

COMMUNITY-SPECIFIC RESOURCE GUIDES

COMMUNITY RESOURCE GUIDES (CONTINUED)



Patient and Family Support

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| Abbotsford | Abbotsford Youth Basic Needs https://www.abbotsfordchildandyouth.ca/youth/basic-needs |
| Burnaby & New Westminster | Burnaby & New Westminster Community Resource Guide: https://www.bbyeservices.ca/pdfs/Bby_CRG%202020_finalforweb_v2.pdf |
| Campbell River (and area) | Campbell River and District: For Everything That's Community Health: http://campbellriver.fetchbc.ca/index.html Campbell River Area Family Network: http://www.crfamilynetwork.ca/ |
| Chilliwack | Chilliwack Resources & Services: https://www.chilliwack.com/main/page.cfm?id=2605 |
| Delta | Deltassist Family and Community Services: https://deltassist.com/ |
| Fort St. John & Dawson Creek | Community Bridges Programs & Services: http://communitybridge.ca/programs-services/ |
| Kamloops | Kamloops Family Services: http://makechildrenfirst.ca/files/4515/7610/5488/2019_Kamloops_Family_Services.pdf Kamloops ASK Wellness Society Resources: https://askwellness.ca/resources/ |
| Kelowna | Kelowna Basic Needs Resource Guide: https://kcr.ca/wp-content/uploads/Publications/BasicNeedsResourceGuide-2016.pdf |
| Langley | Langley Social Services Inventory: https://city.langley.bc.ca/sites/default/files/uploads/Communications/150810_Langley_Social_Services_Inventory_CitySpaces.pdf |
| Nanaimo | Nanaimo Survival Guide: https://www.nanaimo.ca/docs/default-document-library/sin_2019-july-update_webviewinga818223a1b316d6b9fc9ff00001037d2.pdf |
| North Okanagan | North Okanagan Community Directories: http://www.socialplanning.ca/comm_directories.html |

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| Quesnel | Quesnel Community Resource Guide: https://www.quesnel.ca/sites/default/files/images/our-community/community-resource-guide-web.pdf |
| Revelstoke | Revelstoke Low Income Supports: http://www.revelstokelife.ca/cat/low-income-supports/ |
| Richmond | Richmond Guide to Community Resources: https://www.richmond.ca/_shared/assets/barrierfree201747552.pdf |
| Sea to Sky / Howe Sound | Sea to Sky Community Resources: http://www.sscs.ca/ Howe Sound Women's Center: https://hswc.ca/ |
| South Okanagan / Similkameen | South Okanagan/Similkameen Community Program Directory: http://oneskycommunity.com/directory-category/all/ |
| Surrey | Surrey Survival Guide: https://www.options.bc.ca/publications-resources/survival-guide |
| Tri-Cities | Tri-Cities Community Resources for Families with Children: http://www.ymcastrongfoundations.org/getmedia/6973fe10-8835-43ad-882f-6976ac66e563/Community-Resources-for-Families-with-Children-(tri-Cities)_September-2018.pdf?ext=.pdf Tri-Cities Kids Matter Community Resources Map: https://www.tricityskidsmatter.ca/resources/community-resources-map |
| Greater Victoria | Victoria Community Resources Links: https://www.singleparentvictoria.ca/community-resources/ |

For other communities, see United Way 211
<http://www.bc211.ca/> or call/text 2-1-1

Last Updated Sept 2020

GENERAL

United Way 211:

<http://www.bc211.ca/> or call/text 2-1-1

- Provides community, government and social services information and referrals
- Operates a shelter list that is updated twice-daily

Family Resource Programs of British Columbia

<https://frpbc.ca/>

- Contains list and map of Family Resource Programs in BC, supporting the development of health families with children prenatal to 6 years

COVID-19 SUPPORTS

BC 211 Information about the Coronavirus:

<https://www.bc211.ca/coronavirus-2019-outbreak>

- Phone lines, testing information, and financial assistance

Coronavirus Parenting Resources

<https://frpbc.ca/family-resources/#COVID-19-Parenting>

- Audiobooks for kids, how to talk to your child about Coronavirus, and other family supports

A Guide to COVID-19 for Youth

https://foundrybc.ca/app/uploads/2020/04/COVID_Foundry_infographic_31.03.2020.pdf

FOOD

BC Food Bank Guide:

<https://www.foodbanksbc.com/find-a-food-bank/>

Vancouver Free and Low Cost Services:

<https://vancouver.ca/people-programs/free-and-low-cost-resources.aspx>

Vancouver Food Asset Map:

<http://www.vch.ca/public-health/nutrition/food-asset-map>

Fraser Health Free and Low-Cost Food Directory:

<https://www.fraserhealth.ca/health-topics-a-to-z/free-and-low-cost-food-directory#.X1puCPIKiU>

TRANSPORTATION

Health Connections:

<https://www2.gov.bc.ca/gov/content/health/accessing-health-care/tap-bc/health-connections>

- Each health authority in BC has programs that offer subsidized travel for medical care

Hope Air:

<https://hopeair.ca/>

- Offers free flights and accommodations to low-income families who must travel outside their communities for medical appointments

ACCOMMODATION

BC Family Residence Program

<https://www2.gov.bc.ca/gov/content/health/accessing-health-care/tap-bc/bc-family-residence-program>

- Provides free accommodation for up to 30 days for families from outside Metro Vancouver while their child attends BCCH or SHHC

Ronald McDonald House

<https://rmhbc.ca/>

- Booked through the BC family Residence Program or individually for \$12/night
- Located on BC Children's Hospital campus

CHARITIES

CKNW Kid's Fund:

<https://www.cknwkidsfund.com/>

- Funding for therapies, equipment, and special education programs for children with physical, mental or social challenges

Jo Dickey Foundation

<https://www.jodickeyfoundation.ca/>

- Provides funding to people with physical and/or mental challenges for items, services or events

Shriner's In Your Community Care Fund

<https://www.bcshriners.com/what-we-do/sycf/>

- Provides financial assistance for medical equipment

GOVERNMENT SUPPORT

Child Care Subsidy

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding/child-care-benefit>

- Funding to assist families with child care costs

Family Caregiver Benefit

<https://www.canada.ca/en/services/benefits/ei/caregiving.html>

- Financial assistance for caregivers of a critically ill or injured family member

CYSN (Child and Youth with Special Needs)

<https://www2.gov.bc.ca/gov/content/family-social-supports/youth-and-family-services/special-needs-supports-for-families>

- Provides support and services for families with children with disabilities or developmental delays

Fair Pharmacare

<https://www2.gov.bc.ca/gov/content/health/health-drug-coverage/pharmacare-for-bc-residents/who-we-cover/fair-pharmacare-plan>

604-683-7151

- Financial assistance for prescription drugs, dispensing fees, and some medical supplies

Healthy Kids

<https://www2.gov.bc.ca/gov/content/governments/policies-for-government/bcea-policy-and-procedure-manual/health-supplements-and-programs/healthy-kids>

- Provides coverage for basic dental treatment, optical care, and hearing assistance

Jordan's Principle

<https://www.sac-isc.gc.ca/eng/1568396296543/1582657596387>

778-951-0716

- Funding for First Nations children and families for various health, social and education expenses