





As another school year wraps up and BC restarts, we hope you take some time to yourself to rest and enjoy the sun as the province (and the world!) prepares to navigate the rocky months ahead. All of us here at the Provincial OCD Program applaud you for making it through this difficult period and wish you a smooth transition back to normalcy.





## Personal Impacts of COVID-19 Survey:

Thank you to all 2700 people who have filled out the survey so far! After a quick redesign, it now only takes 15-20 minutes to complete, and comes with a \$10 gift card reimbursement for all survey takers. We are officially closing recruitment of new participants for this study at the end of June, so make sure to sign up and take our survey before then! [click here for more information]

## ACE-OCD study:

We are recruiting 7-18 year olds with clinicallydiagnosed OCD for the ACE-OCD study: a new randomized, placebocontrolled 12 week clinical trial looking at celecoxib (an anti-inflammatory drug) and its role in treating childhood-onset OCD. Additional inclusion/exclusion criteria will apply. [click here for more information]





## Perspectives & Recommendations: Disclosure of OCD in schools

We will be recruiting 13-18 year olds with clinically diagnosed OCD for Zoom interviews to learn more about their experiences with telling or not telling one or more members at your school (teacher, principal, school counsellor and/or classmates) about their OCD. (*Recruitment opening soon*)





Dr. Evelyn Stewart and Dr. Hasina Samji have been making rounds on the news cycles speaking about some preliminary findings from PICS! Check out some of their interviews below:

- <u>COVID-19: Two-thirds of B.C. youth</u> <u>struggling with mental health during</u> <u>the pandemic, new research shows</u>
- <u>Entering post-COVID world sparks</u> <u>anxiety for some, but uneasiness is</u> <u>normal reaction: experts</u>
- Health Matters: Mental Health & Kids

Dr. Robert Selles recently spoke on a panel by the Men's Health Foundation about parenting with anxiety. Click below to watch!

• How To Support a Daughter

Our psychiatry resident **Dr. Clara Westwell-Roper** wins best Lightning Talk for her presentation on her ACE-OCD study at this year's UBC Psychiatry Research day, and an award for her poster about Bowel and Bladder Dysfunction in Children with OCD at the virtual IOCDF Research Symposium.

The head honcho **Dr. Evelyn Stewart** is awarded the <u>2021 Geoffrey L. Hammond Lectureship</u>, in recognition of her leadership and significant contributions to the



field of mental health.

H.A.G.S! - Provincial OCD Program

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