



Using the Human Genome to Understand Medication Response

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Land Acknowledgement

Today's word is *reconciliation*

E lau hoe, mai na wa'a; i ke ka, i ka hoe, i ka hoe, i ke
ka; pas aku i ka'aina

Overarching Goals of the CPNDS Precision Medicine Network

Make the lives of children better
Survive and Thrive

Optimize drug therapy to achieve its best
outcomes possible for every patient

Avoid harmful outcomes from medication use

Individual variability in drug response can have serious consequences

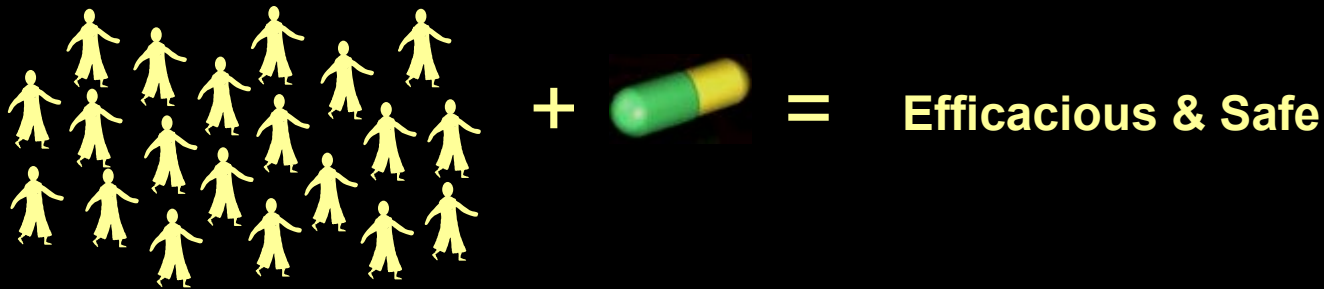


Stevens-Johnson Syndrome (SJS)
Adverse Drug Reaction

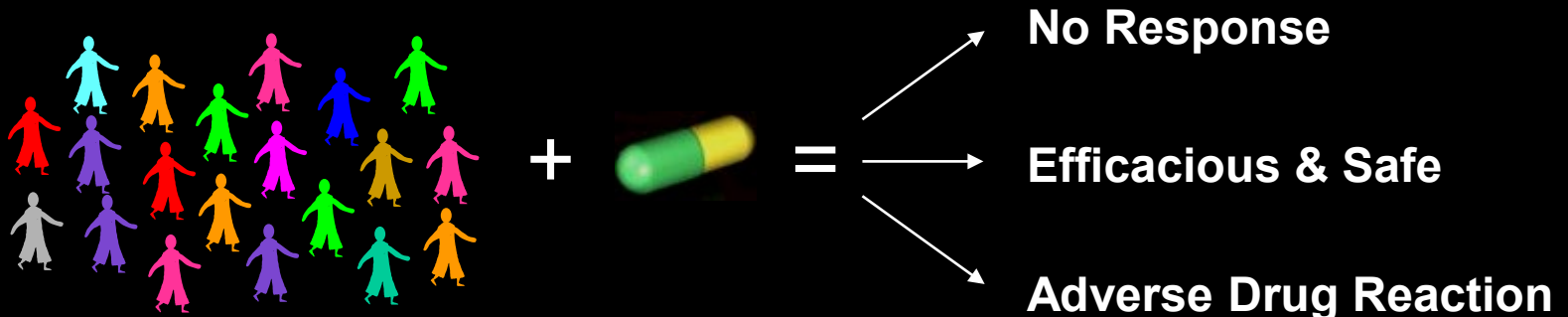


Paradox of Modern Drug Development

1. Clinical trials provide evidence of efficacy and safety at usual doses in *populations*

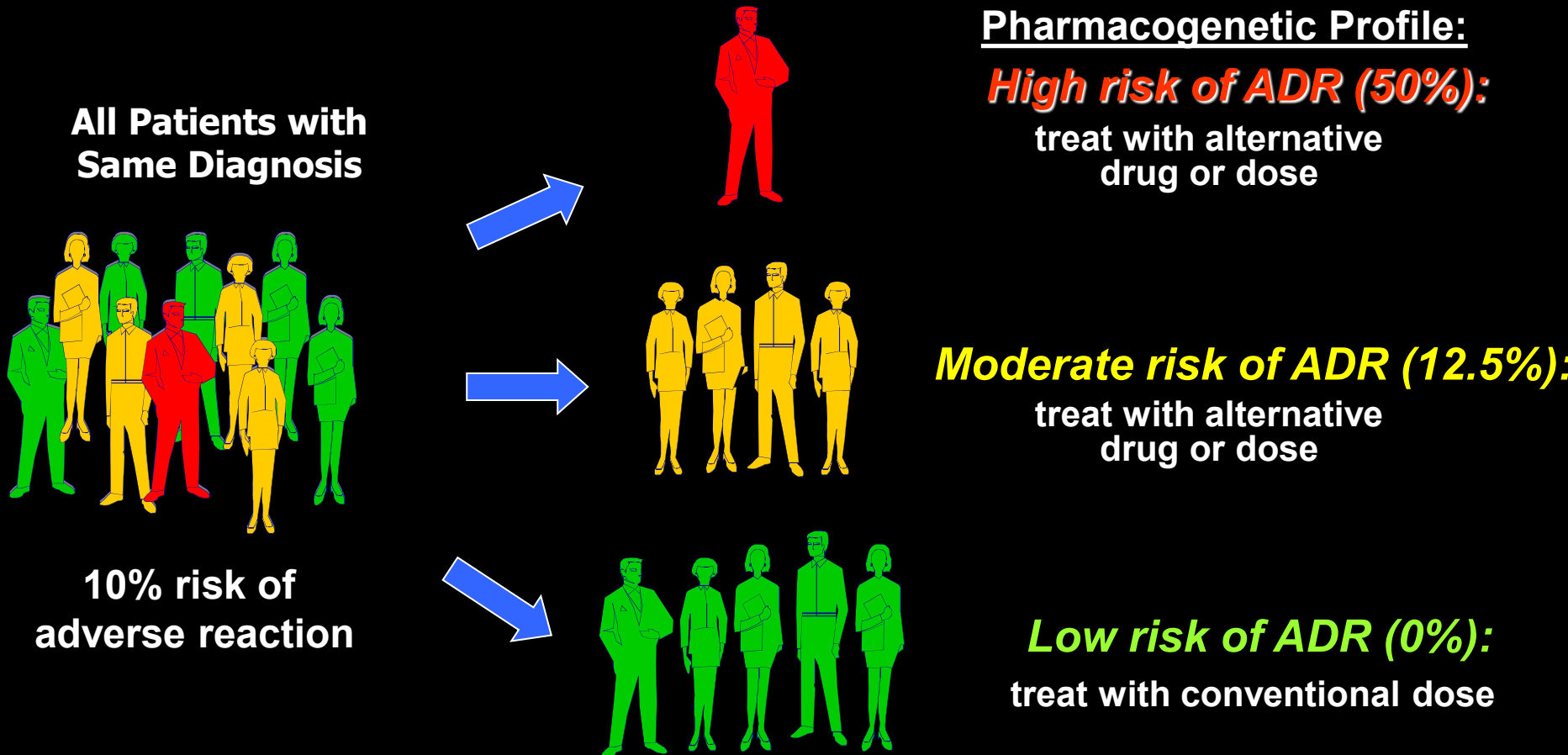


2. Physicians treat *individual* patients who can vary widely in their response to drug therapy



Pharmacogenomics

- Avoid adverse drug reactions
- Maximize drug efficacy for individual patients



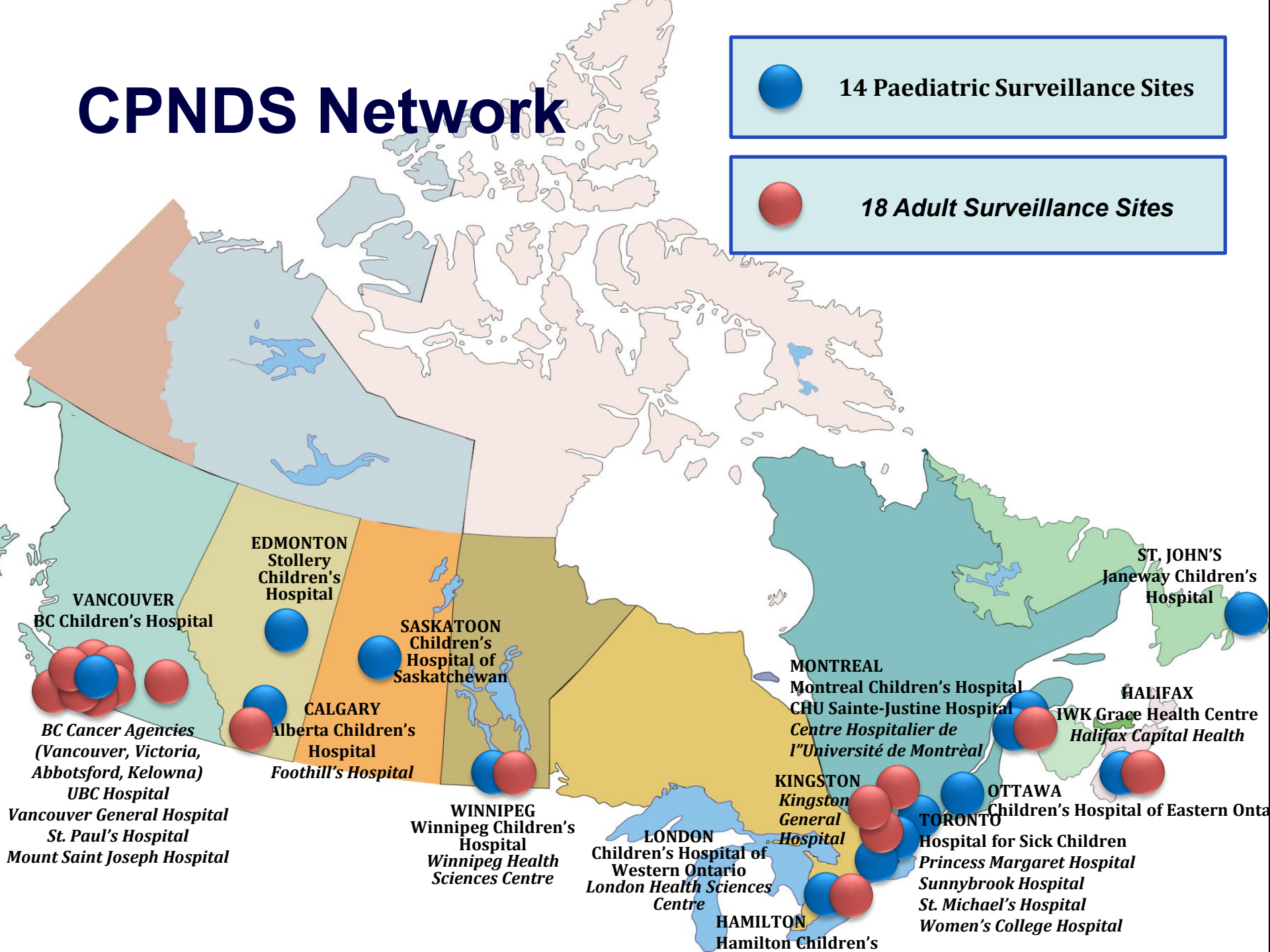
CPNDS Network



14 Paediatric Surveillance Sites



18 Adult Surveillance Sites



CPNDS Biomarker Discovery Strategy

1. Identify children with ADRs & matched controls

ADR cases



Matched controls



2. Collect DNA samples (blood/saliva)

Patient blood/saliva



3. Detailed patient clinical characterization

Patient charts



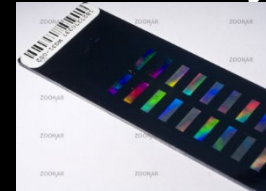
Clinical data

A screenshot of a clinical data report, likely from a hospital's electronic medical records system. It contains various fields for patient information, including name, date of birth, and clinical history.

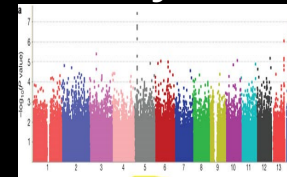
Field	Value
Patient Name	John Doe
Date of Birth	12/12/2000
Gender	Male
Weight	150 lbs
Height	5'10"
Age	10 years
Diagnosis	ADHD
Medication	Ritalin
Referring Physician	Dr. Smith

4. Screen genetic variants

Custom ADME Array



Statistical Analyses



5. Replication

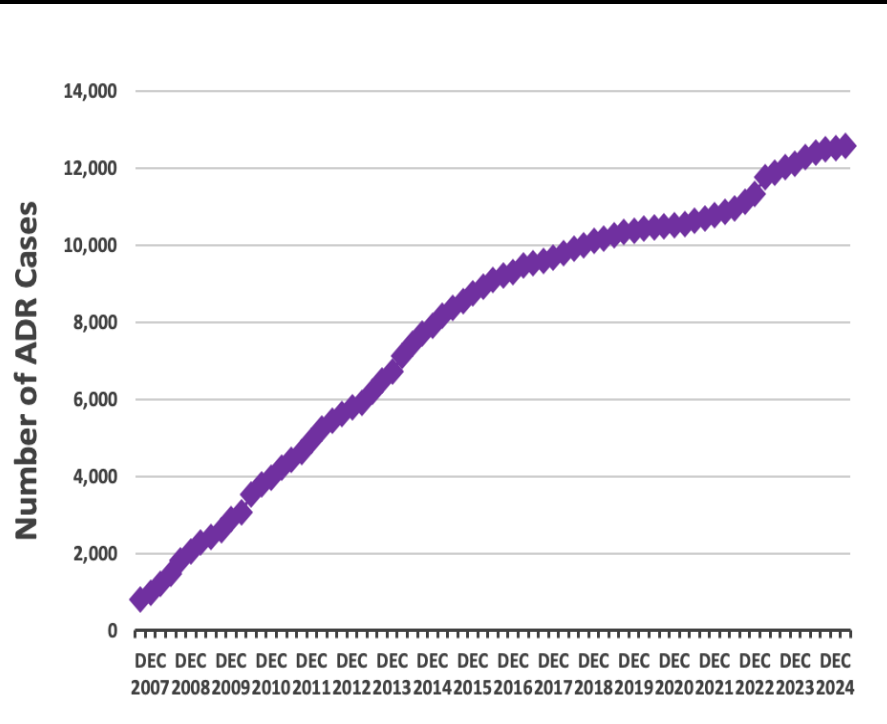


ADR cases & controls

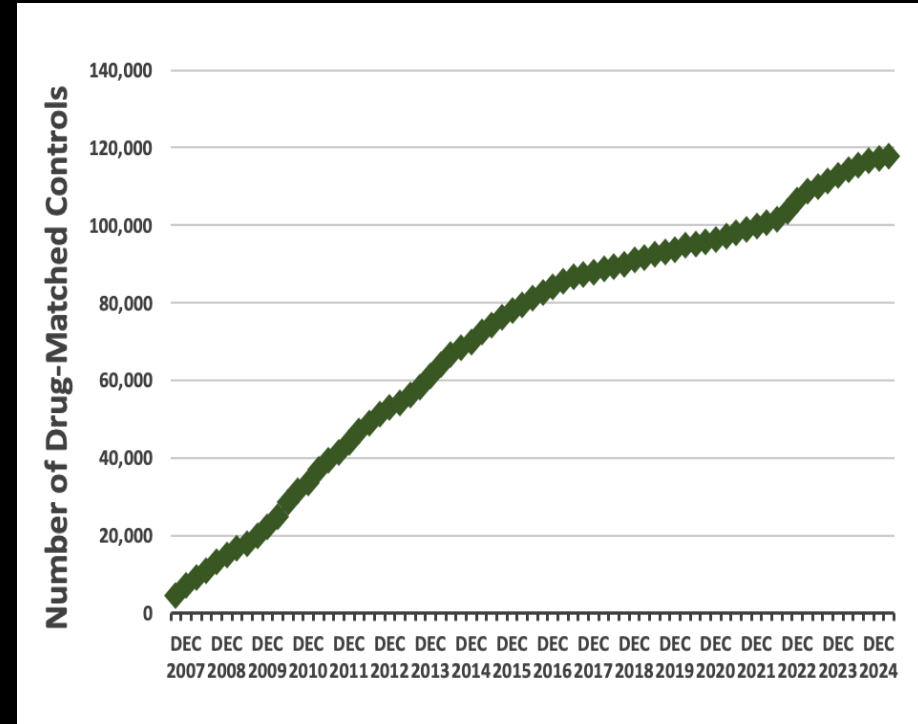
Assay DNA samples

Statistical Analyses

Recruitment of ADR cases and drug-matched controls in Canada

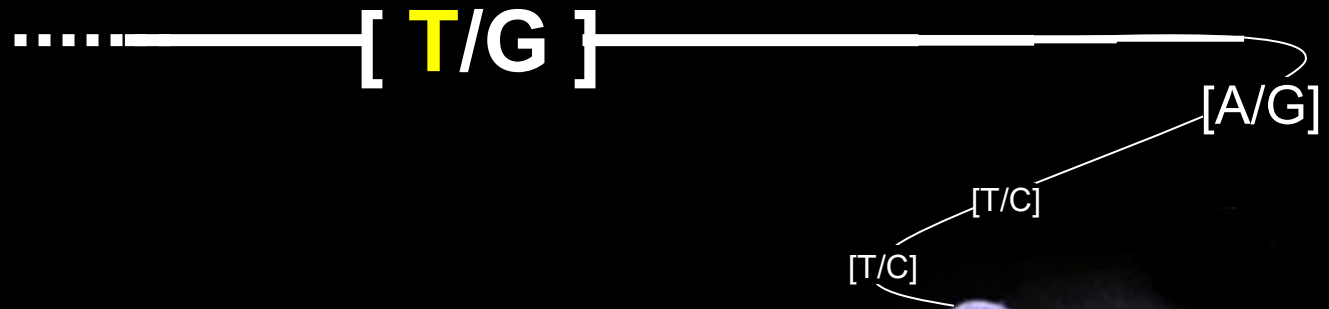


12,565
ADR cases



117,945
Drug-matched controls

Single Nucleotide Polymorphisms (SNP)

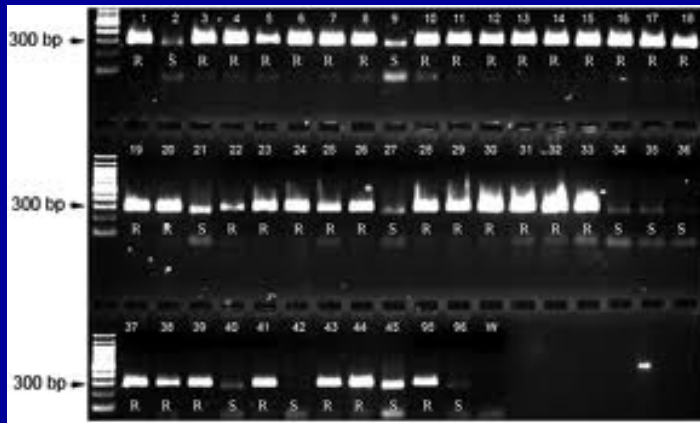


- Variations in DNA (frequency >1%)
- SNPs make up >90% of genetic variation
- When comparing 2 people:
 - 1 SNP occurs every 600-1200 bp
(= 5million differences, ~99.9% identical)
- More than 15 Million known SNPs
- SNPs can alter the amino acid sequence of the encoded protein as well as alter RNA splicing and transcription
- New technology can test > 24 million SNPs per day



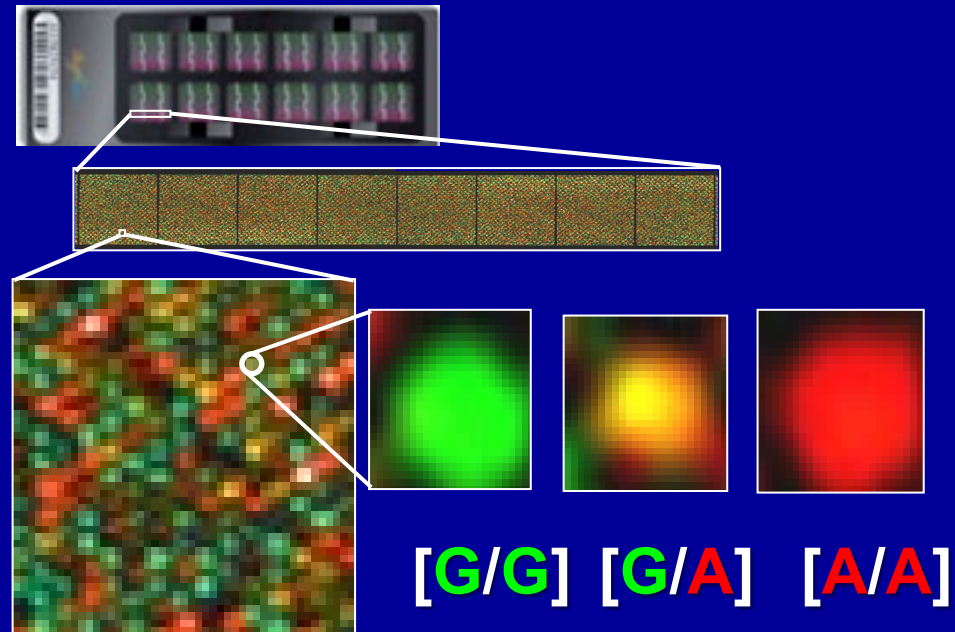
Advances in Genomics Technology

Year 2002



13 years to genotype
1 million variants
throughout the genome
Cost: \$2.7 billion

Year 2017



2 days to genotype
1 million variants
Throughout the genome
Cost: ~\$50

Codeine-Induced Infant Mortality

■ Initial Case Report:

- A new mother was given a standard dose of Tylenol #3 for obstetric pain relief
- Complained of significant drowsiness and constipation; dose reduced by 50%
- Infant showed poor feeding
- Infant died on day 13 due to respiratory failure

■ Follow-up Analysis:

- Infant's blood contained lethal levels of morphine (70 ng/ml)
- Coroner brings case to GATC
- Maternal milk contained 87 ng/ml of morphine (10-20x expected)

Identified genetic variants associated with lethal reaction to codeine in newborns

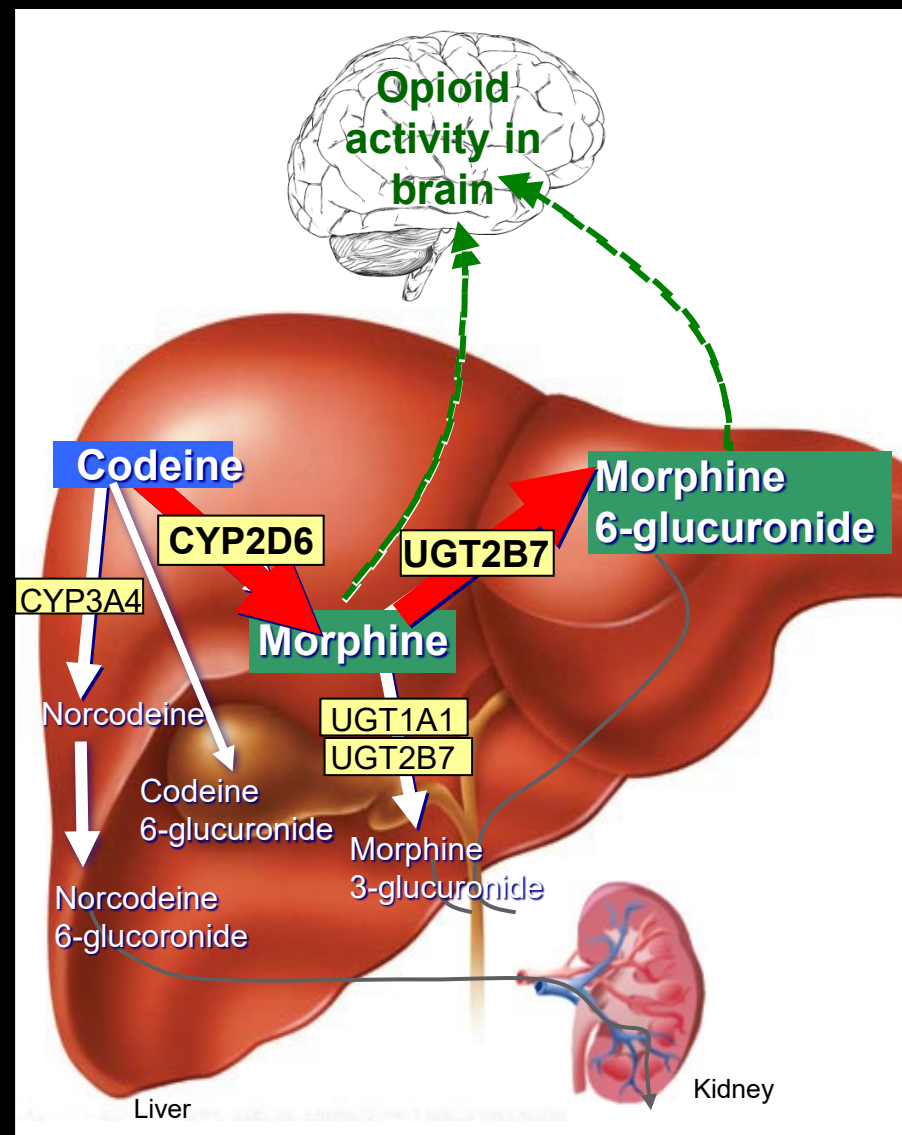
Mother's Genotype:

CYP2D6 gene duplication

UGT2B7*2/*2

Outcome:

- Accumulation of morphine in breast milk
- Breast milk fed to infant
- Accumulation of morphine in infant caused CNS depression, respiratory failure, and death



Prior to Our Work

- *The American Academy of Pediatrics and “Drugs in Pregnancy in Lactation”, the major reference guide to fetal and neonatal risk, list codeine as compatible with breastfeeding*

– Briggs et al., 2005; Pediatrics, 2001

Estimated 1846 newborn infants are at risk for this codeine ADR annually in Canada

(340,000 births, 73% breastfed, 52% mothers receive codeine post-childbirth, 1.4% risk genotype)



May 10, 2006

FDA U.S. Food and Drug Administration

FDA Warning on Codeine Use by Nursing Mothers May Increase Chance of Serious Side Effects in Infants

The U.S. Food and Drug Administration (FDA) is concerned that nursing infants of ultra-rapid metabolizers of codeine. The agency has reviewed all available information on the safety of codeine in nursing mothers. The morphine levels in the mother's milk showed that the mother was an ultra-rapid metabolizer of codeine.

"Our best advice to physicians prescribing codeine-containing products to nursing mothers is to avoid codeine-containing products unless the benefits clearly outweigh the risks," said Sandra Kweder, M.D., deputy director of the Office of New Drugs in FDA's Center for Drug Evaluation and Research.

Codeine is an ingredient found in prescription and non-prescription medicines (metabolized) to morphine. Some people, due to their genetic makeup, metabolize codeine more rapidly than most people. In these people, the level of morphine in their breast milk is much higher than in people who metabolize codeine more slowly. This can result in higher levels of morphine in the breast milk of these people, which can cause serious side effects in their infants.

According to the FDA, nursing mothers have used codeine safely for many years as pain relievers for nursing women and their babies. However, to raise awareness of the potential risks of codeine use in nursing mothers, the FDA is issuing this warning. Manufacturers of prescription codeine medicines to include information about this issue on the FDA website for healthcare providers and consumers.

Nursing mothers taking codeine (or other narcotic pain relievers) should know that codeine can be found in their breast milk. If a mother is taking codeine, she should not breastfeed her baby for more than four hours at a time. Signs of breathing difficulties or limpness.

The chance of being an ultra-rapid metabolizer varies among different populations. The risk of having an adverse event when taking codeine is not known. There is a FDA-cleared test to check for ultra-rapid metabolism, but there is no test to determine if a mother's breast milk will have too much morphine.

Mothers and babies gain many health benefits from breastfeeding. When a mother is taking codeine, it is important for healthcare professionals and nursing women using codeine to be aware of the potential risks.

For more information, go to [Use of Codeine Products in Nursing Mothers](#)

Aug 17, 2007

FDA drug label change and public health advisories

Health Canada Public Advisory

Aug. 21, 2008

Health Canada Santé Canada

Home > About Health Canada > Media Room > Advisories, Warnings & Recalls

Use of Codeine Products by Nursing Mothers

Advisory

OTTAWA - Health Canada is advising the public, especially nursing mothers, that while breastfeeding babies pose a very rare but serious health risk to breastfed babies posed by codeine. Once ingested, codeine is converted by the body into morphine, which can then be passed to the baby through the breast milk. This can result in the baby becoming addicted to morphine, which can cause serious side effects, including breathing difficulties, limpness, and even death.

Codeine is found in prescription and non-prescription products to treat coughs. Despite the common use of codeine products, reports of adverse events in infants are rare. However, a recent study suggests that the risk of morphine exposure in breastfed babies may be higher than expected.

Health Canada recommends nursing mothers take the following steps to reduce the risk of morphine exposure in breastfed babies:

- Avoid taking codeine products while breastfeeding.
- If you must take codeine, do so for the shortest time possible.
- Do not breastfeed your baby for at least four hours after taking codeine.
- Watch for signs of morphine exposure in your baby, such as breathing difficulties, limpness, and excessive sleepiness.

THE GLOBE AND MAIL

Codeine can prove toxic for breastfed babies

Study highlights risk in mother's milk

Nationwide outbreak spurs massive meat recall

Maple Leaf plant shut after bacterial illness kills one and sickens at least 18 others

HEALTH: "YOU CANNOT CONTINUE TO GIVE IT LIKE CANDIES"

BY LISA HESTER

Nearly one-quarter of babies whose mothers took codeine while breastfeeding showed signs of central nervous system depression, according to a new study suggesting the drug can transform mother's milk into a troubling brew.

Specifically, 27 of 73 babies became sedated or experienced abnormal breathing, including one who narrowly avoided a tragic reaction, according to hospital file data. Children researchers in collaboration with the University of Western Ontario.

"This dataset continues to give us confidence in the safety of codeine when used as directed," said Dr. David Kohn, lead author of the study published in the journal Clinical Pharmacology & Therapeutics. "In some cases, it can be life-threatening."

Codeine is extremely prescribed for pain relief. In 2006, more than 100,000 Canadian women used codeine during pregnancy. Acid although it has been known that some mothers carry multiple copies of a gene capable of converting the common pain reliever into morphine, concentrations of morphine in the breast milk were not previously known.

The researchers found that 27 of 73 babies whose mothers took codeine while breastfeeding showed signs of central nervous system depression, including abnormal breathing, sedation, and in one case, a life-threatening reaction. The researchers found that the level of morphine in the mother's milk was much higher than in people who metabolize codeine more slowly. This can result in higher levels of morphine in the breast milk of these people, which can cause serious side effects in their infants.

August 20, 2009

The NEW ENGLAND JOURNAL *of* MEDICINE

361;8 AUGUST 20, 2009

Codeine, Ultrarapid-Metabolism Genotype,
and Postoperative Death

- 2 year old boy
- Received tonsillectomy for sleep apnea
- Received standard codeine dose
- Died of respiratory depression
- High levels of morphine in blood (32 ng/ml)
- Boy carried CYP2D6 gene duplication

PEDIATRICS®

OFFICIAL JOURNAL OF THE AMERICAN ACADEMY OF PEDIATRICS

More Codeine Fatalities After Tonsillectomy in North American Children

Lauren E. Kelly, Michael Rieder, John van den Anker, Becky Malkin, Colin Ross,
Michael N. Neely, Bruce Carleton, Michael R. Hayden, Parvaz Madadi and Gideon
Koren

Pediatrics; originally published online April 9, 2012;

“...These cases demonstrate that analgesia with codeine or other opioids that use the CYP2D6 pathway after adenotonsillectomy may not be safe in young children with obstructive sleep apnea syndrome.”



Drug Label Change

Feb. 22, 2013

FDA New Black Box Warning



U.S. Food and Drug Administration
Protecting and Promoting Your Health

Drug Safety Communication

Safety review update of codeine use in children; new *Boxed Warning* and *Contraindication* on use after tonsillectomy and/or adenoidectomy

This update is in follow-up to the [FDA Drug Safety Communication: Codeine use in certain children after tonsillectomy and/or adenoidectomy may lead to rare, but life-threatening adverse events or death](#) issued on 8/15/2012.

Safety Announcement

[2-20-2013] The U.S. Food and Drug Administration (FDA) is updating the public about new actions being taken to address a known safety concern with codeine use in certain children after tonsillectomy and/or adenoidectomy (surgery to remove the tonsils and/or adenoids). Deaths have occurred post-operatively in children with obstructive sleep apnea who received codeine for pain relief following a tonsillectomy and/or adenoidectomy. Codeine is converted to morphine by the liver. These children had evidence of being ultra-rapid metabolizers of codeine, which is an inherited (genetic) ability that causes the

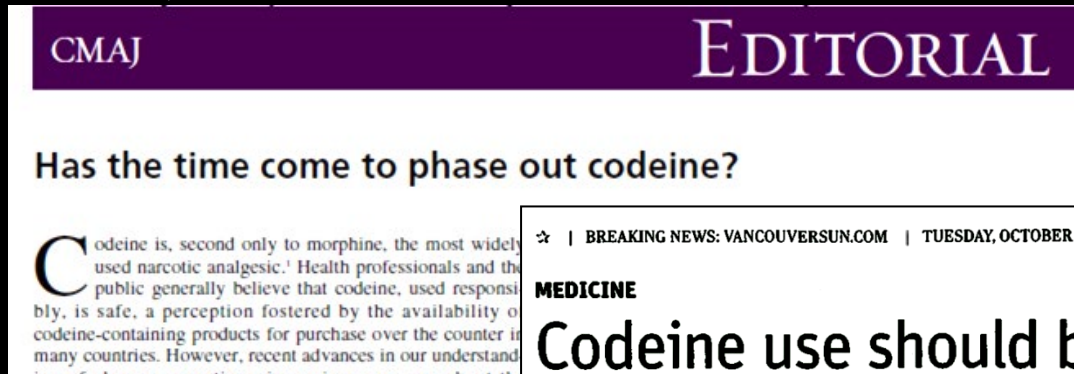
THE WALL STREET JOURNAL.

U.S. NEWS | February 20, 2013, 7:16 p.m. ET

FDA Warns on Codeine Use for Children

Calls for Removal of Codeine

CMAJ, Oct. 2010



☆ | BREAKING NEWS: VANCOUVERSUN.COM | TUESDAY, OCTOBER 5, 2010

MEDICINE

Codeine use should be halted, journal says

Globe & Mail
October 5, 2010

Globe & Mail
August 20, 2009



Cover
Globe & Mail
April 9, 2012



HEALTH

Child codeine deaths uncovered

Recent cases blamed on genetic trait – and experts say it's time for a ban on giving painkiller to kids

ANDRÉ PICARD
PUBLIC HEALTH REPORTER

Years after Canadian researchers sounded the alarm about the dangers of prescribing codeine-based painkillers after surgery, children are still dying because

of the practice.

A new study, published in Monday's edition of the journal Pediatrics, details the deaths and near-death of three youngsters shortly after ear, neck and throat surgery – and there are "many more cases, no question," the

lead researcher said.

"No one should accept that a child dies after being prescribed codeine," Gideon Koren, director of the Motherisk program at the Hospital for Sick Children in Toronto, said in an interview. "This is a totally unsafe practice."

The three children in the study – two Canadians and one American – all overdosed on morphine. There is a common genetic trait that leads some people to metabolize codeine ultra-rapidly.
Codeine, Page 13

Vancouver Sun
April 10, 2012

MEDICINE

Codeine can kill kids after tonsil surgery

BY SHARON KIRKEY

are kids who, except for the sleep apnea, are healthy kids. They should have a life

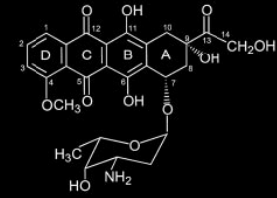
Anthracycline Case Report

- A previously healthy 10-year-old presented with abdominal mass
- Biopsy confirmed neuroblastoma
- Patient began standard doxorubicin chemotherapy protocol
 - Cumulative dose: 250 mg/m²

Case Report

- A previously healthy 10-year-old child presented with neuroblastoma to B.C. Children's Hospital
- Began doxorubicin chemotherapy
- Prior to last cycle of treatment, child became unwell during a routine CT scan at BC Children's Hospital
 - **Intubated and rushed to ICU**
 - **Developed serious cardiac dysfunction, virtually no cardiac output**
 - **Child placed on extracorporeal membrane oxygenation (ECMO)**
(heart-lung machine)
 - **Child received a heart transplant**
 - **First transplanted heart rejected**
 - **Child received a second heart transplant**
- Child is currently cancer remission

Anthracyclines



- Doxorubicin, Epirubicin, Daunorubicin, Idarubicin
- Administered to 70% all childhood cancer patients
- Adjuvant chemotherapy for 50-90% of breast cancer
 - 22,000 patients/year in Canada
- At least **970,000 patients** receive each year (N. America)

Highly effective

- Introduction of anthracyclines contributed to improved childhood cancer survival: from 30% in 1960s to >80% today



Anthracycline-Induced Cardiotoxicity

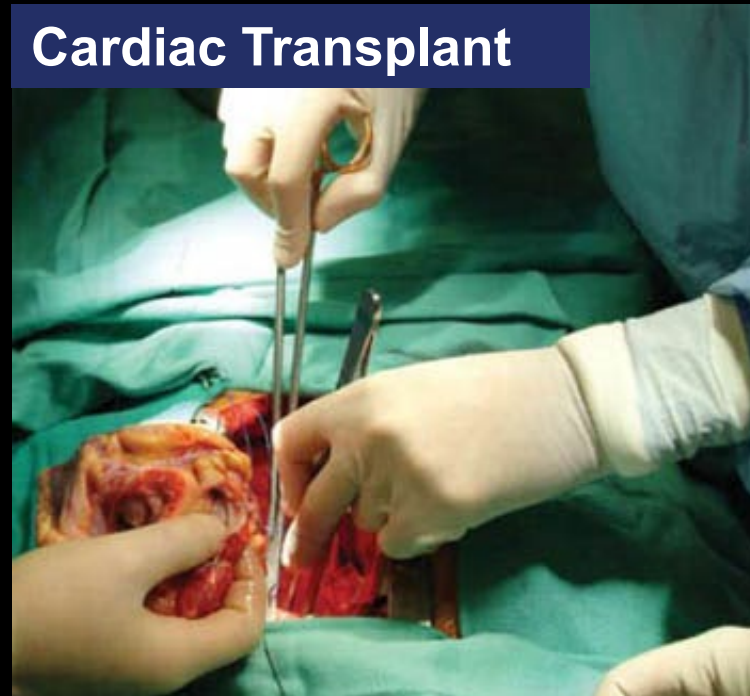
- Since 1967, recognized that anthracyclines can cause fatal cardiac toxicity (Tan et al., *Cancer*, 1967)
- 5-16% of patients suffer serious cardiomyopathy and heart failure
 - Toxicity can occur at doses $<300 \text{ mg/m}^2$
 - While some patients tolerate $>1000 \text{ mg/m}^2$
- May require intra-ventricular assist device or heart transplant
- Increased severity in children, especially less than 4 years old
- 72% mortality rate for severe cases (BC Cancer Agency 2010)

Kremer et al. *N Engl J Med*. 2004; Canadian Cancer Statistics 2007; Mariotto et al. *J Natl Cancer Inst*. 2002

ECMO Unit



Cardiac Transplant



Anthracycline-induced Cardiotoxicity

- Most important risk factor is high cumulative dose
- However there is no absolute safe dose
- Large inter-individual variability suggests genetic susceptibility

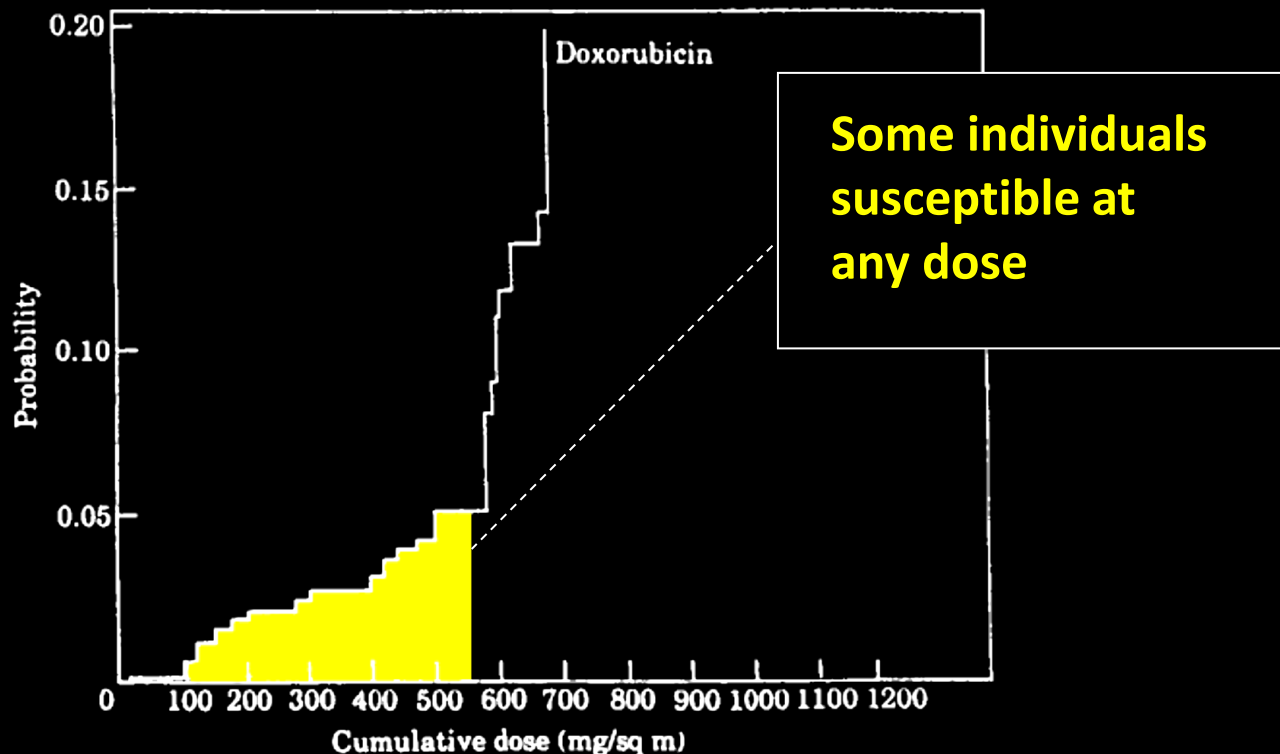


Figure adopted from: Launchbury & Habboubi. *Cancer Treat Rev.* 1993;19(3):197-228

Wouters et al. *Br J Haematol.* 2005;131(5):561-78
Lipshultz et al. *Heart.* 2008;94(4):525-33

Classification of Anthracycline-Cardiotoxicity

Controls
n=266

■ No cardiotoxicity, **SF $\geq 30\%$, ≥ 5 yr follow-up**

■ **Grade 1 toxicity:**

- Shortening fraction 27-30% or
- Resting ejection fraction 50-60%

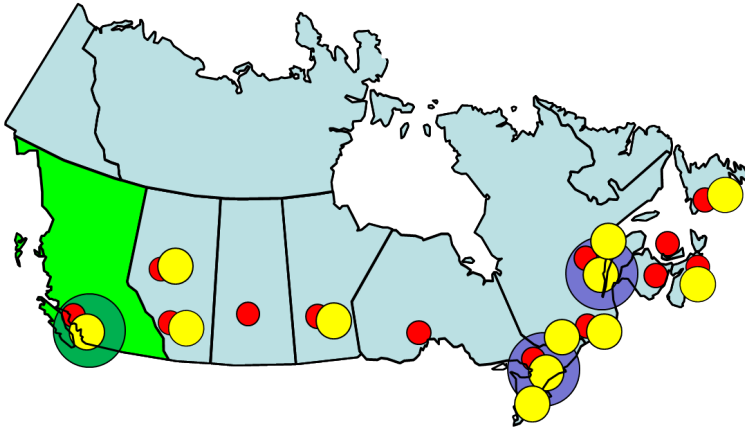
ADR
Cases
n=78

■ **Grade 2 toxicity: Moderate to severe cardiotoxicity**
– Shortening fraction $< 15\%$ or Shortening fraction 15-26%
– or resting ejection fraction 40-50%

■ **Grade 3 toxicity: Symptomatic congestive heart failure**
– Shortening fraction $< 15\%$ or
– Resting ejection fraction $< 40\%$

■ **Grade 4 toxicity: Congestive heart failure requiring heart transplant or ventricular assist device**
– Resting ejection fraction $< 20\%$

Further replication of *SLC28A3* in a third independent Dutch cohort from Amsterdam



Discovery

**Canada
Replication**

**Dutch
Replication**

Combined

Gene

OR P-value

OR p-value

OR p-value

OR p-value

SLC28A3 **0.29** **0.0071** **0.33** **0.0072** **0.46** **0.05** **0.36** **1.6 E-5**

L461L

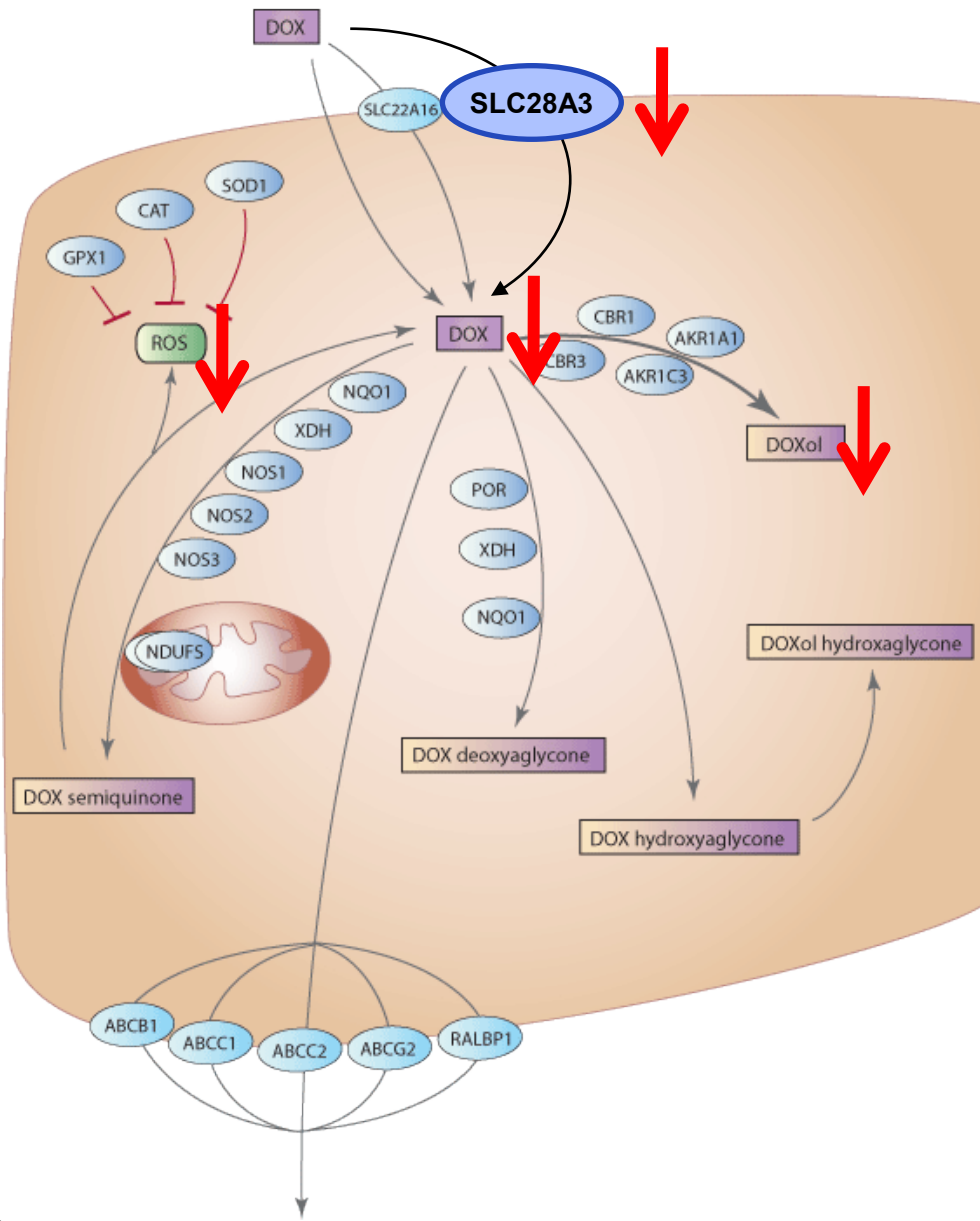
n = 156

n = 188

n = 177

n = 521

Mechanism of SLC28A3



Reduced SLC28A3 expression

Less anthracycline into cell

Less ROS and toxic alcohol metabolites

Less toxicity

Validation of SLC28A3 in a patient iPSC heart cells

SLC28A3 variant exhibits increased cell viability when exposed to doxorubicin

Identification of Drug Transporter

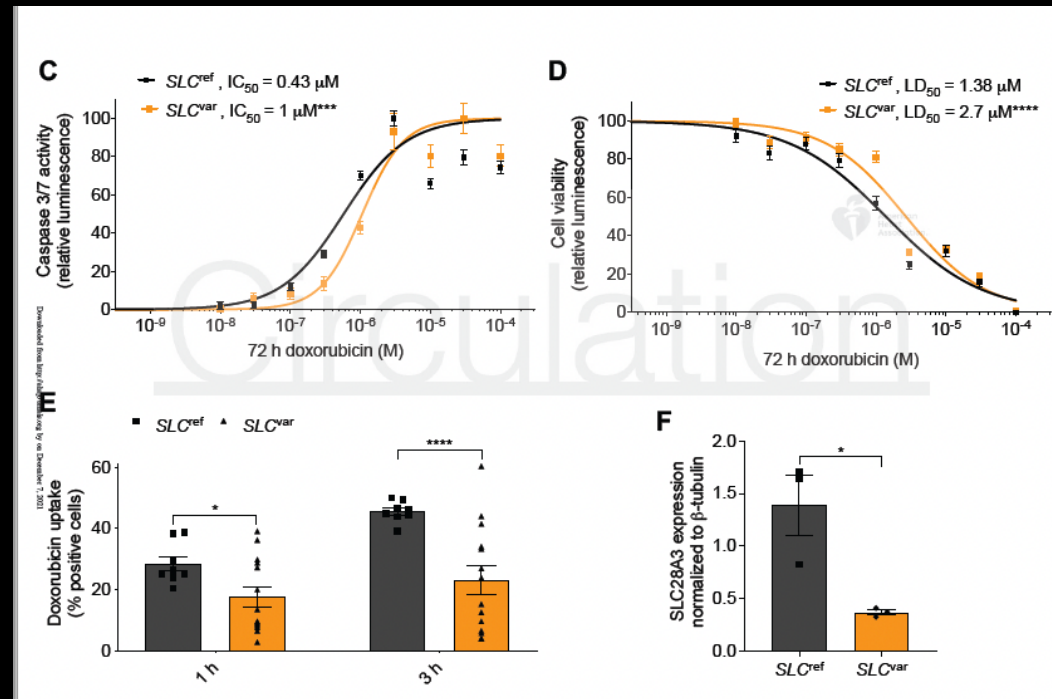
Genomic Variants and Inhibitors That Protect Against Doxorubicin-Induced Cardiotoxicity

Tarek Magdy , Mariam Jouni , Hui-Hsuan Kuo , Carly J. Weddle , Davi Lyra-Leite , Hananeh Fonoudi , Marisol Romero-Tejeda , Mennat Gharib , Hoor Javed , Giovanni Fajardo , Colin J.D. Ross , Bruce C. Carleton , Daniel Bernstein and Paul W. Burridge

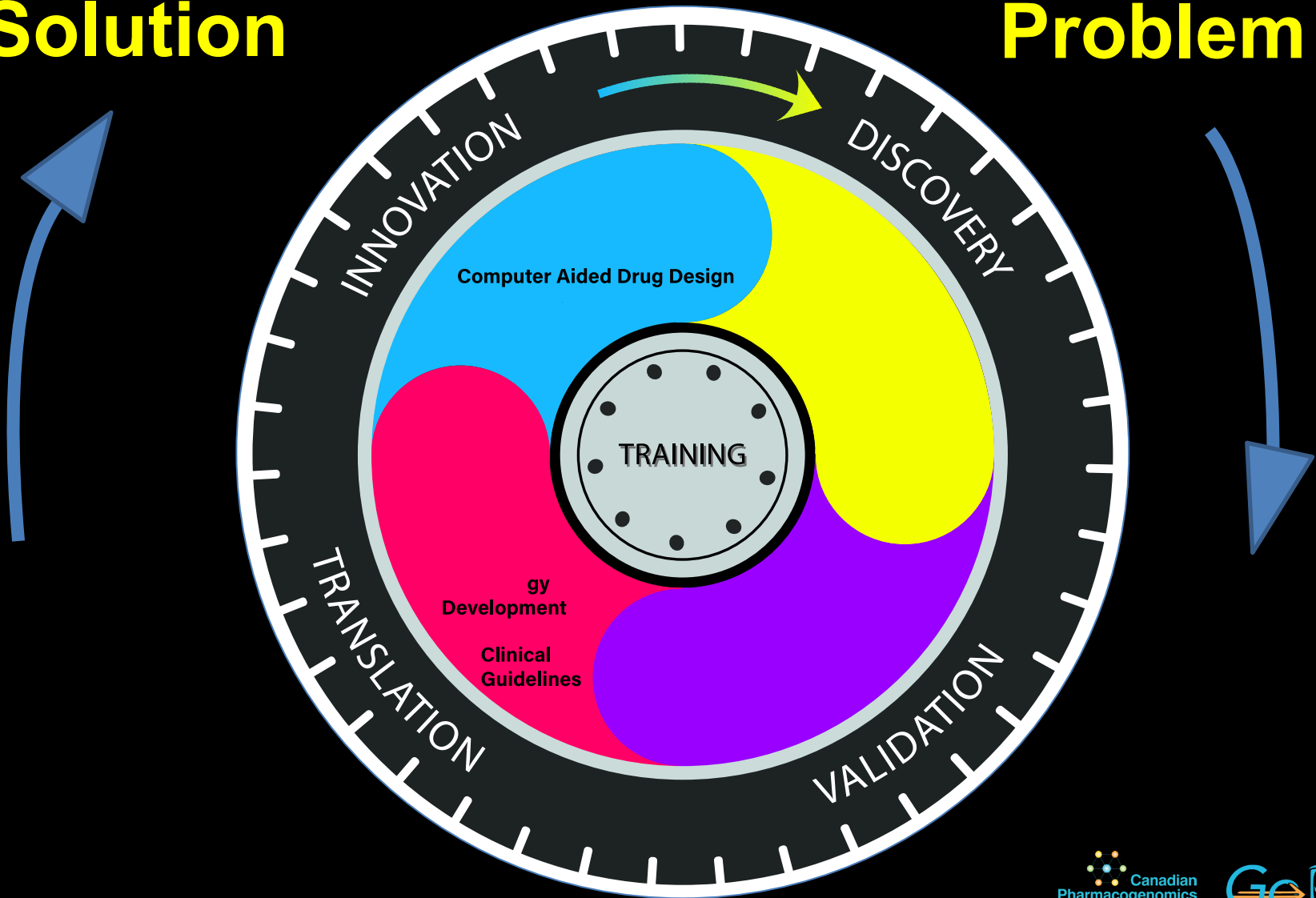
<https://doi.org/10.1161/CIRCULATIONAHA.121.055801>

Circulation. 2022;145:279-294

- Patient-derived iPSC cardiomyocytes
- *SLC28A3*^{rs11140490} exhibits:
 - 2.0-2.3-fold higher LD₅₀ (P<0.0001) when exposed to doxorubicin
 - 2-fold reduced doxorubicin uptake into cells
 - 3-fold reduced expression

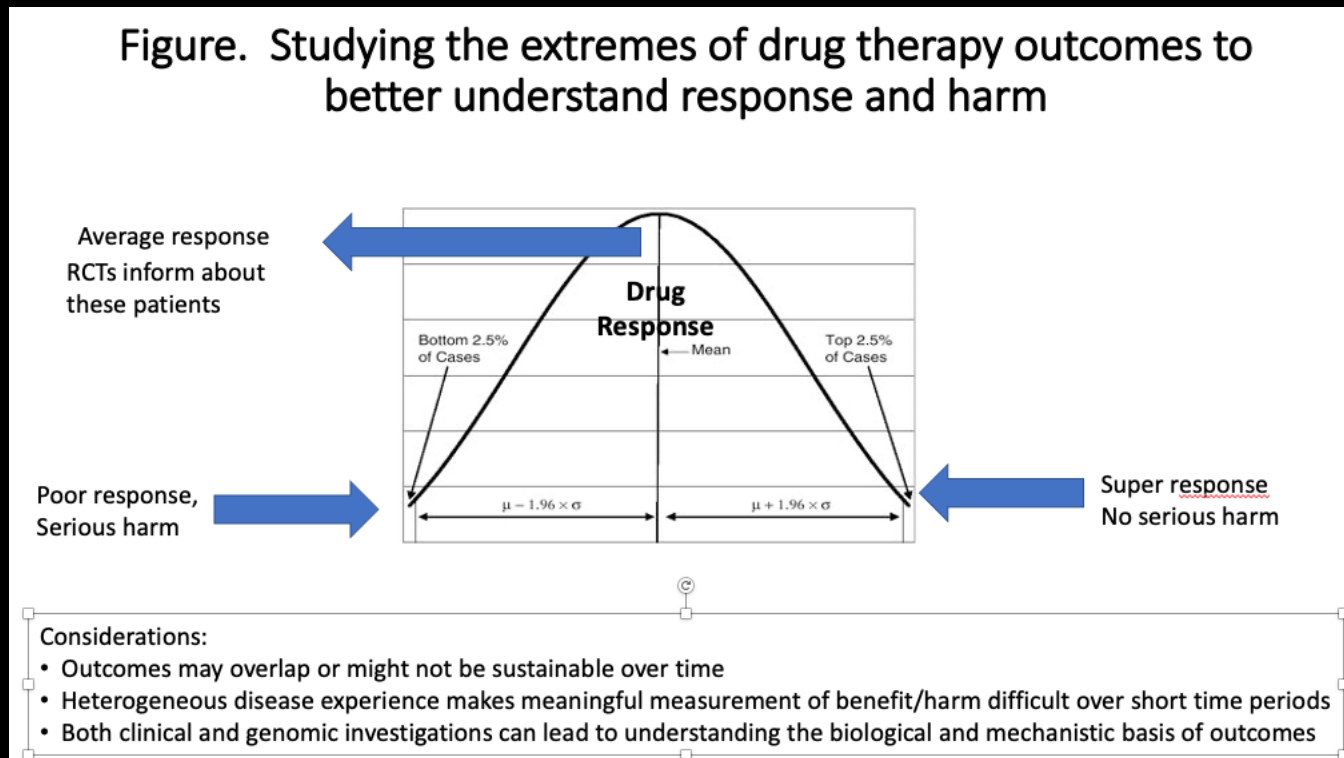


Solution **Patients and Clinicians** **Problem**



Study the Tails!

The Extraordinary Responders Project



Contact/Questions

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