



Fellowship in EMERGENCY CHILD AND ADOLESCENT PSYCHIATRY

BC Children's Hospital

Full Time Fellowship (1 year) – Start Date between (July-October 2021)
Mental Health and Concurrent Disorders

The UBC Department of Psychiatry is inviting eligible candidates to apply for a full-time Fellowship in *Emergency Child and Adolescent Psychiatry*.

The University of British Columbia (UBC) is a global centre for research and teaching. Surrounded by the beauty of the Canadian West, UBC embraces bold new ways of thinking that attract exceptional students and faculty. It is a place where innovative ideas are nurtured in a globally connected research community, providing unparalleled opportunities to learn, discover and contribute.

Faculty members, students, staff and alumni in the UBC Faculty of Medicine are actively engaged in innovative, leading edge research, education and community service on university and hospital campuses across the Province. Together we aim to create knowledge and advance learning that will make a vital contribution to the health of individuals and communities, locally, nationally, and internationally.

Who the Fellow will work with and what will be the core of their work:

The fellow will work closely with the primary supervisor and the Psychiatric Emergency team members throughout BC Children's Hospital, as well as many collaborators in emergency departments and teams throughout British Columbia. The team members primarily involved are the emergency psychiatrist, the psychiatric nurse clinicians (clinicians who assist with information gathering, connections upon admission or discharge, and documentation), the emergency department staff, and community partners in urgent psychiatric clinics.

The fellow will provide consultative service to the BC Children's Emergency department, with both opportunities to be supervised by expert supervisors in emergency assessment, as well as to supervise, working with third-to-fifth year core and elective psychiatric residents. The area of emergency psychiatry has a dearth of clinical research and there are ample research opportunities for descriptive, qualitative, experimental, educational, and quality-of-care-based research.

Details of the clinical/research training experience:

The core of the clinical experience will be managing psychiatric presentations to the Emergency Department at BC Children's Hospital. In terms of demographics, the younger age group (<12, ~20% of presentations) often present with agitation, anxiety, neurodiversity, and developmental disabilities requiring psychiatric support or family crises, whereas the older age group (12+, 75% of presentations) present with mood and anxiety problems, as well as the more classical psychiatric illnesses like bipolar disorder and schizophrenia. About 40-50% of our presentations are for suicidal ideation, behaviours, or attempts. On average there are 1-2 consultations per day. The core clinical experience occurs during the day so there are multiple team members to assist in the assessments.

With psychiatrists who have expertise in emergency psychiatry, there will be a clinical focus on teaching, research and clinical activities in:

• Suicide risk assessment, prevention, techniques, and treatments





- Foundational aspects of psychopharmacology to help remove the "guesswork" from emergency psychiatric presentations of children and adolescents
- Effective and efficient emergency consultations
- Medico-legal risks and responsibilities
- Team Emergency Collaboration
- Principle based (Rather than algorithmic based) emergency approaches that allow for easier clinical decision-making for the millions of combinations and permutations present in emergency presentations.

There is a severe lack of substantial research in emergency psychiatry, and the need for good quality research is high. This creates a fertile ground for research possibilities, from basic descriptive reports to large research projects. With a total throughput of 1400-2000 emergency psychiatric presentations per year, the large urban tertiary setting of BC Children's Hospital would allow for almost any research-based question to be approached.

The principles of the Emergency Psychiatry Team at BC Children's Hospital are:

- Emergency assessments and treatments that meet the highest clinical scenarios
- As a team we support each other, in an all-for-one, one-for-all approach of collegiality
- We aim to minimize systemic discrimination that creates disadvantages and barriers to Indigenous, underrepresented, marginalized, racialized, and neurodiverse populations.

BC Children's Hospital is a wonderful, collegial environment, situated in Vancouver, on the traditional and unceded territories of the Coast-Salish, Squamish, Tsleil-Waututh, and Musequam Nations. Vancouver itself is a major international hub and a vibrant, multicultural city with incredible variety of outdoor climates within 1-2 hours drive. It is almost always ranked among the best places in the world to live.

To apply for this rewarding career development opportunity, please forward a letter of intent (maximally two pages), accompanied by a detailed curriculum vitae and names of three references to:

Dr. Martha J. Ignaszewski

martha.ignaszewski@cw.bc.ca

Director, Postgraduate Training, Child and Adolescent Psychiatry, BC Children's Hospital

Applicants will have a medical degree and successful completion of a MD Residency Training Program &/OR a PhD in mental health or related fields. Applicants must be eligible for licensure/registration with the relevant health professions college (ie. College of Physicians and Surgeons of BC, College of Psychologists of BC).

Applications will be accepted until January 31, 2021

Salary will be commensurate with qualifications and experience. This position will operate out of the Children and Women's Mental Health and Concurrent Disorders at BC Children's Hospital.





UBC hires on the basis of merit and is committed to employment equity. All qualified persons are encouraged to apply. UBC is strongly committed to diversity within its community and especially welcomes applications from visible minority group members, women, Aboriginal persons, persons with disabilities, persons of any sexual orientation or gender identity, and others who may contribute to the further diversification of ideas. However, Canadian and permanent residents of Canada will be given priority.