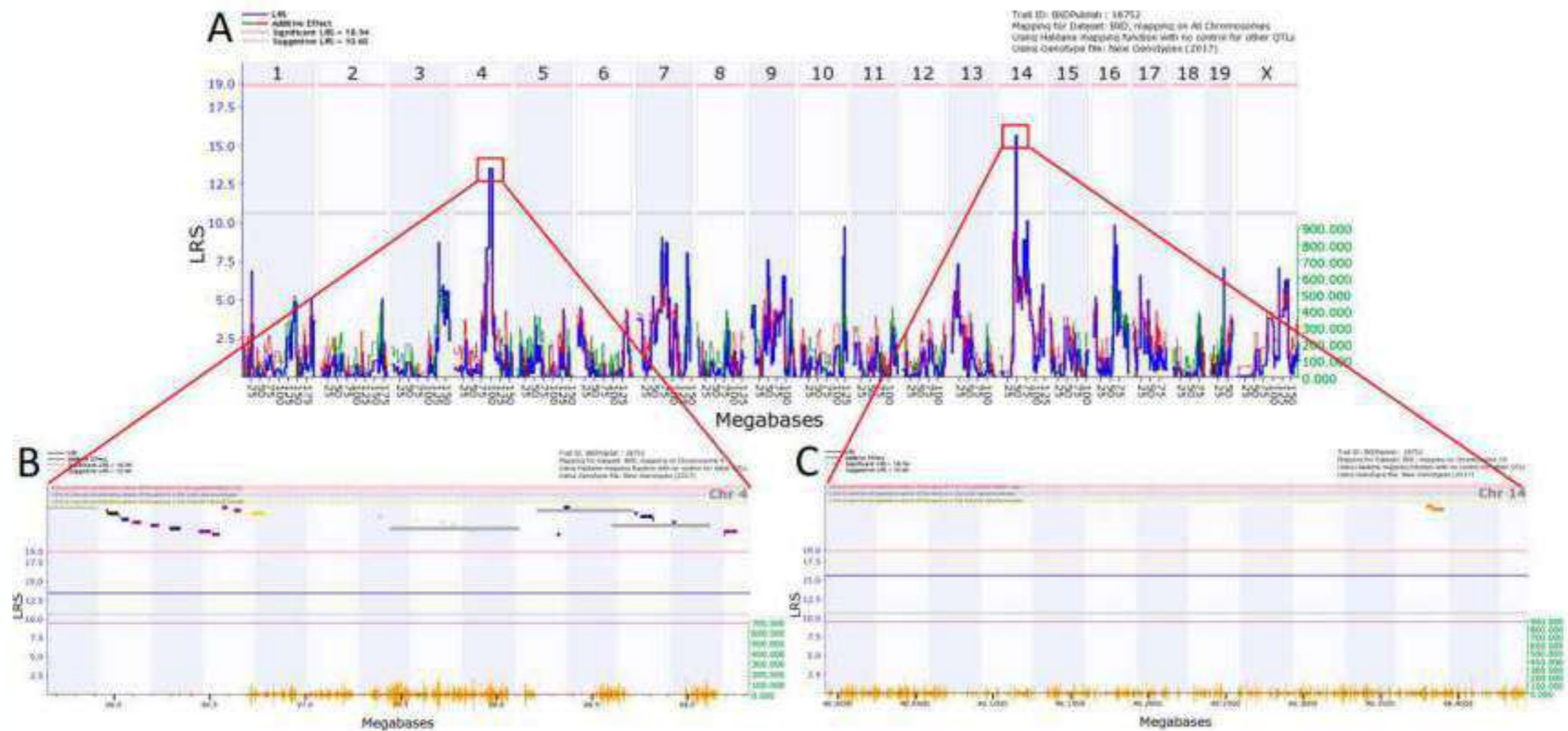


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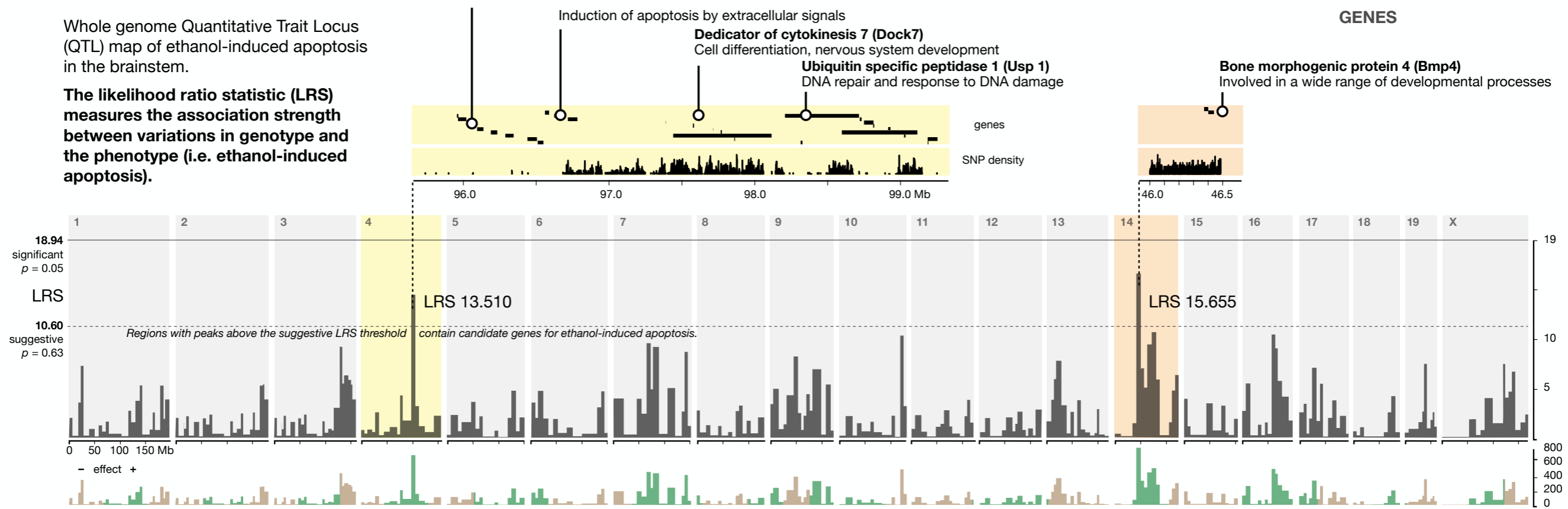








**Figure 4. Quantitative Trait Locus (QTL) interval mapping of ethanol-induced apoptosis in the brainstem. (A)** Whole genome QTL map. The x-axis represents chromosomes 1–19, & X and their physical maps in megabases. The y-axis and the blue line indicate the likelihood ratio statistic (LRS), which reports the strength of association between variations in genotype and the phenotype (i.e. ethanol-induced apoptosis). The red and gray horizontal lines respectively mark the significant ( $p = 0.05$ ) and suggestive ( $p = 0.63$ ) thresholds. Peaks that reach these thresholds indicate genome regions containing candidate genes that may be implicated in ethanol-induced apoptosis. **(B, C)** Maps of the suggestive QTLs on chromosome 4 (LRS = 13.510) and chromosome 14 (LRS = 15.655) were expanded to analyze candidate genes and single nucleotide polymorphisms (SNPs, yellow peaks on the x-axis) at each locus.



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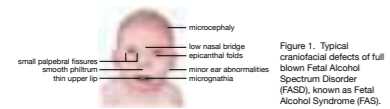
# Genetic Influences on the Severity of Ethanol-induced Cell Death in the Developing Prenatal Brain

Kristina Balce<sup>1</sup>, Emilie Théberge<sup>1</sup>, Kristen Hamre<sup>2</sup>, Daniel Goldowitz<sup>1</sup>

<sup>1</sup>Centre for Molecular Medicine and Therapeutics, Dept. of Medical Genetics, The University of British Columbia, Vancouver, BC  
<sup>2</sup>Dept. of Anatomy and Neurobiology, The University of Tennessee Health Science Center, Memphis, TN

## Fetal Alcohol Spectrum Disorder

Fetal Alcohol Spectrum Disorder (FASD) is caused by fetal exposure to alcohol consumed by mothers during pregnancy [1]. It is the most common preventable cause of developmental disability in Canada — over 3000 Canadian newborns diagnosed annually [2].



FASD is characterized by abnormal brain development, cognitive/learning deficits, behavioural issues, and/or specific patterns of physical defects.

Research in mouse models implicates ethanol-induced apoptosis (i.e. programmed cell death) as one process contributing to disruption in early brain development [4]. Severity of ethanol's effects appears to vary depending on genetic background; how and which genes are involved in susceptibility or resistance to alcohol remain largely unknown. Genetic influences may be important for screening, prevention, and therapeutic treatment of FASD.

## Objectives

Demonstrate genetic differences in vulnerability to the apoptotic effects of prenatal alcohol exposure. Use Quantitative Trait Locus (QTL) analysis to identify genes involved in susceptibility or resistance to ethanol-induced apoptosis in the developing brain.

## Conclusions

There is significant variation in vulnerability to ethanol-induced apoptosis between BXD strains, suggesting that genetic differences influence the severity of the effects of prenatal alcohol exposure. Suggestive QTLs on chromosomes 4 and 14 were identified BXD strains with the C57BL/6J genetic background at these QTLs were more susceptible to ethanol-induced apoptosis. Candidate genes at these two QTLs may play an important role in vulnerability; are potential future targets for prenatal screening and therapeutic intervention of FASD.

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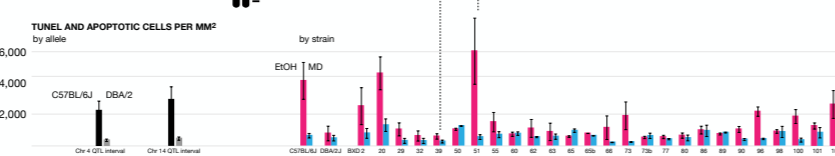
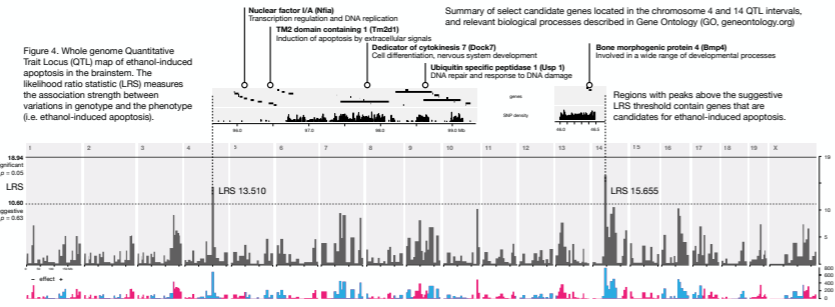


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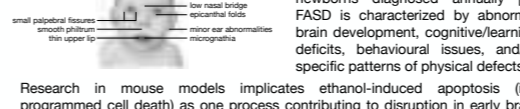
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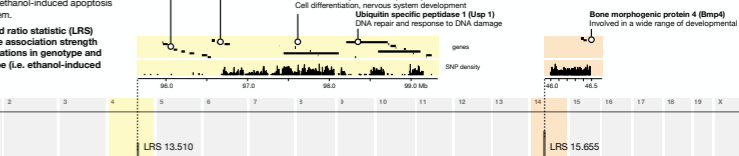
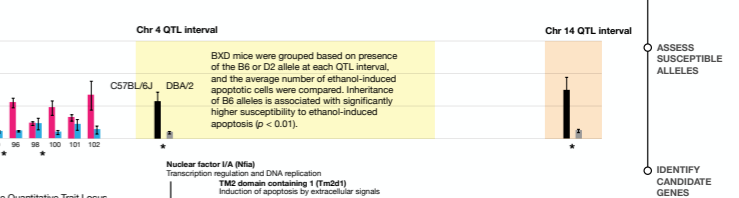
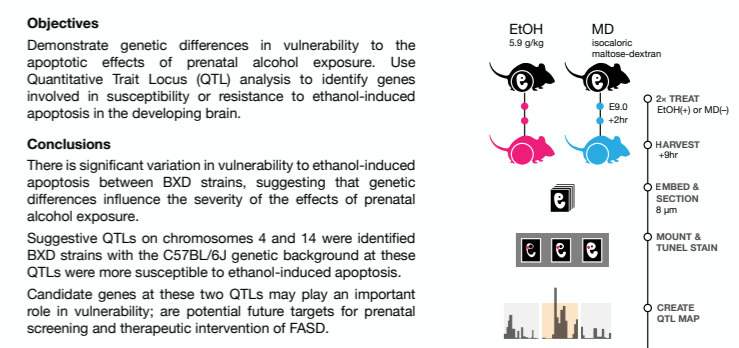
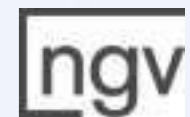


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Gordon Andrews (designer)  
*Gazelle chair* (c. 1950) designed, 1957 manufactured  
plywood, aluminium, wool  
74.0 x 48.0 x 55.0 cm  
Museum of Applied Arts and Sciences, Sydney  
Purchased, 1989 (89/499)