

ARE YOU PREGNANT? PARTICIPATE IN NUTRITION RESEARCH

We are looking for **pregnant women** to participate in our study which will determine dietary methionine requirements during pregnancy.

What is methionine?

It is an amino acid. Amino acids are the building blocks for protein. Protein and amino acids are essential in almost all bodily functions and structures.

We are looking for ...

Healthy pregnant women aged 20-40 years

In 11-20th or 31-40th week of pregnancy

Pregnant with a single child

THIS STUDY INVOLVES

- ✧ Two preliminary assessments (one for each gestational stage, approx. 1 hour in length)
- ✧ If eligible, you may be able to participate in 4 study days (8 hours each).
- ✧ Each study day will be at BC Women's and Children's Hospital site and involves; collection of breath and urine samples, one small blood sample, consuming a special diet and measurements of body composition

COMPENSATION WILL BE OFFERED TO PARTICIPANTS

PRINCIPAL INVESTIGATOR: DR. RAJAVEL ELANGO

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