



## **Fellowship in *Infant & Early Childhood Mental Health***

**BC Children's Hospital**

**Full Time Fellowship (1 year) – Start Date between (July-October 2021)**

**Mental Health and Concurrent Disorders**

The UBC Department of Psychiatry is inviting eligible candidates to apply for a full-time Fellowship in ***Infant & Early Childhood Mental Health***.

The University of British Columbia (UBC) is a global centre for research and teaching. Surrounded by the beauty of the Canadian West, UBC embraces bold new ways of thinking that attract exceptional students and faculty. It is a place where innovative ideas are nurtured in a globally connected research community, providing unparalleled opportunities to learn, discover and contribute.

Faculty members, students, staff and alumni in the UBC Faculty of Medicine are actively engaged in innovative, leading edge research, education and community service on university and hospital campuses across the Province. Together we aim to create knowledge and advance learning that will make a vital contribution to the health of individuals and communities, locally, nationally, and internationally.

### **Who the Fellow will work with and what will be the core of their work:**

The fellow will work closely with their primary supervisor and other team members in the infant psychiatry clinic including child and adolescent psychiatrists, clinical psychologists, social worker, graduate students, and research assistants. The fellow will participate in weekly team meetings and will have opportunities for involvement in assessment, treatment, community consultation, teaching and research.

### **Details of the clinical/research training experience:**

Clinical training experiences include diagnostic assessments, individual and group-based treatment approaches for infant/early childhood mental health conditions. This clinic offers transdiagnostic opportunities across both neurotypical and neurodiverse populations, for both externalizing behavioural and internalizing emotional difficulties. We offer attachment-based parenting and dyadic programs (e.g., Circle of Security, Watch Wait Wonder) to build reflective functioning and support healthy parent-child relationships. We also offer behaviour-based parenting interventions to support evidence-based strategies for disruptive and attention behaviour, emotional regulation and anxiety (including selective mutism) in preschoolers. We regularly incorporate caregiver supportive approaches (e.g., Emotion-Focused Family Therapy, mindfulness). We also work closely with other subspecialty clinics such as mood/anxiety and neuropsychiatry, as well as the Kelty Mental Health Resource Centre, and there would be opportunities for cross-clinic collaboration and resource development for knowledge dissemination. Research training experiences focus on clinical research that has direct impact on early childhood mental health. Project opportunities include exploring parenting beliefs/attitudes related to treatment matching, and developing/evaluating innovative virtual interventions; other areas of interest are welcome.



To apply for this rewarding career development opportunity, please forward a letter of intent (maximally two pages), accompanied by a detailed curriculum vitae and names of three references to:

Dr. Martha J. Ignaszewski

[martha.ignaszewski@cw.bc.ca](mailto:martha.ignaszewski@cw.bc.ca)

Director, Postgraduate Training, Child and Adolescent Psychiatry, BC Children's Hospital

Applicants will have a medical degree and successful completion of a MD Residency Training Program &/OR a PhD in mental health or related fields. Applicants must be eligible for licensure/registration with the relevant health professions college (ie. College of Physicians and Surgeons of BC, College of Psychologists of BC).

**Applications will be accepted until January 31, 2021**

Salary will be commensurate with qualifications and experience. This position will operate out of the Children and Women's Mental Health and Concurrent Disorders at BC Children's Hospital.

*UBC hires on the basis of merit and is committed to employment equity. All qualified persons are encouraged to apply. UBC is strongly committed to diversity within its community and especially welcomes applications from visible minority group members, women, Aboriginal persons, persons with disabilities, persons of any sexual orientation or gender identity, and others who may contribute to the further diversification of ideas. However, Canadian and permanent residents of Canada will be given priority.*